

# FREQUENTLY ASKED QUESTIONS



**Q:** **When is the Walk the Walk for Mental Health?**

**A:** The Walk will be held on May 19 at The Community House, located at 415 W. Eighth Street in Hinsdale at 8 AM, and the opening ceremony will begin at 9 AM, followed by the one-mile color walk, after walk party and health expo.

**Q:** **How do I sign up for the Walk?**

**A:** Visit [thecommunityhouse.org/walk2024/](https://thecommunityhouse.org/walk2024/) to register, form a team and walk the walk. This peer-to-peer fundraiser benefits The Community House Counseling Center.

**Q:** **How can I fundraise for this event?**

**A:** Once you register, you will be invited to form or join a team and share your fundraising page with your friends, family, and colleagues, encouraging them to donate to your team, raising life changing funds for youth and their families on a sliding scale, ensuring no one who seeks counseling services is turned away due to an inability to pay.

**Q:** **Will the money I raise go directly to the Counseling Center?**

**A:** Yes, the donations will provide counseling services to clients who seek clinical therapy services. Watch the video called "[In their own words](#)" to learn more about The Counseling Center. 100% of our services are provided at subsidized rates and 25% of The Counseling Centers annual revenue comes from. the Walk.

**#StepUp**  
**#WalktheWalk**

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**Q:** Will I win anything if I raise money?

**A:** Yes! You can win a number of different prizes based on the amount of money you or your team raises, and for the team with the most members from each school will win the Big Blue Shoe trophy and a donation to the D181 Foundation in their school's name. Everyone on your team will win prizes. Visit [thecommunityhouse.org/walk2024/](https://thecommunityhouse.org/walk2024/) to view all the prizes.

**Q:** How can I become a sponsor?

**A:** There are various sponsorship opportunities available. Please visit [thecommunityhouse.org/walk2024/](https://thecommunityhouse.org/walk2024/) to learn more.

**Q:** I would like to have a vendor table at the Health Expo, how can I sign up?

**A:** Our Health Expo vendor tables are reserved for event sponsors and The Community House contractors only.

**Q:** Are dogs allowed at the Walk?

**A:** Yes, the Walk is dog friendly, but must be on a leash and it is up to the owner's discretion to walk on the clear route (on the sidewalks to avoid colored powder).

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**Q:** Will there be food served at the Walk?

**A:** Yes, there will be two food trucks at this year's Walk. Select items will be available for purchase and a percentage of the sale will be donated back to The Community House.

**Q:** How can I help?

**A:** If you would like to volunteer at the event contact Cara Romanini at [cromanini@thecommunityhouse.org](mailto:cromanini@thecommunityhouse.org)

If you would like to learn more about marketing the Walk at your school or business, please contact Maggie Weiterman-Skinner at [mweiterman-skinner@thecommunityhouse.org](mailto:mweiterman-skinner@thecommunityhouse.org).

**#StepUp**  
**#WalktheWalk**