

# FREQUENTLY ASKED QUESTIONS



**Q:** **When is the Walk the Walk for Mental Health?**

**A:** The Walk will be held on May 19 at The Community House, located at 415 W. Eighth Street, Hinsdale, IL.

**Q:** **What time does the Walk begin?**

**A:** Check-in will begin 8 AM and the opening ceremony will begin at 9 AM, followed by the one-mile color walk, after walk party and health expo.

**Q:** **How do I sign up for the Walk?**

**A:** Visit [thecommunityhouse.org/walk2024/](https://thecommunityhouse.org/walk2024/) to register to Walk.

**Q:** **Is this a fundraising event?**

**A:** Yes! The 18th Annual Walk the Walk for Mental Health is a peer - to - peer fundraising event that benefits the Counseling Center at The Community House. Incentives will be awarded to individuals based on dollars raised.

**#StepUp**

**#WalktheWalk**

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**Q:** How can I fundraise for this event?

**A:** Once you register, you will be invited to form or join a team and share your fundraising page with your friends, family, and colleagues, encouraging them to donate to your team, raising life changing funds for youth and their families on a sliding scale, ensuring no one who seeks counseling services is turned away due to an inability to pay.

**Q:** Will the money I raise go directly to the Counseling Center?

**A:** Yes, every penny raised will be used to provide counseling services to clients who seek clinical therapy services. Watch the video called "In their own words" to learn more about The Counseling Center.

**Q:** Will I win anything if I raise money?

**A:** Yes! You can win a number of different prizes based on the amount of money you or your team raises. Everyone on your team will win prizes.

Visit [thecommunityhouse.org/walk2024/](https://thecommunityhouse.org/walk2024/) to view all the prizes.

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**Q:** What is a color walk?

**A:** A color walk is a fun and vibrant experience! You register to Walk, then our celebration station teams toss colored chalk at you for fun!

**Q:** Do I have to get covered in colored chalk?

**A:** No. This year we will have a route without chalk, so you can stay squeaky clean.

**Q:** How can I become a sponsor?

**A:** There are various sponsorship opportunities available. Please visit [thecommunityhouse.org/walk2024/](https://thecommunityhouse.org/walk2024/) to learn more.

**Q:** I would like to have a vendor table at the Health Expo, how can I sign up?

**A:** Our Health Expo vendor tables are reserved for event sponsors and The Community House contractors only. Expo tables are not for sale.

**#StepUp**

**#WalktheWalk**

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**Q:** **Are dogs allowed at the Walk?**

**A:** Yes, the Walk is dog friendly, but must be on a leash and it is up to the owner's discretion to walk on the clear route (on the sidewalks to avoid colored powder).

**Q:** **Will there be food served at the Walk?**

**A:** Yes, there will be two food trucks at this year's Walk. Select items will be available for purchase and a percentage of the sale will be donated back to The Community House.

**#StepUp**

**#WalktheWalk**