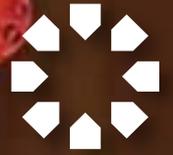


2020

Fall Guide



THE  
COMMUNITY  
HOUSE



CONNECT WITH US!



415 West Eighth Street • Hinsdale, Illinois 60521 • [www.thecommunityhouse.org](http://www.thecommunityhouse.org)

Keyholders 8/17/20 | Registration: 8/24/20



## *We're here for you.*

We know the 2020-2021 school year will be unlike any other and we are developing a plan that will compliment the D181 school day. Our plan will ensure every student and family we serve is provided with care that will fit their needs, including Before & After the Bell and Full-Day E-Learning Support. Every child will be well cared for by our team in a healthy, safe and structured environment, where they can play, engage and learn.

*Please visit our website for more detail and forthcoming information.*

# Welcome

From the Desk of  
*The Executive Director*

3

**The school year promises to be a new experience for all families this fall.**

I know all parents, teachers, and schools are doing their best to do everything possible to provide a safe environment for their learners, from elementary school through college. The added level of complexity and worry of the unknown is real, and perfectly normal. As we launch our virtual Walk the Walk for Mental Health this October, we remember that the Walk has always been about the power of communities coming together as friends and allies. Join us in October to spread awareness, raise funds, get educated, be advocates, and share hope with those we love. As a community, we can and will get through this with one another. Stay tuned for details...

The Community House team is reimagining fall sports, adjusting to new needs for before/after school care, creating remote learning support plans and we're thinking about how we can be a resource, like we have for 80 years, for every member of your family. How can your middle schooler stay active during the fall? We've got you covered. How can your 3rd grader get e-learning help while you're in zoom meetings all day? We've got that too. How can your basketball fanatic get some games in with friends? We're working on it, like we always have.

**But we can't do it without your help.** Our doors are open because of YOU. We don't receive your tax support, so we need your philanthropic support to continuing offering meaningful ways for your family to connect, heal and help those in need. This is a special place and I hope you'll consider supporting our COVID Recovery Fund.

**WE'LL CONTINUE TO BE A RESOURCE FOR YOUR FAMILY  
TO ENGAGE AND CONNECT WITH YOUR COMMUNITY IN A SAFE WAY  
SO GRAB A MASK AND HAVE AN AMAZING FALL-YOU DESERVE IT!**

**YOUR TRUSTED COMMUNITY NON-PROFIT SINCE 1941**



**Yours in Health,**

*Dan Fanowick*  
Executive Director

630-323-7500 x222 | [www.thecommunityhouse.org](http://www.thecommunityhouse.org)

## THE COMMUNITY HOUSE

415 W Eighth St • Hinsdale, IL 60521 • 630-323-7500

**The Counseling Center** - We know it's easy to feel stuck or overwhelmed, but whatever you're going through, you don't need to do it alone. Our therapists at The Counseling Center are committed to helping you or your child, providing support and strategies to tackle whatever struggles you may be facing.

**Willowbrook Corner** - Our Willowbrook Corner Youth Learning Program offers after school programs that provide educational/ study time and a variety of activities, a summer learning program, and other programs and support for parents.

**Youth Programming** - We have plenty of programs for kids: sports camps and leagues, day camps, after school programming, theatrical opportunities, educational opportunities, and more!

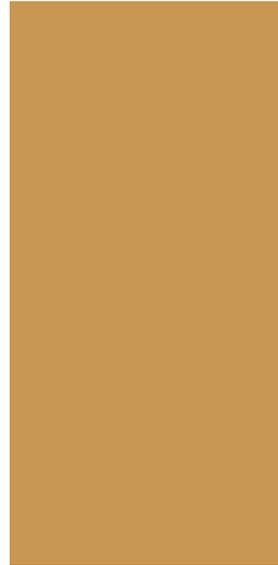
**Ly Hotckin Arts Program** - Experience the joy of discovery and creation that comes through all expressions of art. We offer opportunities for all ages!

**Theater** - Stage Door, our resident theater company, provides a theatrical outlet for children of all ages through stunning performances. They also offer theater classes through our Ly Arts Program.

**Adult Programming** - Our Active Adults program offers a variety of card groups, exercise classes and interest groups, in addition to our day trips and special in-house events. Come by yourself or bring a friend!

**Facility Rental** - With rooms that can seat from 10 to 300 people, a convenient and easily accessible location with plenty of off-street parking, and an atmosphere that can suit either a casual or formal event, The Community House is the perfect venue for your next event.

**Volunteer** - Volunteer opportunities are available for students, professionals, retirees, stay-at-home parents and families. We offer something for everyone!



Based in Hinsdale and serving the surrounding suburbs, The Community House makes a difference in the lives of thousands of local families.

Before and After the Bell	2
Executive Director Video Message	3
Contents	5
Community Revue Thank You	8
Community Partners	9
<b>Counseling Center</b>	<b>10</b>
<b>Facility Rental</b>	<b>11</b>
<b>Volunteer Services</b>	<b>12</b>
Birthday Parties	13
Special Events	14
<b>Willowbrook Corner</b>	<b>15</b>
Breakfast with Santa	15
<b>LyArts</b>	
Preschool	16, 17
Youth	18 – 20
Adult	20, 21
<b>Preschool</b>	
Athletics	22 – 25
<b>Youth</b>	
Enrichment	26 – 29
Athletics	30 – 35
<b>Adult</b>	
Enrichment	35
Athletics/Fitness	36 – 39
<b>Resident Organizations</b>	
Village Tutors	40
Preschool	41
<b>Community House Information</b>	
Our Services	4
Phone Directory	6
Registration Form	42
Registration	43
Membership/Information	

## Don't Wait to Register!

Don't wait until the last minute to register for a program or class. Some classes are cancelled because people wait until the day a program starts to sign-up.

**Some programs require "in person" registration.**

## WALKING TRACK

Monday – Friday 8:00am – 6:00pm

Call for weekend hours

Open Gym Hours visit [www.thecommunityhouse.org](http://www.thecommunityhouse.org)



## BUILDING HOURS

Monday – Thursday 8:00am – 8:00pm

Friday 8:00am – 6:00pm

*Please call for weekend hours.*

### The Building is Closed on . . .

November 26 - Thanksgiving Day

December 24 - Christmas Eve

December 25 - Christmas Day

January 1 - New Year's Day

## Our Beautiful House, Your Beautiful House, The Community House!

If you attended our Patron Party last fall, you likely enjoyed a beverage on our South Patio under our new twinkling lights! We look forward to seeing you spending lovely evenings with your friends and family under those lights when the Fall arrives, in a safe and socially distant way. The lights and new landscape elements aren't the only upgrades happening at The Community House. We're also making much needed changes to Kettering Hall that will enhance our theater productions and offer more options to those who rent the space for meetings or events! We look forward to continuing to provide a unique setting for a variety of events and meetings in an easily accessible location.

## CONNECT WITH US!



## PHONE DIRECTORY

Staff Phone 630-323-7500

### Executive Director

Dan Janowick - ext 222

### Administrative Staff

Gerilyn Johnson, Finance Director - ext 236  
Judy Tittelbach, Business Manager - ext 241  
Sue Wojnowski, Office Manager - ext 0  
Front Desk - ext 0

### Youth Recreation

Beth Hahn, Program Director - ext 247  
Kelci Bednar, Recreation and Arts Supervisor - ext 237  
Taylor Enger, Recreation Supervisor - ext 248  
Jillian Spizzirri, Willowbrook Corner, Rec Supervisor - ext 253

### Adult Programming

Call the front desk ext. 0 for inquiries.

## CONNECT WITH US!



### Arts Programming

Jimmy McDermott, Director, LyArts Program - ext 240

### Advancement

Maggie Weiterman-Skinner, Marketing Coordinator - ext 224  
Cara Romanini, Advancement Services Manager - ext 250

### Volunteer Services & Donor Relations

Beth Hahn, Program Director ext. 247

### The Counseling Center

Intake - ext 239  
Robert Agnoli, LCSW, CPAIP, Director of Mental Health Services - ext 232

### Facility Staff

Robert Dorneker, Facility Manager - ext 226

## BOARD OF TRUSTEES

Mary Blue Henneman, Chair

Jeff Akers

Artemis Anos

Trayce Biancalana

Robert Brown

Scott Chafin

Jennifer Sherman Cherry

Nicholette Cutrera

Salil Doshi

Richard Eck

Kate Fridholm

Luke D. Goodwin

Alyssa Guido

Peter Jarosz

Lisa C. Lambert

Clay Naccarato

Simrit Patel

David Risinger

David Rogero

Stephanie Seppanen

Elisa Templeton

Jenny Templeton

William White

### LIFE TRUSTEES

Ardie Baroni

Winston C. Black, Jr.

Kevin R. Burke

Norman V. Chimenti

Michael P. Connelly

Robert C. Early

David W. Fox

Lavina Gross

Ann E. Grube

Kenneth W. Hadland

Ly Hotchkin, Honorary

James Hultquist

William F. Kaczynski, Jr.

Dennis J. Keller

Fred A. Krehbiel

Harriet Luebchow

Jay W. McGreevy

James D. Parsons

Suzanne L. Petree

Sally S. Porter

Phillip B. Rooney

John L. Rose

Edward F. Ryan

Frank W. Swan

Katharine V. Sylvester

Roy Thygesen

George S. Trees, Jr.

James G. Tuthill, Jr.



# HIN\$DOPOLY

You can't win if you don't play the game.

## THANK YOU

TO THE CAST AND CREW FOR  
YOUR AMAZING TALENTS,  
TIME & COMMITMENT THAT  
MADE HINSDOPOLY THE  
BEST COMMUNITY REVUE YET!

AND TO OUR AUDIENCE, THANK YOU FOR YOUR  
SUPPORT AND ALL THE LAUGHS!

# HERE'S TO A COMMUNITY OF VISIONARIES, LEADERS AND PHILANTHROPISTS!

The mission of The Community House is generously supported by individuals, corporations and foundations. Their belief in our mission is critical to all those we serve. The following are owed our abiding gratitude for their financial partnership. .

## Community Partners

These corporations provide unrestricted dollars to The Community House on an annual basis.



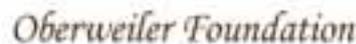
## Bank Coalition

These financial institutions provide financial support for our work in Willowbrook Corner and their employees volunteer their time and talents to help with financial literacy in the community.



## Foundation Partners

We are so very fortunate to have our mission supported by such incredible foundations.



9

**Counseling Center**  
*We are here for you!*

**You're  
always  
welcome at**  
*Our House*

**You already trust us with your family—  
trust us with your mental health, too.**

Since 1975, The Counseling Center at The Community House has been helping people navigate life and overcome challenges in a comfortable, convenient environment.

**We Accept  
Blue Cross/Blue Shield**



THE COUNSELING CENTER  
AT  
THE COMMUNITY HOUSE

**(630) 323-7500 Ext. 239**

# Trick or Treat Yourself to a Fall Event

Our doors are open and our facility's rental space is available for you to shake off the isolation blues and host an event, meeting or party this fall.

The Community House is adhering to Restore Illinois guidelines regarding rental spaces and gatherings, insuring the health and safety of all of our guests.

We provide a variety of rooms, personalized service and exceptional pricing, and amenities such as free parking, free WIFI, and a centralized location.

Contact Robert Dorneker at 630-323-7500 ext. 226



# 11

## Volunteer Today!

All Ages



## CALLING ALL HIGH SCHOOL STUDENTS

**Join The Community House Junior Board in the fall and give back to your community!**

# VOLUNTEER

## VOLUNTEER OPPORTUNITIES EXIST WITHIN THE COMMUNITY HOUSE.

Please contact the Volunteer Services Department and let us match you with these opportunities or at other local organizations. Anyone can volunteer: Groups and individuals, students, professionals, retirees, stay-at-home parents, and families. **We need your help!** Please contact Beth Hahn, Director of Volunteer Services and Donor Relations: 630-323-7500, ext. 247.

## S.T.E.M. Birthday Parties

Pick and choose from over 12 themed birthday parties! Our parties include an hour and half of teacher lead activities and goodie bag items! We'll also supply table cloths and cupcakes too! (per request and additional charge.)

**Code:** ENR-YTH-1022-68

**Instructor:** The Whole Child Learning Company

**Keyholder Fee:** \$25 per child attending the birthday party

### Birthday Parties:

- **Harry Potter** - Create potions and make a wand
- **Superheroes** - It's a bird, it's a plane! Make your own cape and find your own super power
- **Slime** - It's time to get messy! We'll make at least 3 slimes to take home
- **Messy Chemistry** - We'll explore principles of chemistry while having messy fun! Make exploding potions, slime and more
- **Princess** - make lace crowns and cotton candy slime! This is for the girly girls!
- **Spa** - make lotions, lip gloss and bubble bath
- **Baking** - We'll bake some treats, eat them or take them home!
- **Bugs and Butterflies** - we'll do several crafts, make a bug collector jar and take home live bugs
- **Fairytale** - Three Little Pigs, Jack and the Beanstalk and Fairy dust bottles are activities we might explore
- **Lego** - Monsters, a lego spoon race and lego car races are some of the activities
- **Spy** - Fingerprint science, a secret message decoder and more
- **Star Wars** - Erupting death stars, marshmallow shooters, and a pool noodle light saber
- **Magic** - Let us entertain and captivate your children in a unique blend of comedy and magic! The birthday boy/girl gets to participate throughout the show and will be suspended in midair a perfect photo opportunity! All parties include a magic workshop where participants learn 6 magic tricks to keep and take home!

## Art Party

**Ages:** 5 & Up

Instructor Gabrielle Tufano leads a 90 minute art project for up to 15 kids customized to your party. All in our art studio on Saturday afternoons contingent on availability of space. Room available for 2 hours (plus set up and break down time) Must have at least 2 weeks notice to reserve.

**Code:** AP-YTH-1028-1

**Keyholder Fee:** \$300

## Sports Birthday Party

**Ages:** 5-14 years

If your child loves sports, then this is the party for them! Choose one of our offered sports: Basketball, Dodgeball, Non-contact Football, or Soccer. Birthday parties include coaching supervision, all sports equipment, and party room.

**Code:** ATL-YTH-1013-68

15 Kids (\$300)

16-24 Kids (\$325)

25-30 Kids (\$350)

**\*Non-Keyholders add \$40 to final price.**

---

**Add our Pizza package, and we will provide 2 extra large cheese pizzas, Gatorade, water, plates, cups and napkins for \$50.**

Parties are 2 hours long - 1.5 hour session, plus 1/2 hour for food, cake and presents. Please schedule your party at least four weeks in advance. Dates and times based on availability. Call 630-323-7500 ext. 248, for more information and availability. Parties cancelled 7 days or less prior to scheduled date of party are non refundable.

**Parties can be customized to fit your needs and your child's interests – just ask!**

13

**Special Events**  
*Stage Door Fine Arts*

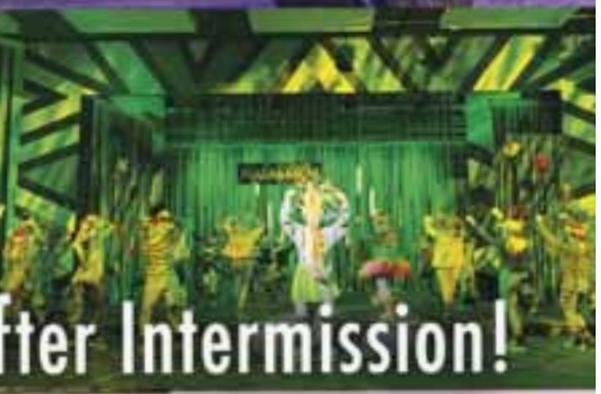


**SD  
FA**  
STAGE  
DOOR  
FINE  
ARTS

We miss our home on  
**The Community House Stage!**



Can't wait to be back in the lights...



**See you after Intermission!**



/stagedoorfinearts



/stagedoorfinearts



/stagedoorfinearts



/stage\_door

**www.StageDoorFineArts.com**



## The Willowbrook Corner Youth Learning Program

is a vital after school and summer camp program of The Community House, providing academic tutoring and social support to local at-risk youth and families in the Willowbrook Corner community, located just 10 minutes south of The Community House. Fitness, finance, improv, job exploration and art are just a few of the classes that help youth improve their educational performance, practice positive decision-making skills, and provide opportunities for community involvement.

To learn more about the Willowbrook Corner Youth Learning Program, please visit our website.



### BREAKFAST WITH SANTA

**Age:** Any

Bring the family together during the holidays. Eat breakfast and meet Santa! You will be able to enjoy a nice breakfast of scrambled eggs, French toast, hash browns, pancakes, Danish's, juice, and coffee! Make sure to look your best because you will be able to take a picture with the jolly old man! Children under 1 yr eat FREE with a paying adult.

**Location:** The Community House

**Code:** ENR-YTH-1001-67

**Date:** 12/12

**Day:** SA

**Time:** 9:00-10:15am

**Fee:** \$18

**Keyholder Fee:** \$15

### CONNECT WITH US!





## PRESCHOOL ARTS

### Music Together with Tiny Toes

**Ages: 0-6 years (with parent/caregiver)**

In Music Together's mixed age classes, everyone participates at their own levels: babies vocalize, listen and observe; toddlers play and experiment; and preschoolers build confidences as they emerge as classroom leaders. You'll receive the award-winning music used in class, along with an illustrated songbook and other resources. Siblings under 9 months attend for free and any caregiver (parent, nanny, or grandparent) can participate in this. **\$50 sibling discount! Online or in-person**

**Fee: \$225**

**Keyholder Fee: \$197**



This program is partially funded by a grant from the Illinois Arts Council Agency.

### Zoom Classes

To ensure you are granted access to the Zoom sessions, please make an account through the Tiny Toes Music website.

Code	Day	Dates	Time
AP-PRE-1003-67	SU	9/13-11/1	11:00-11:45am
AP-PRE-1003-68	W	9/16-11/4	9:30-10:15am
AP-PRE-1003-69	F	9/18-11/6	10:00-10:45am

### In-Person Outdoor Classes

Outdoor classes will take place at The Community House front patio. Social distancing must be maintained between families. The blanket or yoga mat you bring from home will serve as "home base". We will not be distributing any instruments or giving out stamps after class. Please bring your own child friendly instruments from home. **Inclement weather/Make ups:** In case of inclement weather, class will be held via Zoom during your regularly scheduled time. We will notify you via Facebook by 8:00 a.m. the day of class- due to travel times all classes will be moved to Zoom if it looks like one class will be affected. No in-person make up classes will be scheduled.

**Location:** The Community House

Code	Day	Dates	Time
AP-PRE-1003-70	TU	9/15-11/3	9:00-9:45am
AP-PRE-1003-71	TU	9/15-11/3	10:00-10:45am
AP-PRE-1003-72	TU	9/15-11/3	11:00-11:45am
AP-PRE-1003-73	TU	9/15-11/3	1:00-1:45pm

## Jingle Bells Time with Tiny Toes Music

**Ages: 0-6 years (w/parent or caregiver)**

Take a break from the hustle and bustle of the season! Have a holly jolly time with other Tiny Toes Music families as you sing and dance to your favorite songs in addition to well-known holiday classics. Get ready for festive songs, chants and fingerplays, instrument activities with sticks, eggs, and drums, as well as movement activities with scarves and dancing! And of course, lots of laughter and fun with other friends and families. Jingle Bell Time is the perfect class to get you in the holiday spirit. **For more information, visit [www.tinytoesmusic.com](http://www.tinytoesmusic.com). Registration will open at a later date. Please check The Community House website.**

## Mulhern Irish Dancing School – Introductory Dance Lessons

Come out and get stepping in one of the fastest growing dance forms anywhere! Our class focuses on the fundamentals of rhythm, feet placement and body position. This is a fun filled class for kids who would like to learn about Irish Dance. The class is designed for those who have not had any previous Irish Dance instructions.

Age	Code	Time
3-5 years	AP-PRE-1001-68	4:00-4:45pm
6 years & up	AP-YTH-1008-68	5:00-5:45pm

**Dates:** 9/11-12/18\*

**Day:** F

**Instructor:** Mulhern Irish Dance Instructors

**Location:** The Community House

**Min/Max:** 2/10

**Fee:** \$225

**Keyholder Fee:** \$195

\*No class 11/27



## Handprints: Messy Mixed Media

**Ages: 3-6 years**

Calling all junior artists! Come dressed for a mess and explore art making in this messy class. Inspired by a particular story and theme presented at the start of each class, children will have fun creating their very own art projects. Drop-off optional, parents and caregivers welcome. Child must be toilet independent or use pull ups. Students are suggested to bring old, oversized shirts to wear as smocks.

Code	Dates
AP-PRE-1004-68	9/18-10/23
AP-PRE-1004-69	10/30-12/11

**Day:** F

**Time:** 1:00-1:45pm

**Instructor:** Molly Haworth

**Location:** The Community House

**Min/Max:** 5/12

**Fee:** \$115

**Keyholder Fee:** \$100

\*No class 11/27

**YOUR TRUSTED COMMUNITY  
NON-PROFIT SINCE 1941**



*Unlock Savings*  
**Become a Keyholder**

## Broadway Kids

**Ages: 4-8 years**

This interactive learning experience will encourage your child to participate in a class setting, while playing theatrical games, singing songs, and learning new dance moves. Each class incorporates a different Broadway musical with improvisation, acting games, singing, and dance moves directly related to the story and characters from that show. In addition, the class will also work as a cast throughout the semester on a couple of staged production numbers. Students will perform in front of a real audience in the last class. If your child is already performing for you at home, or your child needs a little more encouragement, then this is the class for them! This class is different every season so those that have been enrolled before can take it again and again as a whole new class!

**Code** AP-YTH-1022-68  
**Dates** 9/28-12/14

**Day:** M

**Time:** 3:30-4:30pm

**Instructor:** Stage Door Fine Arts Staff

**Location:** The Community House

**Min/Max:** 6/18

**Fee:** \$345

**Keyholder Fee:** \$300

## Brushwork: Painting/Drawing:

This class offers students a variety of drawing, painting and printmaking materials to study line, shape, and composition. Students will work independently and in groups to explore and develop their unique artistic expression. The class will culminate with an art show organized and hung by the students. Supplies included. Students are suggested to bring old, oversized shirts to wear as smocks.

## Brushwork Apprentices

**Ages: K-2nd grade**

For younger elementary school kids who are ready to move beyond coloring inside the lines and want to make the lines themselves. Learn all about what creates a good picture.

**Code** AP-YTH-1020-68  
**Date** 9/19-10/24  
AP-YTH-1020-69  
10/31-12/12\*

**Day:** SA

**Time:** 9:00-10:00am

**Instructor:** Gabrielle Tufano

**Location:** The Community House

**Fee:** \$155

**Keyholder Fee:** \$135

\*No class 11/28

## Theatre Workshops with Stage Door Fine Arts

These monthly workshops will benefit actors of all experience levels. Topics include monologues, voice and diction, characterization, physical acting, and musical theatre dance. Come explore a different topic each month and be introduced to the exciting world of theatre.

## Nail Your Audition!

Show off your best self at your next audition by learning audition techniques, dos and don'ts of the big day, and how to nail your audition!

Grade	Code	Date	Time	Day
3rd-7th	AP-YTH-1013-70	9/24	4:00-5:30pm	TH
8th -12th	AP-YTH-1013-71	9/24	6:00-7:30pm	TH

## Let's Dance! A 5-6-7-8!

Learn lots of musical theatre steps and Broadway choreography. This is a great class for any dance skill level!

Grade	Code	Date	Time	Day
3rd-7th	AP-YTH-1013-72	10/22	4:00-5:30pm	TH
8th -12th	AP-YTH-1013-73	10/22	6:00-7:30pm	TH

## Acting Out!

Learn how to build new characters and step outside the box with creativity in this class on character and scene development.

Grade	Code	Date	Time	Day
3rd -7th	AP-YTH-1013-74	11/19	4:00-5:30pm	TH
8th-12th	AP-YTH-1013-75	11/19	6:00-7:30pm	TH

## Whose Line is It Anyway?

A super fun class that explores improvisation for the stage through games, drills, and simple scenes.

Grade	Code	Date	Time	Day
3rd -7th	AP-YTH-1013-76	12/17	4:00-5:30pm	TH
8th-12th	AP-YTH-1013-77	12/17	6:00-7:30pm	TH

**Instructor:** Stage Door Fine Arts Staff

**Location:** The Community House

**Min/Max:** 5/20

**Fee:** \$50

**Keyholder Fee:** \$40

## PAY FOR ALL 4 WORKSHOPS AND SAVE

Grade	Code
3rd-7th	AP-YTH-1013-68
8th-12th	AP-YTH-1013-69

**Dates:** 9/24-12/17

**Fee:** \$170

**Keyholder Fee:** \$140

## Brushwork Masters

**Ages: 3rd-5th grade**

For upper elementary school kids who love to draw and paint or wish to learn and grow. Instructor will offer individualized constructive feedback as the class progresses. Students will also develop an artist's statement for their final show.

Code	Date
AP-YTH-1020-70	9/19-10/24
AP-YTH-1020-71	10/31-12/12*

**Day:** SA

**Time:** 10:30am-12:00pm

**Instructor:** Gabrielle Tufano

**Location:** The Community House

**Fee:** \$166

**Keyholder Fee:** \$145

\*No class 11/28

## Comedy Improv-Young Actors Studio

**Ages: 9-14 years**

Back by popular demand, improv for kids. Kids will enjoy working with an award winning actress, trained at Second City and the Groundlings in LA. This class will be insanely fun! Limited space is available - sign up now.

Code	Time	Dates
AP-YTH-1011-68	5:00-6:30pm	10/1-11/12

**Day:** TH

**Instructor:** Mina Dillard-Gits

**Location:** The Community House

**Fee:** \$200

**Keyholder Fee:** \$185

## Comic Book Illustration

**Ages: 9 years & up**

**Please note this class will take place entirely online.** A perfect class for parents and kids to take together. Have a story to tell? From Superheroes, Horror, and Sci-Fi to Auto-Biographical and Educational. All you need is some paper, a pencil, imagination, and a creative desire to share stories. You will learn about various comic art styles and methods of storytelling, including basic illustration techniques to create one of your very own comics. Additional individual supply list provided by instructor.

Code	Dates	Fee/Keyholder Fee
AP-YTH-1007-68	9/3-10/22	\$207/\$180
AP-YTH-1007-69	10/29-12/10*	\$156/\$135

**Day:** TH

**Time:** 6:30-8:30pm

**Instructor:** Andrew Kudelka

**Location:** The Community House

\*No class 11/26

## Cookies and Canvas

**Ages: 6 1/2 & up**

Perfect class for kids and parents to take together. Drop in for an afternoon of paints and sweets. Each monthly session is a different project. Work with all kids on painting approaches. Take your work home. Amaze your friends and family.

**Please note we will not be providing food in the class until further notice.**

Code	Date
AP-YTH-1027-68	9/19
AP-YTH-1027-69	10/17
AP-YTH-1027-70	11/21
AP-YTH-1027-71	12/12

**Day:** SA

**Time:** 1:00-2:30pm

**Instructor:** Gabrielle Tufano

**Location:** The Community House

**Fee:** \$25

**Keyholder Fee:** \$20



## Elementary Mixed Media-Art for Kids

**Ages: 6 years & up**

This class is for those young artists looking for more than just finger painting! We will focus on experimenting with color pencil shading, abstract balance with acrylic on canvas, ink your own zentangle patterns, watercolor techniques and much more! Composition, texture, blending and overall execution will bring their passion for art to the next level.

Code	Date
AP-YTH-1009-68	9/23-10/28
AP-YTH-1009-69	11/4-12/16*

**Day:** W

**Time:** 4:30-6:00pm

**Instructor:** Molly Haworth

**Location:** The Community House

**Fee:** \$160

**Keyholder Fee:** \$145

\*No class 11/25

## RPG Club

**Ages: 9 years & up**

**Please note this class will take place entirely online.** Role Playing Games (RPGs) encourage teamwork, exercise imagination, and help make new friends for life. Have you watched Stranger Things and wondered what D&D (Dungeons & Dragons) was all about? Challenge yourself and fight your own "Demogorgon" here! CREATE, DRAW and BUILD your own characters. WRITE your own stories and backgrounds then ACT out your character by dressing up (if your heart desires) and FIGHT the BBEG (Big Bad Evil Guy) at the conclusion of a quest. [Mature 10 and up encouraged; teenagers welcome!]

Code	Dates	Fee/Keyholder Fee
AP-YTH-1007-68	9/11-10/30	\$207/\$180
AP-YTH-1007-69	11/6-12/18*	\$156/\$135

**Day:** F

**Time:** 6:30-8:30pm

**Instructor:** Andrew Kudelka

**Location:** The Community House

**Fee:** \$207

**Keyholder Fee:** \$180

\*No class 11/27

## 2-D Studio: Painting/Drawing

**Ages: 10-16 years**

Spark your imagination. Develop your artistic vision. Learn to utilize the fundamentals of drawing and painting elements, principles, techniques in producing art. Parents or family members may be asked to participate in one painting experience. Take the course a second session for further exploration and creativity. For students at any level of experience or curiosity. Some supplies provided. Additional individual supply list provided by instructor. Students are suggested to bring old, oversized shirts to wear as smocks.

Code	Dates
AP-YTH-1014-68	9/14-10/05
AP-YTH-1014-69	11/2-11/30

**Day:** M

**Time:** 4:30-6:00pm

**Instructor:** Pam Kalafut

**Location:** The Community House

**Min/Max:** 5/12

**Fee:** \$115

**Keyholder Fee:** \$100

## Fundamentals of Drawing and Painting

**Ages: 16 years & up**

This class will begin with an introduction to the fundamentals of observational drawing using black and white media, including charcoal, graphite, and conte, and progress to using color. Basic concepts such as measuring and proportion, light and shadow, shading techniques and perspective will be covered. Students will consult with the instructor to choose a painting medium, such as acrylic, oil, pastel, or colored pencil. Supply list provided after registration.

Code	Dates
AP-ADT-1003-68	9/17-10/15
AP-ADT-1003-69	10/22-11/19

**Day:** TH

**Time:** 12:30-2:30pm

**Instructor:** Lauren Peterson

**Location:** The Community House

**Fee:** \$225

**Keyholder Fee:** \$195

## CONNECT WITH US!



## Intermediate Drawing and Painting

**Ages: 16 years & up**

This class will continue with advanced application of concepts introduced in Fundamentals of Drawing and Painting. Students will gain experience with properties of color and color mixing, compositional design, and the process of taking a painting from thumbnail sketch to a finished work in a variety of genres, including still life, floral, landscape and portrait. Supply list provided after registration.

Code	Dates
AP-ADT-1003-70	9/17-10/15
AP-ADT-1003-71	10/22-11/19

**Day:** TH

**Time:** 11:30am- 2:30pm

**Instructor:** Lauren Peterson

**Location:** The Community House

**Fee:** \$237

**Keyholder Fee:** \$206

## Portrait Painting

**Ages: 16 years & up**

Delve into varying ways of painting the portrait. From alla prima to more indirect ways of glazing and scumbling you will learn the oil painting techniques of the old masters. Learn to measure facial structures, mix accurate colors, and create value shifts as you explore the portrait. This class is open to beginners and advanced students.

Code	Date
AP-ADT-1005-68	11/5-12/17*

**Day:** TH

**Time:** 6:00-9:00pm

**Instructor:** Will Blake

**Location:** The Community House

**Fee:** \$284

**Keyholder Fee:** \$247

\*No class 11/26



## Watercolor Painting Level 1

**Ages: 16 years & up**

Explore the exciting media of transparent watercolor. Learn basic techniques and apply them to a variety of subject matter. Students will provide their own materials. A list will be available the first day of class.

Code	Date
AP-ADT-1001-70	9/14-10/26
AP-ADT-1001-71	11/2-12/14*

**Day:** M

**Time:** 7:00-9:00pm

**Instructor:** Dr. Phyllis Kozlowski

**Location:** The Community House

**Fee:** \$180

**Keyholder Fee:** \$207

\*No class 11/23

## Watercolor Painting Level 2

**Ages: 16 years & up**

Explore the exciting media of transparent watercolor. Learn basic techniques and apply them to a variety of subject matter. Students will provide their own materials. A list will be available the first day of class.

Code	Date
AP-ADT-1001-68	9/16-10/28
AP-ADT-1001-69	11/4-12/16*

**Day:** W

**Time:** 10:00am-12:00pm

**Instructor:** Dr. Phyllis Kozlowski

**Location:** The Community House

**Fee:** \$180

**Keyholder Fee:** \$207



## Skyhawks T-ball

**Ages: 2-6 years**

Skyhawks' classes develop important baseball skills such as throwing, catching, hitting and base running. Developmentally appropriate equipment and games are used to teach your child the game of baseball in a fun, exciting and positive environment. Parent participation is required for all children. In case of inclement weather indoor space has been reserved in the gym at The Community House.

Code	Dates	Time
ATL-PRE-1001-68	9/13-10/4	10:00-10:45am
ATL-PRE-1001-69	9/13-10/4	11:00-11:45am
ATL-PRE-1001-70	10/11-11/1	10:00-10:45am
ATL-PRE-1001-71	10/11-11/1	11:00-11:45am

**Day:** SU

**Instructor:** Skyhawks Sports

**Location:** Robbin's Park

**Min/Max:** 12/30

**Fee:** \$95

**Keyholder Fee:** \$79

## Yoga For Youngsters

**Ages: 3-5 years**

Children will learn a variety of yoga poses, or mudras, as well as play fun yoga games in this exciting class. Participants will increase their strength and flexibility. We will memorize many yoga moves and mudras with help from books and stories to increase our yoga knowledge. Creative expression with many yoga moves will help these children learn relaxation and meditation in their yoga journey.

Code	Dates	Day	Time
ATL-PRE-1015-68	9/15-11/3	TU	10-10:30am
ATL-PRE-1015-69	9/18-11/6	F	12-12:30pm

**Instructor:** Bumble Bee Yoga/Mrs. Bee

**Location:** The Community House

**Min/Max:** 2/12

**Fee:** \$135

**Keyholder Fee:** \$115

## Soccer Shots Mini

**Ages: 2 years**

Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active.

**Code:** ATL-PRE-1004-69

**Day:** W

**Dates:** 9/9-11/11

**Time:** 10:15-10:45am

**Instructor:** Soccer Shots

**Location:** Robbins Park

**Min/Max:** 5/8

**Fee:** \$155

**Keyholder Fee:** \$135

**YOUR TRUSTED COMMUNITY  
NON-PROFIT SINCE 1941**

## Soccer Shots Classic

**Ages:** 3-5 years

Soccer Shots is an engaging children's soccer program with a focus on character development. Our caring team positively impacts children's lives on and off the field through best-in-class coaching, communication and curriculum. Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing and shooting. We also highlight a positive character trait each session such as respect, teamwork and appreciation.

Code	Day	Dates	Time	Fee/Keyholder Fee
ATL-PRE-1004-70	W	9/9-11/11	11:00-11:35am	\$155/\$135
ATL-PRE-1004-72	TH	9/10-10/29	4:10-4:45pm	\$127/\$110

**Instructor:** Soccer Shots

**Location:** Robbins Park

**Min/Max:** 5/12

## Preschool Athletics

*Ages newborn-6 years*

# 22

## Soccer Shots Premier

**Ages:** 6-8 years

Soccer Shots is an engaging children's soccer program with a focus on character development. Our caring team positively impacts children's lives on and off the field through best-in-class coaching, communication and curriculum. Soccer Shots Premier focuses on individual skills, fitness and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. Children will also be introduced to competition in a developmentally appropriate manner.

**Code:** ATL-PRE-1004-71

**Day:** TH

**Dates:** 9/10-10/29

**Time:** 3:15-4:00pm

**Instructor:** Soccer Shots

**Location:** Robbins Park

**Min/Max:** 6/12

**Fee:** \$145

**Keyholder Fee:** \$125

## Tot Track & Field

**Ages:** 3-6 years

This unique class will combine stretching, movement, and other fitness concepts with running, jumping, throwing and other skills used in track and field. Children will work on body coordination, agility, balance, and self-confidence. The session will conclude with a fun-filled track and field meet on the last day of the class. Each child should bring a water bottle.

**Code:** ATL-PRE-1013-68

**Dates:** 9/1-10/6

**Day:** TU

**Time:** 4:15-5:00pm

**Instructor:** Sports Kids

**Location:** Burns Field Park

**Min/Max:** 6/8

**Fee:** \$68

**Keyholder Fee:** \$54



YOUR COMMUNITY NON-PROFIT SINCE 1941  
**MAKE A DONATION TODAY!**

## Adult and Tot Sports

**Ages:** 2-3 years w/adult

Parents are an integral part of helping their tots experience basic sports movement and motor skills. Motor skill activities focus on hand/eye and hand/foot coordination. Sports equipment and instruction are provided to help guide your child through an introduction to organized sports. Parent or caregiver participation is required.

**Code:** ATL-PRE-1007-68

**Dates:** 9/1-10/6

**Day:** TU

**Time:** 5:00-5:45pm

**Instructor:** Sports Kids

**Location:** Burns Field Park

**Fee:** \$68

**Keyholder Fee:** \$54

## Dad & Me Fun with Football

**Ages:** 3-5 w/Dad

Enjoy nerf football with your son or daughter. You, along with our accomplished coaches, will help the little athlete learn the proper form and technique of catching, throwing, center skills, hand-offs, kick-offs and more in our fun and friendly setting. Each participant should bring a water bottle.

**Code:** ATL-PRE-1014-68

**Dates:** 9/1-10/6

**Day:** TU

**Time:** 5:45-6:30pm

**Instructor:** Sports Kids

**Location:** Burns Field Park

**Min/Max:** 6/8

**Fee:** \$68

**Keyholder Fee:** \$54



## Fit N' Fun for Kids

**Ages:** 3-6 years

Kids will have a blast as they run, jump, hop, skip, stretch and play to gain strength, flexibility and cardio awareness as well as improve motor development, spatial awareness, cognitive ability, and socialization skills. We'll do all sorts of activities including cardio exercises, bean bag games, relay races, animal movements, stretching techniques, circle games, obstacle courses, tagging games, catching balls, parachute play, and other fitness and sports games. Make sure to wear comfortable clothes and gym shoes for this action packed class in which children will develop a positive association with fitness. Each child should bring a water bottle.

**Code:** ATL-PRE-1007-69

**Date:** 9/3-10/8

**Day:** TH

**Time:** 4:00-4:45pm

**Instructor:** Sports Kids

**Location:** Burns Field Park

**Min/Max:** 6/8

**Fee:** \$68

**Keyholder Fee:** \$54

## Adult & Tot Soccer

**Ages:** 3-6 years

Parents or any significant adult will enjoy time with their toddlers learning the skills, moves and joy of playing America's most popular youth sport! This class is the perfect introduction to soccer for children. Emphasis will be on the basic skills of soccer such as dribbling, passing, and shooting, all in a fun and relaxed environment. Age appropriate drills, games, and equipment will be used to help tots learn these skills as well as develop motor skills, coordination, balance and listening and social skills. Adults will enjoy playing alongside and assisting their youngsters as they get their first taste of soccer fun! Each child should bring a water bottle.

**Code:** ATL-PRE-1004-68

**Date:** 9/3-10/8

**Day:** TH

**Time:** 5:45-6:30pm

**Instructor:** Sports Kids

**Location:** Burns Field Park

**Min/Max:** 6/8

**Fee:** \$68

**Keyholder Fee:** \$54



*Unlock Savings*  
**Become a Keyholder**



## Multi-Sport Mania

**Age:** 4-6 years

Let's play! Your child explores the wide world of sports as they participate in a different sport each week, such as t-ball, track & field, golf, lacrosse and soccer. Children get a lot of practice with skills through creative and fun drills and games. Don't miss out on the fun! Each child should bring a water bottle.

**Code:** ATL-PRE-1007-70

**Date:** 9/12-10/17

**Day:** SA

**Time:** 1:00-1:45pm

**Instructor:** Sports Kids

**Location:** Burns Field Park

**Min/Max:** 6/8

**Fee:** \$68

**Keyholder Fee:** \$54

## Pee Wee Tennis Lessons

**Ages:** 4-5 years

Your child will learn proper grip, basic strokes, and other beginning tennis fundamentals through lots of fun drills and tennis-like games. This class also will help children to develop hand-eye coordination, movement skills, and get a feel for the ball. Boys and girls will have a blast and gain the proper foundation to build and develop their interest in tennis. Children will be divided into groups based on ability level. Participants must bring tennis shoes and their own racket

Code	Days	Time	Dates
ATL-PRE-1005-68	W	4:00-4:45pm	9/2-10/7
ATL-PRE-1005-69	SA	9:15-10:00am	9/12-10/17

**Instructor:** Sports Kids

**Location:** Robbins Park Tennis Courts

**Min/Max:** 4/12

**Fee:** \$90

**Keyholder Fee:** \$72

## Fun with Football

**Ages:** 5-7 years

Are you ready for some football? This no-contact class helps kids learn the skills of football including passing, hiking, catching and punting the ball as well as team offense and defense. Controlled scrimmages are played once the basic skills have been taught. Nerf footballs are used for safety. Each child should bring a water bottle.

**Code:** ATL-PRE-1014-69

**Dates:** 9/12-10/17

**Day:** SA

**Time:** 2:45-3:30pm

**Instructor:** Sports Kids

**Location:** Robbins Park

**Min/Max:** 6/8

**Fee:** \$68

**Keyholder Fee:** \$54

## Taekwondo- Little Dragons I (all belt levels)

**Ages:** 4-5 years

Taekwondo, one of the newest Olympic sports, is a 2000-year-old martial art, offering a variety of benefits for people of all ages and physical abilities. Students have the opportunity to improve concentration and self esteem, achieve lifelong physical fitness, and learn self-defense skills. This introductory class is designed to captivate the interest of our youngest students. Skills are developed through gentle instruction and appropriate games for their ability. This class focuses on developing balance, coordination, and respect for the discipline of martial arts training. Belt testing is offered through KH Kim Taekwondo at an additional fee and is held twice a year. All colored belt students are required to have complete sparring gears. A \$45.00 uniform fee is required at the first class.

**Code:** ATL-PRE-1016-68

**Dates:** 9/9-12/23

**Time:** 4:40-5:20pm

**Day:** W

**Instructor:** KH Kim Taekwondo Staff

**Location:** KLM Lodge

**Min/Max:** 4/8

**Fee:** \$192

**Keyholder Fee:** \$176

# 25

## Youth Enrichment

Ages 6-16 years



HABLA  
ESPAÑOL?

### Spanish Class

Your child will find themselves immersed in Spanish learning the language the way true native learners learn. We will sing songs, have stories, movement, movies, art, music, science, and so much more but all immersed in Spanish! Assessments, dedicated workbooks, small interpersonal groups, plus native speaking teachers will help guide you and/or your child towards Spanish mastery as efficiently as possible. Age groups will be combined and activities will be planned appropriately based on your child's skill level.

Code	Age
ENR-PRE-1019-68	3-5 years
ENR-YTH-1019-78	6-12 years

**Dates:** 9/10-12/17\*

**Day:** TH

**Time:** 4:00-5:30pm

**Instructor:** Alma Ascencio & Alejandra Osorio

**Location:** The Community House

**Min/Max:** 3/8

**Fee:** \$645

**Keyholder Fee:** \$559

\*No class 11/26

### Great America-Fright Fest

**Ages:** 10-14 years

It's time again for The Community House to take their annual trip to Great America Fright Fest! In addition to all the fun and rides you normally find at Six Flags, spooky Halloween additions will give you extra thrills! Experience some of the fastest, tallest, wildest, gut-wrenching, rides in the country-including a few record-breakers. If roller coasters aren't your thing, check our hundreds of classic rides, games, and entertainment. Always one of our biggest trips of the year-don't miss it! Bring money for food.

**Code:** ENR-YTH-1025-70

**Location:** Meet/Drop off at The Community House

**Min/Max:** 30/50

**Dates:** 10/12 (Columbus Day)

**Day:** M

**Times:** 9:00am-7:30pm

**Fee:** \$110

**Keyholder Fee:** \$95

YOUR COMMUNITY NON-PROFIT SINCE 1941  
**MAKE A DONATION TODAY!**

CONNECT WITH US!



## Schools Out Trips

**Ages: 5-14 years**

Drop your child off at The Community House for the days when school is not in session. This trip is intended for Kindergarten - 8th Grade. (Extended hours are available from 3:30-6:00pm for an additional fee of \$19 per trip for Members/\$29 for Non-Members.) Trip locations are subject to change based on current health guidelines.

**Time:** 7:00am-3:30pm

**Min/Max:** 8/50

**Instructor:** The Community House Staff

**Location:** Depart/Return from The Community House

**Fee/Keyholder Fee:** \$70/\$55

**Fee:** \$70

**Keyholder Fee:** \$55

## Funtopia - Naperville

Your child will enjoy a fun-filled day at Funtopia in Naperville! Funtopia offers adventurous, entertaining, and healthy activities for all ages. With a rock climbing wall, rope course, ninja course, giant slide, toddler area - there is something for everyone! \*Sack lunch needed

Code	Date	Day
ENR-YTH-1005-67	10/12	M

## Safari Land – Villa Park

Safari Land is a favorite of children and staff. Your child is sure to have a day filled with adventure. Bowling, arcade games, and an indoor roller coaster are a few exciting activities at Safari Land. \*Pizza lunch included.

Code	Date	Day
ENR-YTH-1005-68	11/6	F

## Thanksgiving Break Camp

**Ages: 5-14 years**

Looking for somewhere to go with all of the extra time off from school for this Thanksgiving holiday season? Fun games and holiday crafts will be done! We will also be taking a field trip on Wednesday 11/25, and lunch will be provided. Location is subject to change based on current health guidelines. Customize your Thanksgiving Break Camp, and sign up for just one day or the entire week for a discounted rate! (Extended Hours available from 3:30- 6:00pm for an additional fee of \$19 Member/\$29 Non-Member per day)

**Time:** 7:00am-3:30pm

**Min/Max:** 8/50

**Instructor:** The Community House Staff

**Location:** The Community House

Code	Date	Day	Fee/Keyholder
ENR-YTH-1006-67	11/23	M	\$70/\$55
ENR-YTH-1006-68	11/24	TU	\$70/\$55
ENR-YTH-1006-69	11/25	W	\$70/\$55
ENR-YTH-1006-70	11/23-11/25	M-W	\$185/\$140

## Winter Break Camp

**Ages: 5-14 years**

Does your child need something fun to do over Winter Break? The Community House is just the place for entertainment activity options! We will incorporate arts and crafts, group games, cooking projects and STEM activities. We will take a field trip on Wednesday of each week. Location is subject to change based on current health guidelines. You can customize your Winter Break Camp to suit your needs – register for 1 day or all 6 to save. (Extended Hours available from 3:30-6:00pm for an additional fee of \$19 Member/ \$29 Non-Member per day)

**Time:** 7:00am-3:30pm

**Min/Max:** 8/50

**Instructor:** The Community House Staff

**Location:** The Community House

Code	Date	Day	Fee/Keyholder
ENR-YTH-1006-67	12/21	M	\$70/\$55
ENR-YTH-1006-68	12/22	TU	\$70/\$55
ENR-YTH-1006-69	12/23	W	\$70/\$55
ENR-YTH-1006-70	12/28	M	\$70/\$55
ENR-YTH-1006-71	12/29	TU	\$70/\$55
ENR-YTH-1006-72	12/30	W	\$70/\$55
ENR-YTH-1006-73	12/21-12/30	M-W	\$395/\$305



## American Red Cross Babysitters' Certification

**Ages: 11-16 years**

Get the knowledge, skill and confidence you need to care for infants and school-age children. This training will help participants develop skills in leadership and professionalism; safety and safe play; and first aid. The course will combine video, activities, hands-on skills training and discussion for a complete learning experience. Bring a sack lunch. To receive certification, participants must be present for the entirety of the class.

Code	Date	Day
ENR-YTH-1024-67	10/12	M
ENR-YTH-1024-68	11/23	M

**Time:** 9:00-4:30pm

**Location:** The Community House

**Instructor:** Donna Giove

**Fee:** \$100

**Keyholder Fee:** \$85



## WHOLE CHILD LEARNING COMPANY

### Super Slime and Goopy Chemistry

**Ages: 5-13 years**

It's time for slime! Become a mad scientist! Brew up crazy concoctions, and maybe even an explosion or two. Come prepared to get messy and have a great time!

Code	Date	Day
ENR-YTH-1020-67	9/16-11/4	W

**Time:** 3:30-4:45pm

**Location:** The Community House

**Fee:** \$190

**Keyholder Fee:** \$165

### Lego Engineering & Robotics

**Ages: 5-9 years**

Design and build castles, monsters, bridges, volcanoes and more! We'll have so much fun building projects that actually move and we'll test them to see how they work. This class captures kid's imaginations with engaging-hands-on building projects.

Code	Dates	Day
ENR-YTH-1020-68	9/17-11/5	TH

**Time:** 3:30-4:30pm

**Location:** The Community House

**Fee:** \$190

**Keyholder Fee:** \$165



*Unlock Savings*  
**Become a Keyholder**



## Etiquette Classes

Have your child ready to enjoy the holidays with ease and confidence! By learning basic etiquette skills, your child will navigate in various social situations with ease and certainty. My focus is on teaching manners as a demonstration of kindness, consideration and respect toward others. This class offers the "other voice" to convey the common courtesies that parents try to teach at home. A snack will be served to practice their new etiquette skills.

### Dress Code:

**Boys:** Shirt and Tie; Sport Coat (optional)

**Girls:** Party Dress or Pant Suit

**Location:** The Community House

**Instructor:** Lisa Geneser

**Min/Max:** 8/15

## Holiday Etiquette 101

**Age:** 8-14 years

**Code:** ENR-YTH-1018-69

**Date:** 11/15

**Day:** SU

**Time:** 2:00-3:15pm

**Fee:** \$55

**Keyholder Fee:** \$40

## My First Holiday Etiquette Class

**Ages:** 5-9 years

**Code:** ENR-YTH-1018-68

**Date:** 11/15

**Day:** SU

**Time:** 12:30-1:30PM

**Fee:** \$35

**Keyholder Fee:** \$25

## VIRTUAL CODING CLASSES

**Ages:** 7-10 years

**Instructor:** Codinu Teacher

**Enrollment:** Min-6, Max-12

**Day:** TU

**Time:** 4:00-4:50pm

**Fee:** \$75

**Keyholder Fee:** \$60

## Superhero Animation

Coders Assemble! Do you love Super Heroes?! Have you wondered how your favorite Spiderman or Wonderwoman movie created? In this 4 week session, dive into the world of coding and learn to build an amazing animated story. Students will work on developing a story, character development, and turn it into an interactive animated movie. Highlights: Highly Qualified instructor with a Master's in Computer Science, fun and educational curriculum, and small class size.

### Code

ENR-YTH-1021-68

### Dates

9/8-9/29

## May the Code Be With You

Unique coding experience in a galaxy not so far away... This coding session is sure to spark young imaginations as they explore and imagine their way through the mysteries of outer space. They will learn the basics of coding and build fun and challenging Star Wars-themed programs. Highlights: Highly Qualified instructor with a Master's in Computer Science, fun and educational curriculum, and small class size.

### Code

ENR-YTH-1021-68

### Dates

10/6-10/27

## Magical World of Coding

Calling all Muggles to dive into the world of Whimsy and Wizardry. Experience Hogwarts to your heart's content as we dive into a magical world during this 4-week Harry Potter themed coding session. Students will learn to code a fun and challenging Harry Potter theme based game. Highlights: Highly Qualified instructor with a Master's in Computer Science, fun and educational curriculum, and small class size.

### Code

ENR-YTH-1021-68

### Dates

11/3-11/24



We are  
hiring score  
keepers!

## Jodie Harrison Basketball League

The tradition of Jodie Harrison Basketball will be back in 2021. We are working hard to schedule another great season while following state guidelines. Details will be announced soon.

	Date	Fee/Keyholder Fee	
		2nd-4th	5th-8th
Regular	10/1-11/30*	\$190/\$220	\$205/\$240
Last-minute	12/1 and after	\$225/\$260	\$235/\$270

\*Keyholder registration opens 9/24

**Refund Policy:** Last Day for refunds is 12/28/2020. All refunds will be charged a 50% processing fee after 12/16/2020.

**Players:** 2nd-8th graders. A limited number of spots are available in each grade level. Teams will typically have 10 players each.

**Location:** All games and practices will be played at The Community House or area schools.

**Team Selection:** The Recreation Supervisor will select all teams based first on years of experience, then based on school they attend. We will accept placement requests, but they are not guaranteed. Please see our website for team selection details.

## Jodie Harrison Jr Basketball League

**Grades: K-1st Grade**

This 5-game (8-practice) league is the perfect way to introduce your child to basketball and get them excited for Jodie Harrison next year! This league will emphasize learning the rules and fundamentals of basketball. No score is kept and everyone is a winner! All players will receive a t-shirt and medal. One practice and one game per week commitment.

	Date	Fee/Keyholder Fee
Regular	8/17-9/30	\$170/\$145
Last-minute	10/1 & after	\$185/\$160

**Last day to receive a refund is Oct. 10th.**

**Location:** All games and practices will be played at The Community House or area schools.

**Team Selection:** The Recreation Supervisor will select all teams. Placement requests will not be taken; we appreciate your attention to this detail. Every effort will be made to place individuals from the same school on a team together. However, this is not guaranteed.

**Dates:** Practice begins the week of October 12 and practice days are based on coach availability. All games will be played on Saturdays starting October 24th.

**Volunteer Coaches are needed.** Volunteer forms can be found online or at the front desk. A coaches' meeting will be held Wednesday, September 23rd, at 6:30pm at The Community House.

## Jodie Harrison Preseason Training

Want to get ready for Jodie Harrison Basketball League? With the help of Breakaway Basketball we are now offering a 6 week basketball training camp! Learning fundamentals, fun drills, and the rules of the game, Jodie Harrison Preseason Training is the perfect way to prepare your child for basketball season!

Code	Grade	Time
ATL-YTH-1003-72	2nd-3rd	4-5pm
ATL-YTH-1003-73	4th-6th	5-6pm

**Dates:** 11/2-12/14\*

**Day:** M

**Location:** The Community House

**Min/Max:** 10/30

**Instructor:** Breakaway Basketball

**Fee:** \$139

**Keyholder:** \$120

\*No class 11/23

## Jodie Harrison In Season Training

Breakaway Basketball is the largest skill development in Illinois training over 8K players a year and partnering with over 200 travel teams in season to provide skill development training and coaches training. Breakaway will enhance your child's passion for working hard and improve their individual skill set. We make sure kids GET BETTER so they start having more fun when it's time to play!

**Registration opens January 1, 2021.**

Code	Grade	Time
ATL-YTH-1003-74	2nd	5-6pm
ATL-YTH-1003-75	3rd/4th	6-7pm
ATL-YTH-1003-76	5th-8th	7-8pm

**Dates:** 2/9-3/16

**Day:** TU

**Location:** Madison School

**Min/Max:** 10/30

**Instructor:** Breakaway Basketball

**Fee:** \$139

**Keyholder:** \$120

## CONNECT WITH US!



# Youth Athletics

Ages 6-16 years

# 30

## Fencing Sports Club

**Ages: 8 years and up**

Want to wield a sword? Enjoy competitive fun safely without "fighting". This class offers students the basic understanding of attack and defense in fencing. Learn a combination of moves to start developing your fencing game. Please read below for new equipment procedure. Register with family members or friends to increase the fun! Additional family members can receive a 50% discount when registering together. Instructor considers the height and ability of each fencer.

**New fencing equipment procedure.** Fencing is one of the few sports that already practices social distancing. However, due to the contagious and asymptomatic nature of the coronavirus, Fencers must choose to rent personal equipment for the session or to purchase their own basic set (est. \$140). This is true even for additional family members who received 50% discount on registration fees.

To rent a personal set of equipment, contact Fencing Sports Club on voice only number 630-678-0035 to share body size and then you will simply attend the first class of the beginner session.

When you rent a set, No one is guaranteed perfect fitting club equipment. The set given to your fencer is at the discretion of the instructor. Safety in the sport of fencing is paramount. If you prefer to purchase a personal beginner set, the club is happy to quickly assist with ordering from Blue Gauntlet. Participant must attend first class with their new set in hand. At the end of session, you may have the club buy your equipment at 50% of purchase price.

Code	Level	Dates	Time
ATL-YTH-1011-68	Adv	9/21-10/26	4:45-5:45pm
ATL-YTH-1011-69	Beg	9/21-10/26	5:45-6:45pm
ATL-YTH-1011-70	Adv	11/2-12/14*	4:45-5:45pm
ATL-YTH-1011-71	Beg	11/2-12/14*	5:45-6:45pm

\*No Class 11/23

**Day:** M

**Instructors:** Fencing Sports Clubs (Tracy & Vladimir Lapshin)

**Location:** The Lodge at KLM Park

**Min/Max:** 4/4

**Fee:** \$72

**Keyholder:** \$60

50% Sibling Discount available online or in-person

## Youth Archery

**Ages: 7-12 years**

Archery participants will learn the parts of an arrow and recurve bow, the basics of using a recurve bow, and fundamental shooting skills in an extremely safe environment. They also will learn an excellent, nationally recognized beginner's 9-step to the 10 ring progression which was created by the Coaches Development Committee of the National Archery Association. Both technique and games will be a part of this class. Blunt tipped arrows, bows, and targets are provided. Each participant should bring a water bottle.

**Code:** ATL-YTH-1019-68

**Date:** 8/31-10/12\*

**Day:** M

**Time:** 4:15-5:00pm

**Instructor:** Sports Kids

**Location:** KLM Park

**Min/Max:** 6/8

**Fee:** \$68

**Keyholder Fee:**\$54

\*No class 9/7

## Family Archery

**Ages: 6 years & up w/adult**

You and your family will meet new friends while learning the parts of an arrow and recurve bow, the basics of using a recurve bow, a nationally recognized beginner's 9-step to the 10 ring progression method, and fundamental shooting skills from an experienced instructor. Bows, arrows, and targets are furnished. Each participant should bring a water bottle.

**One adult per registered child**

**Code:** ATL-YTH-1019-69

**Date:** 8/31-10/12\*

**Day:** M

**Time:** 5:00-5:45pm

**Instructor:** Sports Kids

**Location:** KLM Park

**Min/Max:** 6/8

**Fee:** \$68

**Keyholder Fee:**\$54

\*No class 9/7

## Youth Track, Field & Fitness

**Ages: 7-12 years**

This class will get kids excited about exercise and teach them about track and field, one of the oldest sports that continues to grow and is highlighted by the Olympics every 4 years. Participants will learn the fundamentals involved with improving flexibility, proper stretching, body positioning, developing core-strength, improving balance, cool-down techniques and other fitness concepts as they relate to exercising and the jumping, running and throwing skills involved in the sport of track and field. Boys and girls will participate in Sharks and Minnows, Capture the Cones, and other fitness games as well as sprints, relays, long-distance walking, running hurdles, long jump, discus throw and other track and field events. Youngsters will participate in a fun-filled track and field meet on the last day of class. Each participant should bring a water bottle.

**Code:** ATL-YTH-1022-68

**Date:** 9/3-10/8

**Day:** TH

**Time:** 4:45 - 5:45pm

**Instructor:** Sports Kids

**Location:** Burns Field Park

**Min/Max:** 6/8

**Fee:** \$90

**Keyholder Fee:** \$72

## Fall Outdoor Recreational Basketball

**Ages:7-12 years**

Players of all skill levels are encouraged to participate in this high-energy recreational program for budding hoops players. Boys and girls will develop their dribbling, shooting, passing, rebounding and defensive skills through short skills sessions each Saturday. The remaining time each Saturday will involve game play that enables them to apply these skills. Youngsters will be assigned to different teams each week, and SportsKids Inc. coaches will referee games in a teaching style. Games will be played in a respectful, positive and safe environment with an emphasis on equal participation, teamwork and sportsmanship. Whether your child is new to the game or looking to improve basketball skills, this program is the perfect way to have FUN playing hoops! Each child should bring a water bottle.

**Code:** ATL-YTH-1003-68

**Date:** 9/12-10/17

**Day:** SA

**Time:** 1:45-2:45pm

**Instructor:** Sports Kids

**Location:** Robbins Park Basketball Courts

**Min/Max:** 6/8

**Fee:** \$90

**Keyholder Fee:**\$72

## Tiny Tots Tennis Lessons

**Ages: 6-7 years**

Youngsters enrolled in this class will learn the basic strokes, serve, volleys, and rules of the game. Racket face control, ball bounce judgment, receiving skills, space management, rallying skills, and court movement will be emphasized. Girls and boys will develop the agility and coordination needed for effective tennis play. Situational drills and games will help them to establish a solid foundation for future development in the sport and build a lifelong love of tennis. Players will be divided into groups based on ability level. Participants must bring tennis shoes and their own racket.

Code	Day	Date	Time
ATL-YTH-1001-68	W	9/2-10/7	4:45-5:30 pm
ATL-YTH-1001-70	SA	9/12-10/17	10:00-10:45 am

**Instructor:** Sports Kids

**Location:** Robbins Park Tennis Courts

**Min/Max:** 4/12

**Fee:**\$90

**Keyholder Fee:** \$72

## Beginner/Adv Beginner Tennis Lessons

**Ages: 8-12 years**

Young players concentrate on stroke development, rallying skills, and learning to play matches at a faster pace. Ball receiving and placement, court movement, and overall tennis strategy will be emphasized. Players will focus on their power and accuracy to improve their performance. Through challenging and exciting drills and matches, youngsters will develop the racket skills, coordination, agility, and stamina needed for recreational and competitive tennis play. Players will be divided into groups based on ability level. Participants must bring tennis shoes and their own racket

Code	Days	Dates	Time
ATL-YTH-1001-69	W	9/2-10/7	5:30-6:30pm
ATL-YTH-1001-71	SA	9/12-10/17	10:45-11:45am

**Instructor:** Sports Kids

**Location:** Robbins Park Tennis Courts

**Min/Max:** 4/12

**Fee:**\$135

**Keyholder Fee:** \$106

**Youth Athletics**  
Ages 6-16 years

**32**



## Winter Break Basketball Camp

**Ages: 7-12 years**

This fun, skill-intensive program is designed for beginning to intermediate players. Using our progression curriculum, we focus on the whole player - teaching sportsmanship and teamwork. Boys and girls will learn the fundamentals of passing, shooting, ball handling, rebounding and defense through skill-based instruction and small-sided scrimmages. Participants should bring appropriate athletic clothing, a snack, and a water bottle.

Code	Dates	Time
ATL-YTH-1003 -69	12/21-12/23	10:00am-1:00pm
ATL-YTH-1003-70	12/28-12/30	9:00am-12:00pm

**Day:** M-W

**Location:** The Community House

**Min/Max:** 10/18

**Instructor:** Skyhawks

**Fee:** \$105

**Keyholder Fee:** \$89

**YOUR COMMUNITY NON-PROFIT SINCE 1941**  
**MAKE A DONATION TODAY!**

## 5 Star Winter Soccer Camp

**Ages:** 5-12 years

This is the ultimate winter mini-camp for kids looking to have FUN in the winter season! This mini-camp presents a curriculum focused on developing fundamental technique, while creating an atmosphere that unlocks the game within each child. FUN is the name of the game as this mini-camp sets the tone for the very reason kids will want to come back again and again! Open to boys and girls. All participants need to bring a ball. T-shirt is included.

**Code:** ATL-YTH-1015-68

**Dates:** 12/28-12/30

**Time:** 1-3pm

**Day:** M-W

**Location:** The Community House

**Min/Max:** 10/40

**Instructor:** Mike Wiggins (5 Star Soccer Staff)

**Fee:** \$95

**Keyholder Fee:** \$80

## 5 Star Soccer Weekly Skills Sessions

**Ages:** 5-12 years

5 Star Soccer Weekly sessions provides the youth player of any ability a place to develop individual touch and technique. This weekly training program offered during the winter months is ideal for youth players to stay in touch with the ball and continue to improve skill. The training program is focused on foot skills, intended to improve player's comfort with the ball. T-shirt is included.

**Code:** ATL-YTH-1015-70

**Dates:** 1/10-2/28

**Time:** 12:00-1:00pm

**Day:** SU

**Location:** TBD

**Min/Max:** 10/40

**Instructor:** Mike Wiggins (5 Star Soccer Staff)

**Fee:** \$129

**Keyholder Fee:** \$110

## Taekwondo (all belt levels)

Taekwondo, one of the newest Olympic sports, is a 2000-year-old martial art, offering a variety of benefits for people of all ages and physical abilities. Students have the opportunity to improve concentration and self esteem, achieve lifelong physical fitness, and learn self-defense skills. Classes are taught under the direction of G.Master Ki Hong Kim\* (9th Dan Kukkiwon World Taekwondo Headquarters.) A \$45.00 uniform fee is required at the first class. Belt testing is offered through KH Kim Taekwondo at an additional fee and is held twice a year. All colored belt students are required to have complete sparring gears.

**Day:** W

**Instructor:** KH Kim Taekwondo Staff

**Location:** KLM Lodge

**Fee:** \$192

**Keyholder Fee:** \$176

*A \$45.00 uniform fee is required at the first class*

## Early Taekwondo

**Ages:** 6-7 years

Designed especially for the younger children of 6-7 years, this program helps kids develop conditioning, coordination, listening skill, and self-confidence through creative activities.

**Code:** ATL-YTH-1030-69

**Dates:** 9/9-12/23

**Time:** 5:25-6:15pm

**Min/Max:** 4/12

## Youth Taekwondo

**Ages:** 8-13 years

This program includes a balanced cardiovascular workout, including punching, kicking, and blocking skills, using the Taekwondo tradition, and self-control. Participants will improve coordination, power of concentration, balance, and both physical and mental discipline.

**Code:** ATL-YTH-1030-70

**Dates:** 9/9-12/23

**Time:** 6:20-7:10pm

**Min/Max:** 4/15

## Parent/Child Taekwondo

**Ages:** 7 & up w/parent

This class provides families with a fun opportunity to spend time together while improving physical and mental conditioning through cardiovascular drills, calisthenics, and traditional Taekwondo techniques including punching, kicking, and blocking.

**Code:** ATL-YTH-1030-71

**Dates:** 9/9-12/23

**Time:** 7:15-8:10pm

**Min/Max:** 4/10

CONNECT WITH US!



## Chicago Elite Youth Volleyball

Chicago Elite Youth Academy is a child development program created to both introduce children to the game of volleyball, as well as continue to improve their individual skill development in the sport. Chicago Elite classes develop important volleyball skills such as passing, setting, attacking, blocking, serving, defense and movement. Players will be divided according to both skill level and age and challenged accordingly.

Code	Grade	Time
ATL-YTH-1004-68	1st-5th	5:00-6:00pm
ATL-YTH-1004-69	6th-8th	6:00-7:00pm

**Dates:** 9/8-10/6

**Day:** TU

**Instructor:** Chicago Elite Volleyball Academy Instructors

**Location:** The Community House

**Min/Max:** 8/30

**Fee:** \$120

**Keyholder Fee:** \$100

## Intro to Youth Field Hockey

**Ages:** 5-14 years

Field Hockey is a fast growing sport - be ready! Coaches will break down the rules of the game, teach how to handle the stick, dribble the ball, shoot on goal and pass and receive a ball.

**Equipment:** Participants can borrow stick for the duration of the class but must supply their own shin guards, mouth guards, and optional goggles.

**Registration will be open at a later date. Please check The Community House website for more information.**

## Beginner Boys' Lacrosse Fall Ball

**Ages:** 6-14 years

Fall Ball is for boys ages 6 to 14 designed to introduce new players to the game of lacrosse. Players will learn and develop lacrosse skills with fun drills and games. Players need a lacrosse stick. No other equipment is required.

**Code:** ALT-YTH-1014-68

**Dates:** 9/16-10/18

**Day:** W/SU

**Time:** 5:30-6:30pm

**Instructor:** 86ers Lacrosse Club

**Location:** KLM Park

**Min/Max:** 10/50

**Fee:** \$230

**Keyholder Fee:** \$200

## Intermediate Boys' Lacrosse Fall Ball

**Ages:** 8-14 years

Intermediate Fall Ball is for boys ages 8 to 14 who have some previous experience playing lacrosse. Players will improve their lacrosse skills and technique by training with current high school and club coaches. Participants will need to have a helmet, gloves, and stick.

**Code:** ALT-YTH-1014-69

**Dates:** 9/16-10/18

**Day:** W/SU

**Time:** 5:30-6:30pm

**Instructor:** 86ers Lacrosse Club

**Location:** KLM Park

**Min/Max:** 10/50

**Fee:** \$289

**Keyholder Fee:** \$250



*Unlock Savings*  
**Become a Keyholder**



## A+ Active Adults

Whether you enjoy theatre, music or simply getting together with friends, the Active Adults program at The Community House has something for everyone. We have a variety of card groups, exercise classes and art programs in addition to our day trips and special in-house events. Come by yourself or bring along a friend and join in one of our many offerings for active adults in the community. **For more information and a current listing of day trips and special events or to become a member, call 630-323-7500 ext. 0.**

## Indian Prairie Computer Club

Meets the second Wednesday of each month at 9:30am. This group offers periodic presentations by guest speakers or club members, as well as general question and answer sessions.

## Book Discussion Group

This group meets the first Monday of each month at 10:00am in the A+ Room at The Community House. This is a small and friendly group that welcomes newcomers and reads some great selections. Join them for some interesting discussions. See the Active Adults newsletter for the latest selections.

## Block of the Month Club

**3rd Saturdays of each month, 9:30- 11:30am**

This group of women shares a love and passion for sewing, quilting, and creating artwork with textiles. They meet monthly to share ideas and techniques to improve skills and talent. Maximum 15 people.

## AARP Tax-Aide needs volunteers for the 2021 Tax Year Filing Season

Looking for a rewarding opportunity to make a difference in your community? The AARP Tax-Aide Program is now seeking volunteers for the upcoming filing season. It's not necessary for you to be an AARP member or have a tax or accounting background to volunteer. However, some knowledge of your own personal tax matters is very helpful.

All returns are prepared on computers, thus volunteers should be somewhat computer literate. Training classes will be held in January, 2021.

This income tax preparation and assistance is offered to low and middle income individuals with special attention to those 60 yrs & up. To volunteer, visit [www.aarp.org/taxvolunteer](http://www.aarp.org/taxvolunteer) utilizing either the GOOGLE CHROME or MICROSOFT EDGE web browser to access and complete an application. Volunteer Registration for the upcoming tax season will close on December 31, 2020.

**YOUR TRUSTED COMMUNITY**  
**NON-PROFIT SINCE 1941**



### **Adult Archery**

**Ages: 18 years & up**

Learn the basics of archery including how to handle a bow, a 9-step program for shooting an arrow from a bow, and range safety in this adults-only class. We teach proper technique and vary target distances so that adults can participate at their own ability levels. Exciting games will also be played thereby offering lots of fun for everyone. Discover this relaxing and rewarding sport that will give you a lifetime of enjoyment! Recurve bows, arrows and targets will be provided, but you may use your own equipment with instructor approval.

**Code:** AF-SNR-1015-68

**Date:** 8/31-10/12

**Day:** M

**Time:** 5:45-6:30pm

**Instructor:** Sports Kids

**Location:** KLM Park

**Min/Max:** 6/8

**Fee:** \$68

**Keyholder Fee:** \$54

### **Zumba**

**Ages: 18 years & up**

Dance fitness for all exercise levels. This is a dynamic class with energetic music blending Latin and world rhythms with easy to follow dance moves to provide a fun total body workout. Come join the party!

**Code:** AF-SNR-1013

**Date:** on-going, classes start October 16\*

**Day:** F

**Time:** 9:00-9:45am

**Instructor:** Sima Mehta Madhiwala

**Min/Max:** 6/30

**Location:** The Community House

**10-Punch Card:**

**Fee:** \$175/Daily Fee: \$18

**Keyholder Fee:** \$150/Daily Keyholder: \$16

\*No class 11/27 and 12/25

### **Adult Taekwondo (all belt levels)**

**Ages: 14 years & up**

Taekwondo, one of the newest Olympic sports, is a 2000-year-old martial art, offering a variety of benefits for people of all ages and physical abilities. Students have the opportunity to improve concentration and self esteem, achieve lifelong physical fitness, and learn self-defense skills. Restricted to high school students and older, this program concentrates on Taekwondo techniques through the study of forms, stances, and the skills of punching, kicking, and blocking. This is a great program for those looking to maintain and improve their physical fitness. Belt testing is offered through KH Kim Taekwondo at an additional fee and is held twice a year. All colored belt students are required to have complete sparring gears. A \$45 uniform fee is required at the first class.

**Code:** AF-SNR-1014-68

**Dates:** 9/9-12/23

**Day:** W

**Time:** 7:15-8:10pm

**Instructor:** KH Kim Taekwondo Staff

**Location:** KLM Lodge

**Min/Max:** 4/15

**Fee:** \$192

**Keyholder Fee:** \$176

# 37

## Adult Pickleball Ages 17 years & Up



### Small Class Pickleball Learn to Play

**Ages: 16 year & up**

Limited to 4 players. Learn the basic rules, strokes, scoring and strategy in a friendly small group setting. In two fun-filled weeks you will be part of the "fastest growing sport in America"! Please bring your own paddle.

Code	Date
AF-SNR-1001-67	9/15 – 9/24
AF-SNR-1001-68	9/29 – 10/8
AF-SNR-1001-69	10/13 – 10/22
AF-SNR-1001-70	10/27 – 11/5
AF-SNR-1001-71	11/10 – 11/19
AF-SNR-1001-72	12/8 – 12/17

**Days:** TU/TH

**Time:** 10:00 – 11:00am

**Instructors:** Bill Voigt

**Location:** The Community House

**Fee:** \$100

**Keyholder Fee:** \$90

### Small Class Pickleball Workshop "Improving Your Game"

**Ages: 16 years & up**

Limited to 3 players. Take it up a level with an active, fun and purposeful drills workshop. We will match you with your skill level. Experienced tennis and paddle players welcome! Please bring your own paddle.

Code	Date
AF-SNR-1001-73	9/15 – 9/24
AF-SNR-1001-74	9/29 – 10/8
AF-SNR-1001-75	10/13 – 10/22
AF-SNR-1001-76	10/27 – 11/5
AF-SNR-1001-77	11/10 – 11/19
AF-SNR-1001-78	12/8 – 12/17

**Days:** TU/TH

**Time:** 11:30am-12:30pm

**Instructors:** Bill Voigt

**Location:** The Community House

**Fee:** \$100

**Keyholder Fee:** \$90

### Pickleball Open Play - Drop In

**Ages: 16 year & up**

All ages, genders and skill levels are welcome. Players will play games and rotate throughout the session. Register/sign in at the front desk.

**Purchase a 10 punch card for \$40; Kayholders \$35**

**Individual visit \$5; Keyholder \$4**

Dates	Day	Time
9/8-12/15	TU	1:00-3:00pm
9/10-12/17	TH	1:00-3:00pm

**Code:** AF-SNR-1002

**Location:** The Community House Gym

### CONNECT WITH US!





### Prime Time A+

**Age: 18 years & up**

This is an easy to follow on-going class that welcomes new members. Enjoy a low-impact workout designed to improve your cardiovascular fitness, strength, balance and flexibility. We are dedicated to enhancing your fitness by promoting health and well-being through exercise. You are welcome to come in and try a FREE trial class. Please stop at the front desk to sign in

**Code:** AF-SNR-1008

**Min/Max:** 5/50

**Dates:** On-going\*

**Days:** TU/W/TH

**Time:** 8:45 – 9:45am

**Instructor:** Cathy McAndrews

**Location:** The Community House

**10-class punch card**

**Fee: \$80**

**Keyholder Fee: \$60**

\*No class 11/26, 12/24, 12/29, 12/30, 12/31

### Ageless Yoga

This class is a virtual zoom class designed primarily for those with limited mobility. By modifying classic yoga exercises to easy standing poses and low impact work in a chair, students will have the chance to improve strength and flexibility in a way that is approachable and fun! No materials or prior experience required.

<b>Code</b>	<b>Dates</b>
AF-SNR-1005-67	9/11-10/23
AF-SNR-1005-68	10/30-12/18*

**Day:** F

**Time:** 10:30-11:30am

**Min/Max:** 4/17

**Instructor:** Sue Chilton

**Location:** The Community House

**Fee: \$45**

**Keyholder Fee: \$35**

\*No class 11/27

### Gentle Yoga

**Ages: 50 & up**

A slower paced class for older adults using yoga poses to maintain health and slow down the effects of aging. The gentle yoga poses and breathing promote wellness for mind, body and spirit. The benefits include increased energy, improved balance, flexibility, joint stability and an overall sense of well-being. Warm-up done seated on a chair and standing poses include chair access for balance. Cool down avoids any poses on the knees and belly. Bring a mat and a towel for support under your head.

<b>Code</b>	<b>Dates</b>
AF-SNR-1006-67	9/9-10/21
AF-SNR-1006-68	11/4-12/30*

**Day:** W

**Time:** 10:30 – 11:30am

**Instructor:** Carol Bailey

**Min/Max:** 5/20

**Location:** KLM Lodge 2nd floor, County Line Rd. Hinsdale

**Fee: \$80**

**Keyholder Fee: \$65**

\*No class 11/25 and 12/23

*Discount: \$10 for registering for Gentle Yoga and Mindful Vinyasa Yoga together.*

## Mindful Vinyasa Flow Yoga

**Ages: 18 years & up**

A beginner-friendly slow flow class linking breath to movement to achieve full mind, body and spirit alignment. The class will include traditional Sun Salutations and a mix of flowing and holding poses to gain strength and stability. Each class will include balance postures, core-focused movements and a full range of motion for healthy joints. No previous yoga experience required. Classes will have options so anyone from a beginner to an intermediate yoga student can enjoy the flow. No chair access. Please bring a mat and towel for knee support.

Code	Dates
AF-SNR-1012-67	9/7-10/19
AF-SNR-1012-68	11/2-12/28*

**Day:** M

**Time:** 10:30-11:30am

**Instructor:** Carol Bailey

**Location:** KLM Lodge 2nd floor, County Line Rd., Hinsdale

**Fee:** \$80

**Keyholder Fee:** \$65

\*No class 11/23 and 12/21

*Discount: \$10 for registering for Mindful Vinyasa Yoga and Gentle Yoga together.*

## Pilates Mat Mash-Up – Barre Above

**Ages: 18 years & up**

Toning, flexibility, better posture, increased core strength and the body/mind connection are achieved through our Mat Mash-Up work. A variety of equipment adds interest and “mashes-up” the workout so class is always different. Our classes blend the best of ballet, strength, yoga and Pilates, providing an exciting and effective class for all fitness levels. Hit the barre and see results! One punch card good for all classes. Please bring a mat to class. You are welcome to come for a FREE trial class. Stop at the front desk to sign in.

Day	Time
M/W	10:00-11:00am
TU	7:00-8:00pm

**Code:** AF-SNR-1003

**Dates:** On-going\*

**Instructor:** Cathy McAndrews

**Location:** The Community House

**15 punch card**

**Fee:** \$155

**Keyholder Fee:** \$135

\*No class 9/7



*Unlock Savings*  
**Become a Keyholder**

## SCHEDULE-AT-A-GLANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>8:45-9:45am</b> <i>Prime Time</i> Aerobics (Cathy)	<b>8:45-9:45am</b> <i>Prime Time</i> Aerobics (Cathy)	<b>8:45-9:45am</b> <i>Prime Time</i> Aerobics (Cathy)	<b>9:00-9:45am</b> <i>Zumba</i> (Sima)
<b>10:00-11:00am</b> <i>Pilates Plus (Cathy)</i>		<b>10:00-11:00am</b> <i>Pilates Plus (Cathy)</i>		<b>10:30-11:30am</b> <i>Ageless Yoga (Sue)</i>
<b>10:30-11:30am</b> <i>Vinyasa Flow Yoga (Carol) KLM Lodge</i>		<b>10:30-11:30am</b> <i>Gentle Yoga (Carol) KLM Lodge</i>		
<b>11:30am-12:30pm</b> <i>Sit, and Get Fit (Gail)</i>		<b>11:30am-12:30pm</b> <i>Sit, and Get Fit (Gail)</i>		
	<b>7:00-8:00pm</b> <i>Pilates Plus (Cathy)</i>			

The Village Tutors was formed to address the need for one-on-one, evidence-based academic support for students in our community. The tutors are trained in highly regarded programs such as the Wilson Reading System®, Wilson Foundations®, Lindamood-Bell® and the Rush Medical / Neurobehavioral Center's Executive Function Skills Building Program®.



The Village Tutors, along with our outstanding network of professionals, help families navigate the best possible educational path for their students. We believe that when evidence-based support is combined with compassion, students can realize their academic potential.

### **We welcome your questions!**

Email [thevillagetutorshinsdale@gmail.com](mailto:thevillagetutorshinsdale@gmail.com) or call Suzanne Petree, founder, at (708) 927-0187.

The Village Tutors support traditional/non-traditional learners from elementary school through college and beyond in the following areas:

- **STANDARDIZED TEST PREP** for the SAT/ACT, PSAT, Catholic HS Entrance Exam, ISEE, SSAT and GRE; writing support by a certified SAT/AP exam essay grader
- **FULL ACADEMIC SUPPORT** for English, Social Studies, Science, Math-ALL levels including AP and college
- **CRITICAL READING SKILLS** that support comprehension
- **FOREIGN LANGUAGE** support for French and Spanish
- **WRITING SKILLS** for analytical, academic, creative, DBQ and AP essays
- **EXECUTIVE FUNCTION SKILLS BUILDING** that include study strategies, homework help, test-taking/quiz strategies, time management, and organization
- **DYSLEXIA/LEARNING DIFFERENCES** reading and math
- **SKYPE/ONLINE** coursework and test prep support
- **COLLEGE CONSULTING, SEARCH, APPLICATIONS, ESSAY WRITING** services are billed hourly and can be scheduled 'as needed'-no package to purchase
- **CAREER GUIDANCE** for new grads, including resumes, online profiles, interview coaching and job search strategies

[www.thevillagetutors.org](http://www.thevillagetutors.org)

**Virtual and limited in person sessions available.**

**We are proud to be celebrating our 16th year at The Community House!**





# Celebrating 78 years of Cooperative Learning!

Register today for the 2020-2021 school year!

Join the HCP community  
and enrich your child's education  
with outstanding programs  
for Preschoolers  
AND Kindergartners!



Preschool Classes	Monday	Tuesday	Wednesday	Thursday	Friday
Just For Me Two (2 year olds)	9:00-11:00am				9:00-11:00am
Juniors (3 year olds)		8:45-11:10am	8:45-11:10am	8:45-11:10am	
Seniors (4 year olds)	8:45-11:15am	8:45-11:15am	8:45-11:15am	8:45-11:15am	

## Preschool Enrichment Classes

La Petite Masters Art – (4 by 1/1)*	11:15am– 1:40pm				
Discovery S.T.E.A.M. - (4 by 1/1)		11:15am-1:40pm			
BookWorms Preschool (4 by 1/1)*			11:15am-1:40pm		
Discovery Math – (4 by 1/1)*				11:15am-1:40pm	
Discovery Kids American Explorers					8:45-11:15am

\*Lunch Included

## Kindergarten Enrichment Classes

Discover Kids S.T.E.A.M.	12:30-2:45pm				
BookWorms Literacy Enrichment		12:30-2:45pm	12:30-2:45pm		
Discovery Kids World Explorers				12:30-2:45pm	
BookWorms Literacy Enrichment					8:45-11:15am

**Kindergarten Enrichment Programs** - Complement your child's Kindergarten year curriculum with one or both of the following classes:

**BookWorms- Tuesday or Wednesday 12:30-2:45pm** - Our most popular program! This class complements District 181 Literacy Programs by fostering an appreciation for literacy, rhyming, and word families through popular authors and illustrators, meeting the Kindergarten Common Core Standards. It also helps children develop techniques for problem solving, conflict resolution and handling emotions.

**Discovery Kids World Explorers– Thursday 12:30-2:45pm – A study of the countries around the world!** - Geography, science, literacy, music, drama and art—with the study of countries across the globe—this is Discovery Kids World Explorers! Each month students will visit a different country and learn about its geography, science, engineering, technology, art and culture, meeting the S.T.E.M Common Core Standards for Kindergarten.

**Discovery S.T.E.A.M. for Kindergarten - A science, Technology, Engineering, Arts and Math Enrichment class.** The Discovery S.T.E.A.M. program is a kindergarten enrichment class designed to develop invaluable 21st century skills of critical thinking collaboration, communication and creativity. Discovery S.T.E.A.M. integrates Science, Technology, Engineering, Arts and Math through hands-on activities in a student-centered format.

For more information and class descriptions visit us at [HinsdaleCommunityPreschool.org](http://HinsdaleCommunityPreschool.org) or call 630-325-7484.



Today's Date: \_\_\_\_\_  
 Family Last Name: \_\_\_\_\_ Parent Name: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
 E-Mail Address: \_\_\_\_\_  
 Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

School	Grade
T-Shirt	Height
Travel Exp.	Yrs. Exp.

Does the participant have any allergies, medical conditions, medications or any other medical issue staff should be aware of?  Yes  No (if yes, please explain): \_\_\_\_\_

**NEW ONLINE REGISTRATION! Join our online club and register anytime!**

Login: \_\_\_\_\_ Security Question: \_\_\_\_\_  
 Password: \_\_\_\_\_ Security Answer: \_\_\_\_\_

\* Save this information to register online. A valid email address is required for online registration.

**Program Information**

Code	Class Name	Participant Name	DOB	Gender	Fee

Are you or a member of your family a veteran?  yes  no **Total Payment Due:** \_\_\_\_\_

**Method of Payment** (please check one)

Cash  Credit Card  Check #: \_\_\_\_\_  Other: \_\_\_\_\_ Staff Initials: \_\_\_\_\_

**This section must be completed if you are using a credit card for payment:** CW/CVC: \_\_\_\_\_  
(3 digit code)

Cardholder's Name: \_\_\_\_\_

Credit Card Number: \_\_\_\_\_ Exp Date: \_\_\_\_\_

**Participant/Parent Signature:** \_\_\_\_\_

The above agrees to indemnify and hold harmless The Community House, its directors, officers, board of trustees, employees and agents from any and all claims for injury from any cause whatsoever arising out of or in any way connected with the above programs. I give permission for The Community House to use photographs or videos of those involved in the above programs for promotional materials. I have read and understand the specific refund policy for the above programs.

**Registration Information** - Most programs offer online registration at [www.thecommunityhouse.org](http://www.thecommunityhouse.org), click the "Register" button on the top right. Registration can also be accepted at the registration desk (see page 5 for hours).

**Refund Policy** - Refunds must be requested more than 3 business days prior to the activity start date. We are unable to offer refunds for classes within 3 days of the start or for classes that have already started. All refunds will be charged a \$10 processing fee per activity. Customers may have their refund be processed as an in-house credit and use the credit for any program offered by The Community House. In house credits are charged a \$5 processing fee, are non refundable and are available for use for up to one year after issue date. If The Community House cancels an individual class during a session, a make up class will be scheduled. We are unable to offer refunds for Memberships purchased. Once approved, refunds are processed in the format of the original payment within 21 days. Events or programs that require a ticket purchase are not eligible for refunds. Summer Day Camp, Kiddie Camp and the After School Achievement Program participants must request a refund 24 hours in advance of the start of the program taking place. These programs will not offer refunds for days that have already

occurred. Transfers will not be granted for these programs but customers may request an in-house credit to use for the program of their choice. It may take up to 3 business days from the request for in-house credit for the credit to be available for use.

**Transfer Policy** - Participants in some classes may request to transfer from one class to another. Not all classes allow transfers. A \$5 transfer fee must be paid before the transfer is processed.

**Photo/Video Policy** - The Community House staff regularly photographs or videotapes participants in programs and at events. These photos are the property of The Community House and may be used in publications, brochures, flyers, websites, video productions or other marketing outlets. The Community House will protect the identity of those used in our promotional materials.

**Jordan Crist Scholarship Fund** - The Community House strives to make all programs available to all people. Through the generous donations and efforts of family and friends, the Jordan Crist Scholarship Fund was created to provide assistance to those in need. Please stop by the front desk for a scholarship application. To make a donation to the J.C.S.F. call The Community House, 630-323-7500 ext. 222.

**Programming** - The Community House provides a wide variety of programming for a wide variety of ages. We welcome your input on our current programs and invite you to share your ideas for future programming, email or call Dan at [djanowick@thecommunityhouse.org](mailto:djanowick@thecommunityhouse.org) or 630-323-7500 ext. 222.



## UNLOCK SAVINGS

BECOME A KEY HOLDER!

Keys to The House provides key holders with 365 days of exclusive benefits and VIP access to every door at The Community House.

### BENEFITS

- Early access to registration
- Discount on facility rentals
- 15% off program registration
- Exclusive programs for key holders

Even more benefits!...

- Unlimited use of the walking track and open gym
- Waived registration fees for Before/After the Bell families
- Spare keys - guest passes for the track and gym
- Exclusive savings at area businesses

### PACKAGES

Family\* – \$180  
 Individual/Child – \$100  
 Active Adult Couple – \$65  
 Active Adult Individual – \$45

*\*With a contribution of \$1,000 or more to The Community House, you receive a complimentary set of keys for the whole family.*



[thecommunityhouse.org](http://thecommunityhouse.org)



630-323-7500



415 West Eighth Street - Hinsdale

Key holder status must be valid on the **start date** of the program to receive program benefits.

# THIS COULD TAKE A WHILE!

## WE WILL GET THERE ...

**REGISTER + DONATE AT:**  
**ROTARYRUNCHARITYCLASSIC.COM**

**\$25 Entry Fee**  
**\$90 Family Discount**

**REGISTER ONLINE NOW!**

### 2020 Sponsors:

Hinsdale Bank & Trust: 10K Run

The Rooney Family: 5K Run

The Birches: 5K Walk

MPS Loria: 3K Run

Napleton Porsche: 3K Walk

Mutt Strut

**HINSDALE BANK**  
A TRUST COMPANY  
A FIVE STAR COMPANY

**The Birches**  
Assisted Living

**PORSCHE**  
Napleton Porsche

**MPS LORIA**



### Benefiting Local Charities:

District 181  
**FOUNDATION**

**HINSDALE HOSPITAL FOUNDATION**

**THE COMMUNITY HOUSE**

**Ray Graham Association**  
Empowering people with disabilities to reach, grow and achieve!

**ROTARY CLUB OF HINSDALE FOUNDATION**

# 2020



## - VIRTUAL RUN -

**Grand Marshal:**

*Dr. Hector Garcia, Superintendent of D181 Schools*

# 9/20-10/4

**SUNDAY**