

2020

Winter/Spring Guide



THE
COMMUNITY
HOUSE



Walk the Walk

WITH US ON APRIL 26!

CONNECT WITH US!



415 West Eighth Street • Hinsdale, Illinois 60521 • www.thecommunityhouse.org

Keyholders 12/10/19 | Registration: 12/17/19

Who Doesn't Love Options?

Especially when it comes to making a difference.



Considering a charitable gift this year?

There are a number of ways to ensure your money can not only work for you, but also make a difference. Consider making your Mandatory IRA Distribution or Gift Appreciated Stock Contribution to The Community House this year. Every gift has an impact on our ability to achieve our mission as a 501-C3 Non-Profit.

OPTION 1

IRA Distribution

If you're age 70 and a 1/2 or older (even if you don't look it!), you can direct your tax distribution to a charitable organization and avoid the income tax on the withdrawal/distribution. Please consider The Community House as your charity of choice for this great tax benefit!

OPTION 2

Appreciated Stock

By gifting appreciated stock, you will have the satisfaction of knowing your money is invested in a cause that is important to you, like The Community House. You will also be eligible to receive an income tax charitable deduction for the full fair market value of the stock at the time of the gift while avoiding capital gains taxes. A true win/win!

Call Annie Krug, The Community House Executive Director at 630-323-7500 Ext. 227 to learn more or email akrug@thecommunityhouse.org. You can also contact your Financial Advisor for more information.

I try to get to The Community House early a few times a week. I know – early is relative.

From the Desk of
The Executive Director

3

But, if I'm here before 8:00 AM, I can swing by a table of friends gathered near the fire place on a cold day (or outside on the south patio during the warm weather). They are, most definitely, active adults. And, truth be told, one of them was my neighbor when I was in grade school... she's always been cool.

By the time I get here, they have walked endless laps on the track and are on their second cup of coffee – as I said... early is relative. They sit together, as they have for years and they discuss their latest book, the week's dinner plans or which of our Lunch & Learn programs they will attend this week.

Their connection to each other, and to us, is longstanding and deep. They are most definitely a part of our community. We are a community of thinkers, walkers, artists, athletes, card players and theatre lovers. Our work, our mission, indeed our purpose – spans ages, geography, skill levels, interest and financial means.

We are on the eve of the holiday season, and the New Year will be here before we know it. It's the time of year for giving, making promises, sharing memories and looking ahead. We hope The Community House is a part of all of those moments for you this season. As the community's trusted non-profit since 1941, this organization is sustained by philanthropic support. Our donors bring our mission to life – every day. Annual events like the Holiday Ball, the Walk, 3:3 or the Patrons Party – all create moments to gather, celebrate and raise critical funds for our work. Our Community Partners, Bank Coalition and Foundations, showcased on page 9, generously support our work and are owed our heartfelt appreciation. We kindly ask that you remember The Community House in your year-end giving. The options outlined to the left – a gift of your mandatory IRA distribution or a gift of appreciated stock – are powerful ways to make a transformative impact on our work.

As you think forward to 2020, make a resolution or two....learn to paint, join a league, take a trip, or log a few miles on our track. Join our community. Come and play. Our active adults inspire us every day. Our little ones make us smile. The athletes, the artist, the card players and the RPG kids...they bring energy and excitement to our halls.

At this time of year when we are reminded of family and friends, when we gather and give thanks, when we celebrate traditions, please know that we are so very thankful for the time you spend with us, for the gifts you share and the community you have built.

Have a wonderful Holiday Season!

MY NEW YEAR'S RESOLUTION - TO LACE UP AND HIT THE TRACK . . . SEE YOU THERE!



My best,

Annie Horton Krug

Executive Director

Follow me on Twitter: @AKrugTCH

**YOUR TRUSTED COMMUNITY
NON-PROFIT SINCE 1941**

THE COMMUNITY HOUSE

415 W Eighth St • Hinsdale, IL 60521 • 630-323-7500

The Counseling Center - We know it's easy to feel stuck or overwhelmed, but whatever you're going through, you don't need to do it alone. Our therapists at The Counseling Center are committed to helping you or your child, providing support and strategies to tackle whatever struggles you may be facing.

Willowbrook Corner - Our Willowbrook Corner Youth Learning Program offers after school programs that provide educational/ study time and a variety of activities, a summer learning program, and other programs and support for parents.

Youth Programming - We have plenty of programs for kids: sports camps and leagues, day camps, after school programming, theatrical opportunities, educational opportunities, and more!

Ly Hotchkin Arts Program - Experience the joy of discovery and creation that comes through all expressions of art. We offer opportunities for all ages!

Theater - Stage Door, our resident theater company, provides a theatrical outlet for children of all ages through stunning performances. They also offer theater classes through our Ly Arts Program.

Adult Programming - Our Active Adults program offers a variety of card groups, exercise classes and interest groups, in addition to our day trips and special in-house events. Come by yourself or bring a friend!

Facility Rental - With rooms that can seat from 10 to 300 people, a convenient and easily accessible location with plenty of off-street parking, and an atmosphere that can suit either a casual or formal event, The Community House is the perfect venue for your next event.

Volunteer - Volunteer opportunities are available for students, professionals, retirees, stay-at-home parents and families. We offer something for everyone!



Based in Hinsdale and serving the surrounding suburbs, The Community House makes a difference in the lives of thousands of local families.

Executive Director Letter	3
Contents	5
Summer Day Camp	7
Patron Party Thank You	8
Community Partners	9
Counseling Center	10
3 on 3 Basketball Thank You	11
Volunteers	12
Birthday Parties	13
Special Events	
Stage Door Fine Arts	14
Easter Egg Hunt & Breakfast	15
LyArts	
Preschool	16, 17
Youth	18 – 21
Adult	22, 23
Preschool	
Enrichment	24
Athletics	25 – 29
Youth	
Enrichment	30
Athletics	31 – 38
Adults	
Events & Trips	39, 40
Enrichment	41, 42
Athletics	43, 44
Fitness	45 – 47
Resident Organizations	
Village Tutors	48
Preschool	49
Community House Information	
Our Services	4
Registration Form	50
Registration Information	51
Membership Information	51



WALKING TRACK

Monday – Friday 7:00am – 9:00pm

Weekend hours 7:30am – 8:00pm

For **Open Gym Hours** visit www.thecommunityhouse.org.

BUILDING HOURS

Monday – Thursday 8:00am – 8:00pm

Friday 8:00am – 6:00pm

Please call for weekend hours.

The Building is Closed on . . .

December 24 - Christmas Eve

December 25 - Christmas Day

January 1 - New Year's Day

May 25 - Memorial Day

Hold Your Next Event at Our House

Our beautiful house, your beautiful house, The Community House! If you attended our Patron Party, you likely enjoyed a beverage on our South Patio under our new twinkling lights! We look forward to seeing you spending lovely evenings with your friends and family under those lights when the Spring arrives. The lights and new landscape elements aren't the only upgrades happening at The Community House. We're also making much needed changes to Kettering Hall that will enhance our theater productions and offer more options to those who rent the space for meetings or events! We look forward to continuing to provide a unique setting for a variety of events and meetings in an easily accessible location!

CONNECT WITH US!



Don't Wait to Register!

Don't wait until the last minute to register for a program or class. Some classes are cancelled because people wait until the day a program starts to sign-up.

Some programs require "in person" registration.

PHONE DIRECTORY

Staff Phone 630-323-7500

Executive Director

Annie Horton Krug - ext 227

Administrative Staff

Gerilyn Johnson, Finance Director - ext 236
Dan Janowick, Director of Operations - ext 254
Judy Tittelbach, Business Manager - ext 241
Sue Wojnowski, Office Manager - ext 0
Front Desk - ext 0

Youth Recreation

Beth Hahn, Program Director - ext 247
Kelci Bednar, Recreation and Arts Supervisor - ext 237
Taylor Enger, Recreation Supervisor - ext 248
Jillian Spizzirri, Recreation Supervisor - ext 253

Adult Programming

Kate Vogts, Active Adults Director - ext 225

Arts Programming

Jimmy McDermott, Director, LyArts Program - ext 240

CONNECT WITH US!



Advancement

Trish Leurck, Interim Director of Advancement - ext 222
Maggie Weiterman-Skinner, Marketing Coordinator - ext 224
Cara Romanini, Advancement Services Manager - ext 250

Volunteer Services & Donor Relations

Marcie B. McGonagle, Director - ext 228

The Counseling Center

Intake - ext 239
Robert Agnoli, LCSW, CPAIP, Director of Mental Health Services

Facility Staff

Robert Dorneker, Facility Manager - ext 226
Gina Hosch, Event Coordinator - ext 235

BOARD OF TRUSTEES

Braden Waverley, Chair

Jeff Akers

Artemis Anos

Michael R. Ascher

Trayce Biancalana

Robert Brown

Jennifer Sherman Cherry

Nicholette Cutrera

Michael J. Devine

Dimitri Eliopoulos

Dixie Lee Erwin

Kate Fridholm

Luke D. Goodwin

Alyssa Guido

Mary Blue Henneman

Peter Jarosz

Lisa C. Lambert

Simrit Patel

Clay Naccarato

Linda Riordan

David Risinger

David Rogero

Eileen Sachanda

Stephanie Seppanen

Elisa Templeton

Jenny Templeton

William White

LIFE TRUSTEES

Ardie Baroni

Winston C. Black, Jr.

Kevin R. Burke

Norman V. Chimenti

Michael P. Connelly

Robert C. Early

David W. Fox

William S. Gray

Lavina Gross

Ann E. Grube

Kenneth W. Hadland

Ly Hotchkin, Honorary

James Hultquist

Dick Johnson

William F. Kaczynski, Jr.

Dennis J. Keller

Fred A. Krehbiel

Harriet Luebchow

Jay W. McGreevy

James D. Parsons

Suzanne L. Petree

Sally S. Porter

Phillip B. Rooney

John L. Rose

Edward F. Ryan

Frank W. Swan

Katharine V. Sylvester

George S. Trees, Jr.

James G. Tuthill, Jr.

SUMMER DAY CAMP 2020

June 8th - August 14th

8

Patron Party
Thank You!



**THANK YOU
FOR
ATTENDING
THE 2019
PATRON
PARTY!**



Our sincere thanks to Ann and John Grube & Sally and Jim Porter for hosting the event and The Community Players for their epic performance!

HERE'S TO A COMMUNITY OF VISIONARIES, LEADERS AND PHILANTHROPISTS!

The mission of The Community House is generously supported by individuals, corporations and foundations. Their belief in our mission is critical to all those we serve. The following are owed our abiding gratitude for their financial partnership from July 1, 2018 - June 30, 2019...

Community Partners

These corporations provide unrestricted dollars to The Community House on an annual basis.



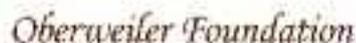
Bank Coalition

These financial institutions provide financial support for our work in Willowbrook Corner and their employees volunteer their time and talents to help with financial literacy in the community.



Foundation Partners

We are so very fortunate to have our mission supported by such incredible foundations.



10

Counseling Center
We are here for you!

**You're
always
welcome at**
Our House

**You already trust us with your family—
trust us with your mental health, too.**

Since 1975, The Counseling Center at The Community House has been helping people navigate life and overcome challenges in a comfortable, convenient environment.

**We Accept
Blue Cross/Blue Shield**



THE COUNSELING CENTER
AT
THE COMMUNITY HOUSE

(630) 323-7500 Ext. 239



THANK YOU

TO OUR SPONSORS



A little rain didn't stop us from bringing our game!
Thank you to our sponsors and all the teams who participated.

Your support impacts our ability as a Non-Profit organization to fulfill our mission of encouraging everyone to #ComeOutandPlay.

12

Volunteer Today!
All Ages



CALLING ALL HIGH SCHOOL STUDENTS

**Join The Community House Junior Board
and give back to your community!**

VOLUNTEER

**VOLUNTEER OPPORTUNITIES EXIST
WITHIN THE COMMUNITY HOUSE:**

Help with an After School program for elementary students, Jodie Harrison Basketball, Walk the Walk . . .
and much more!

Please contact the Volunteer Services Department and let us match you with these opportunities or at other local organizations. Anyone can volunteer: Groups and individuals, students, professionals, retirees, stay-at-home parents, and families. **We need your help!** Please contact *Marcie McGonagle, Director of Volunteer Services and Donor Relations: 630-323-7500, ext. 228.*

S.T.E.M. Birthday Parties

Pick and choose from over 12 themed birthday parties! Our parties include an hour and half of teacher lead activities and goodie bag items! We'll also supply table clothes and cupcakes too! (per request and additional charge.)

Code: ENR-YTH-1022-68

Instructor: The Whole Child Learning Company

Keyholder Fee: \$25 per child attending the birthday party

Birthday Parties:

- **Harry Potter** - Create potions and make a wand
- **Superheroes** - It's a bird, it's a plane! Make your own cape and find your own super power
- **Slime** - Its' time to get messy! We'll make at least 3 slimes to take home
- **Messy Chemistry** - We'll explore principles of chemistry while having messy fun! Make exploding potions, slime and more
- **Princess** - make lace crowns and a cotton candy slime! This is for the girly girls!
- **Spa** - make lotions, lip gloss and bubble bath
- **Baking** - We'll bake some treats, eat them or take them home!
- **Bugs and Butterflies** - we'll do several crafts, make a bug collector jar and take home live bugs
- **Fairytales** - Three Little Pigs, Jack and the Beanstalk and Fairy dust bottles are activities we might explore
- **Lego** - Monsters, a lego spoon race and lego car races are some of the activities
- **Spy** - Fingerprint science and a secret message decoder and more
- **Star Wars** - Erupting death stars, marshmallow shooters, and a pool noodle light sabre
- **Magic** - Let us entertain and captivate your children in a unique blend of comedy and magic! The birthday boy/girl gets to participate throughout the show and will be suspended in mid-air - a perfect photo opportunity! All parties include a magic workshop where participants learn 6 magic tricks to keep and take home!

Art Party

Ages: 5 & Up

Instructor Gabrielle Tufano leads a 90 minute art project for up to 15 kids customized to your party. All in our art studio on Saturday afternoons contingent on availability of space. Room available for 2 hours (plus set up and break down time) Must have at least 2 weeks notice to reserve.

Code: AP-YTH-1028-1

Keyholder Fee: \$300

Sports Birthday Party

Ages: 5-14 years

If your child loves sports, then this is the party for them! Choose one of our offered sports: Basketball, Cheerleading, Dodge-ball, Non-contact Football, Soccer and Volleyball. Birthday parties include instructor to implement and run activities, all sports equipment, and party room

Code: ATL-YTH-1013-68

15 Kids (\$300)

16-24 Kids (\$325)

25-30 Kids (\$350)

Birthday Party with a Character

Choose from 15 different characters to make a guest appearance to your child's party! Choose one: Active games, makeovers, crafts, singing or hero training, interactive story telling. Pricing includes 8 children for each makeover or craft activity and 1 hour of character appearance. Additional children with additional time (makeovers) or \$3/child (craft).

Code: ENR-YTH-1022-70

Keyholder Fee: \$300

***Non-Keyholders add \$40 to final price.**

Add our Pizza package, and we will provide 2 extra large cheese pizzas, Gatorade, water, plates, cups and napkins for \$50.

Parties are 2 hours long - 1 hour session, plus 1 hour for food, cake and presents. Please schedule your party at least four weeks in advance. Dates and times based on availability. Call 630-323-7500, for more information and availability. Parties cancelled 7 days or less prior to scheduled date of party are non refundable.

Parties can be customized to fit your needs and your child's interests – just ask!

TICKETS NOW ON SALE!

SD FA STAGE DOOR FINE ARTS

THE COMMUNITY HOUSE

SHREK
THE MUSICAL

JANUARY 17TH - 26TH
THE COMMUNITY HOUSE
415 W. 8TH ST, HINSDALE

FOR TICKETS OR MORE INFORMATION VISIT

**WWW.THECOMMUNITYHOUSE.ORG OR
WWW.STAGEDOORFINEARTS.COM**

**Join us for auditions for our
Soon to be announced
Spring Shows!**

February 22nd
2nd-8th Grade

February 29th
High School

FOLLOW US ON SOCIAL MEDIA FOR SHOW ANNOUNCEMENTS!

 /stagedoorfinearts

 /stage_door

 /stagedoorfinearts

 /stagedoorfinearts



Breakfast with The Easter Bunny!

Age: Any

Before the egg hunt begins, be one of the lucky few to hop into The Community House for a delicious hot breakfast and one on one time with the Bunny! Last year's delicious breakfast included scrambled eggs, French toast, hash browns, Danishes, cinnamon rolls, donuts, pancakes, fresh juice, and coffee. Everyone in attendance will be given the chance to beat the crowds for a special photo with the Bunny. After your breakfast, bring your baskets and hop on over to Robbins Park to hunt for eggs! Children under 1 year old FREE with paying adult.

Code: ENR-YTH-1002

Date: 4/11

Day: SA

Time: 9:00-10:15am

Location: The Community House

Min/Max: 30/100

Fee: \$19

Keyholder Fee: \$16

Easter Egg Hunt

Bring your baskets and hop on over to Robbins Park to hunt for eggs and visit with the Easter Bunny! Areas will be divided by age group and there will be a petting zoo in the park. There will also be kids crafts and activities inside The Community House immediately after the egg hunt. This free event is coordinated with the Village of Hinsdale Parks and Recreation Department and will be held rain or shine!

Location: Robbins Park (directly east of The Community House)

Day: SA

Date: 4/11

Time: Promptly at 10:30am

Fee: Free



16

LyArts Newborn - 6 years



This program is partially supported by a grant from the Illinois Arts Council Agency.

PRESCHOOL ARTS

Kindermusik

Kindermusik is an early childhood music and movement program that nurtures cognitive, emotional, social, language and physical development. This internationally renowned program is recognized for its ability to develop literacy, language, listening, problem solving, social, self-esteem and musical skills. Must be the correct age by the first class.

Instructor: Lynn Di Gianfilippo

Location: The Community House

Min/Max: 4/10

Away We Go!

(A Family Time Program - up to 3 children with adult)

Age: Newborn-5 years

Code: AP-PRE-1002-1

Dates: 2/4-4/28*

Day: TU

Time: 1:00-1:45pm

Fee: \$245

Keyholder Fee: \$210

Required home kit \$55/paid to instructor at 1st class.

*No Class 3/31

Imagine That-Toys I Make-Trips I Take

Age: 3-5 years

Code	Date	Day	Time
AP-PRE-1002-2	TU	2/4-5/12*	2:15-3:00pm
AP-PRE-1002-6	W	2/5-5/13*	1:00-1:45pm

Fee: \$245

Keyholder Fee: \$210

Required home kit \$60 with backpack, \$65 without backpack paid to instructor at 1st class.

*No Class 3/31(TU) and 4/1(W)

Young Child 3

Age: 5-7 years

Code: AP-PRE-1002-3

Dates: 2/4-5/12*

Day: TU

Time: 4:30-5:45pm

Fee: \$295

Keyholder Fee: \$255

Required home kit \$75/paid to instructor at 1st class.

*No Class 3/31

Our Time - Away We Go!

Age: 18 months-3 years (with adult)

Code: AP-PRE-1002-4

Dates: 2/5-5/13*

Day: W

Time: 10:15-11:00am

Fee: \$245

Keyholder Fee: \$210

Required home kit \$55/paid to instructor at 1st class.

*No Class 4/1

Music Together with Tiny Toes

Ages: newborn-6 years (with parent/caregiver)

Each week, babies, toddlers, preschoolers, and the grownups who love them gather for 45 minutes of fun-filled family music time with Tiny Toes Music. Your teacher will lead you in music activities ranging from lullabies to full-on jam sessions (with child-friendly instruments, of course!). In Music Together's mixed age classes, everyone participates at their own levels: babies vocalize, listen and observe; toddlers play and experiment; and preschoolers build confidences as they emerge as classroom leaders. Grownups are happy because everyone can come to class together! You'll take home the award-winning music used in class, along with an illustrated songbook and other resources. You'll be supporting your child's music-learning and overall development all week long as you discover new ways to play with music together. Infant siblings under 9 months attend for free and any caregiver (parent, nanny, or grandparent) can participate.

Sundays

Code	Date	Time
AP-PRE-1003- 1	1/12-3/1	11:00-11:45am
AP-PRE-1003- 2	1/12-3/1	12:00-12:45pm
AP-PRE-1003-11	4/5-5/31*	11:00-11:45am
AP-PRE-1003-12	4/5-5/31*	12:00-12:45pm

* No Class Easter Sunday (4/12), to schedule a make up class visit tinytoesmusic.com/makeups

Tuesdays

Code	Date	Time
AP-PRE-1003-3	1/14-3/3	9:00-9:45am
AP-PRE-1003-4	1/14-3/3	10:00-10:45am
AP-PRE-1003-5	1/14-3/3	11:00-11:45am
AP-PRE-1003-13	4/7-5/26	9:00-9:45am
AP-PRE-1003-14	4/7-5/26	10:00-10:45am
AP-PRE-1003-15	4/7-5/26	11:00-11:45am

Wednesdays

AP-PRE-1003-6	1/15-3/4	9:00-9:45am
AP-PRE-1003-7	1/15-3/4	10:00-10:45am
AP-PRE-1003-21	1/15-3/4	11:00-11:45am
AP-PRE-1003-16	4/8-5/27	9:00-9:45am
AP-PRE-1003-17	4/8-5/27	10:00-10:45am
AP-PRE-1003-22	4/8-5/27	11:00-11:45am

Fridays

AP-PRE-1003-8	1/17-3/6	9:00-9:45am
AP-PRE-1003-9	1/17-3/6	10:00-10:45am
AP-PRE-1003-10	1/17-3/6	11:00-11:45am
AP-PRE-1003-18	4/10-5/29	9:00-9:45am
AP-PRE-1003-19	4/10-5/29	10:00-10:45am
AP-PRE-1003-20	4/10-5/29	11:00-11:45am

Min/Max: 6/12

Instructor: Tiny Toes Music

Location: The Community House

Fee: \$215

Keyholder Fee: \$197

\$50 Siblings Discount online or in-person

LyArts
Ages Newborn - 6 years

17

Handprints: Messy Mixed Media

Ages: 3-6 years

Calling all junior artists! Come dressed for a mess and explore art making in this messy class. Inspired by a particular story and theme presented at the start of each class, children will have fun creating their very own art projects. Drop-off optional, parents and caregivers welcome. Child must be toilet independent or use pull ups. Students are suggested to bring old, oversized shirts to wear as smocks.

Code	Date
AP-PRE-1004-1	2/7-3/13
AP-PRE-1004-2	4/17-5/29*

Day: F

Time: 11:45am-12:30pm

Instructor: Molly Haworth

Location: The Community House

Min/Max: 5/12

Fee: \$115

Keyholder Fee: \$100

*No Class 5/15

Mulhern Irish Dancing School - Intro.Dance Lessons

Ages: 3-5 years

Come out and get stepping in one of the fastest growing dance forms anywhere! Our class focuses on the fundamentals of rhythm, feet placement and body position. This is a fun filled class for kids who would like to learn about Irish Dance and who have not had any previous Irish Dance instruction.

Code: AP-PRE-1001-1

Dates: 1/10-5/15*

Day: F

Time: 4:00-4:45pm

Instructor: Mulhern Irish Dance Instructors

Location: The Community House

Min/Max: 2/5

Fee: \$276

Keyholder Fee: \$240

*No Class 1/17, 3/13, 4/10, 4/17

CONNECT WITH US!



18

LyArts

Ages 6-16 years

YOUTH ARTS

2-D Studio: Painting/Drawing

Ages: 10-16 years

Spark your imagination. Develop your artistic vision. Learn to utilize the fundamentals of drawing and painting elements, principles, techniques in producing art. Parents or family members may be asked to participate in one painting experience. Take the course a second session for further exploration and creativity. For students at any level of experience or curiosity. Some supplies provided. Additional individual supply list provided by instructor. Students are suggested to bring old, oversized shirts to wear as smocks.

Code	Date
AP-YTH-1014-2	2/3-3/9
AP-YTH-1014-3	4/6-5/18*

Day: M

Time: 4:30-6:00pm

Instructor: Pam Kalafut

Location: The Community House

Min/Max: 5/12

Fee: \$166

Keyholder Fee: \$145

*No Class 5/11

Baking for Winter and Spring

Kids make seasonal cuisine. Bake for your Valentine. Decorate Spring pastries. And learn a couple tricks for the kitchen.

Each class features gluten free, dairy free and traditional recipes.

Baking: Lovin' Oven

Age	Code	Date	Day
6-9yrs	AP-YTH-1012-1	2/4	TU
9-14yrs	AP-YTH-1012-2	2/5	W

Flour Power

Age	Code	Date	Day
6-9yrs	AP-YTH-1012-3	4/7	TU
9-14yrs	AP-YTH-1012-4	4/8	W

Time: 4:00 - 6:00pm

Instructors: Dan & Danielle from The Sweet & Savory Spot

Location: The Community House

Min/Max: 5/12

Fee: \$55

Keyholder Fee: \$45

Stage Door Fine Arts Theatre Workshops

These monthly workshops will benefit actors of all experience levels. Topics include monologues, voice and diction, characterization, physical acting, and musical theatre dance. Come explore a different topic each month and be introduced to the exciting world of theatre.

Instructor: Stage Door Fine Arts Staff

Location: The Community House

Min/Max: 5/20

Fee: \$50

Keyholder Fee: \$40

Nail Your Audition!

Show off your best self at your next audition by learning audition techniques, dos and don'ts of the big day, and how to nail your audition!

Grade	Code	Date	Time	Day
3rd-7th	AP-YTH-1013-2	2/13	4:00-5:30pm	TH
8th -12th	AP-YTH-1013-3	2/13	6:00-7:30pm	TH

Let's Dance! A 5-6-7-8!

Learn lots of musical theatre steps and Broadway choreography. This is a great class for any dance skill level!

Grade	Code	Date	Time	Day
3rd-7th	AP-YTH-1013-4	3/19	4:00-5:30pm	TH
8th -12th	AP-YTH-1013-5	3/19	6:00-7:30pm	TH

Acting Out!

Learn how to build new characters and step outside the box with creativity in this class on character and scene development.

Grade	Code	Date	Time	Day
3rd -7th	AP-YTH-1013-6	4/16	4:00-5:30pm	TH
8th-12th	AP-YTH-1013-7	4/16	6:00-7:30pm	TH

Whose Line is It Anyway?

A super fun class that explores improvisation for the stage through games, drills, and simple scenes.

Grade	Code	Date	Time	Day
3rd -7th	AP-YTH-1013-8	5/14	4:00-5:30pm	TH
8th-12th	AP-YTH-1013-9	5/14	6:00-7:30pm	TH

PAY FOR ALL 4 WORKSHOPS AND SAVE

Grade	Code
3rd-7th	AP-YTH-1013-1
8th-12th	AP-YTH-1013-10

Dates: 2/20-5/14

Fee: \$170

Keyholder Fee: \$140

Comedy Improv-Young Actors Studio

Ages: 9-13 years

Back by popular demand, improv for kids. Kids will enjoy working with award winning actress trained at Second City and the Groundlings in LA. This class will be insanely fun! Limited space is available--sign up now.

Code	Date	Day
AP-YTH-1011-1	2/6-3/19	TH
AP-YTH-1011-2	4/8-5/20	W

Time: 5:00-6:30pm

Instructor: Mina Dillard-Gits

Location: The Community House

Fee: \$200

Keyholder Fee: \$185

Brushwork: Painting/Drawing:

This class offers a variety of drawing, painting and printmaking materials to study line, shape, and composition. Students will work independently and in groups to explore and develop their unique artistic expression. The class will culminate with an art show organized and hung by the students. Supplies included. Students are suggested to bring old, oversized shirts to wear as smocks.

Brushwork Apprentices

Ages: K-2nd grade

For younger elementary school kids who are ready to move beyond coloring inside the lines and want to make the lines themselves. Learn all about what creates a good picture.

Code	Date
AP-YTH-1020-1	2/8-3/14
AP-YTH-1020-2	4/25-6/6*

Day: SA

Time: 9:00-10:00am

Instructor: Gabrielle Tufano

Location: The Community House

Fee: \$155

Keyholder Fee: \$135

*No Class 5/23

Brushwork Masters

Ages: 3rd-5th grade

For upper elementary school kids who love to draw and paint or wish to learn and grow. Instructor will offer individualized constructive feedback as the class progresses. Students will also develop an artist's statement for their final show.

Code	Date
AP-YTH-1020-3	2/8-3/14
AP-YTH-1020-4	4/25-6/6*

Day: SA

Time: 10:30-12:00pm

Instructor: Gabrielle Tufano

Location: The Community House

Fee: \$166

Keyholder Fee: \$145

*No Class 5/23

LyArts
Ages 6-16 years

19

Broadway Kids

Ages: 4-8 years

Be a part of our exciting class Stage Door - Broadway Kids! This interactive learning experience will encourage your child to participate in a class setting, while playing theatrical games, singing songs, and learning new dance moves. Each class incorporates a different Broadway musical with improvisation, acting games, singing, and dance moves directly related to the story and characters from that show. The class will also work as a cast throughout the semester on a couple of staged production numbers. At the last class they will perform in front of a real audience. If your child is already performing for you at home, or your child needs a little more encouragement, then this is the class for them! Here's a chance for your Broadway Kid to strut their stuff! This class is different every season so those that have been enrolled before can take it again and again as a whole new class!

Code: AP-YTH-1022-1

Date: 2/24-5/18*

Day: M

Time: 3:30-4:30pm

Instructor: Stage Door Fine Arts Staff

Location: The Community House

Min/Max: 6/18

Fee: \$345

Keyholder Fee: \$300

*No Class 3/30

Comic Book Illustration

Ages: 8 & up

A perfect class for parents and kids to take together. Have a story to tell? From Superheroes, Horror, and Sci-Fi to Auto-Biographical and Educational. All you need is some paper, a pencil, imagination, and a creative desire to share stories. You will learn about various comic art styles and methods of storytelling, including basic illustration techniques to create one of your very own comics. Continuing students begin using tools like the professionals. Some supplies included. Additional individual supply list provided by instructor.

Code	Date
AP-YTH-1007-1	2/6-3/26
AP-YTH-1007-2	4/9-6/4*

Day: TH

Time: 6:30-8:30pm

Instructor: Andrew Kudelka

Location: The Community House

Fee: \$207

Keyholder Fee: \$180

20

LyArts

Ages 6-16 years

Mulhern Irish Dancing School - Intro. Dance Lessons

Ages: 6 & up

Come out and get stepping in one of the fastest growing dance forms anywhere! Our class focuses on the fundamentals of rhythm, feet placement and body position. This is a fun filled class for kids who would like to learn about Irish Dance and who have not had any previous Irish Dance instructions.

Code: AP-YTH-1008-1

Dates: 1/10-5/15*

Day: F

Time: 5:00-5:45pm

Min/Max: 2/5

Instructor: Mulhern Irish Dance Instructors

Location: The Community House

Fee: \$276

Keyholder Fee: \$240

**No Class 1/17, 3/13, 4/10, 4/17*

Cookies and Canvas

Ages: 6 1/2 and up

Perfect class for kids and parents to take together. Drop in for an afternoon of paints and sweets. Each monthly session is a different project. Work with all kids of painting approaches. Take your work home. Amaze your friends and family.

Code **Date**

AP-YTH-1027-1 1/25

AP-YTH-1027-2 2/22

AP-YTH-1027-3 3/21

AP-YTH-1027-4 4/25

AP-YTH-1027-5 5/30

Day: SA

Time: 1pm to 2:30pm

Instructor: Gabrielle Tufano

Location: The Community House

Fee: \$25

Keyholder Fee: \$20

Elementary Mixed Media-Art for Kids

Ages: 6 & up

This class is for those young artists looking for more than just finger painting! We will focus on experimenting with color pencil shading, abstract balance with acrylic on canvas, ink your own zentangle patterns, watercolor techniques and much more! Composition, texture, blending and overall execution will bring their passion for art to the next level.

Code **Date**

AP-YTH-1009-2 2/5-3/11

AP-YTH-1009-3 4/8-5/20*

Day: W

Time: 4:30-6:00pm

Instructor: Molly Haworth

Location: The Community House

Fee: \$160

Keyholder Fee: \$145

**No Class 5/13*

No School Studio

Ages: 6-13 years

Calendar says "No School" today. Get away from screens and come make something amazing with us in our brand new art studio. Various materials to get your hands on and projects to take home.

Code	Date	Day	Time
AP-YTH-1017-1	1/20	M	9:00am-12:00pm
AP-YTH-1017-2	1/20	M	1:00-4:00pm
AP-YTH-1017-3	2/17	M	9:00am-12:00pm
AP-YTH-1017-4	2/17	M	1:00-4:00pm
AP-YTH-1017-5	2/28	F	9:00am-12:00pm
AP-YTH-1017-6	2/28	F	1:00-4:00pm
AP-YTH-1017-7	4/10	F	9:00am-12:00pm
AP-YTH-1017-8	4/10	F	1:00-4:00pm

Instructor: LyArts Staff

Fee: \$50

Keyholder Fee: \$40



SAVE THE DATE!

FOR COMMUNITY REVUE

February 28-29 and March 6-7, 2020!

Winter Break Arts Camp

School's still out. And it's still cold out. Keep warm with something other than screen time. Make something. Each day of camp will focus on a different type of artistic medium led by an expert instructor in the field. Explore the art of video games, hiphop dance, puppetry and painting /drawing. Theme days subject to change. Students are encouraged to bring old, oversized shirts to wear as smocks. Students should bring a nut-free snack with them as there will be a break during the class.

Grade	Code	Time	Date	Day
-------	------	------	------	-----

Theme: Art of Video Games

K-2nd	AP-YTH-1001-2	9:00am-12:00pm	12/30	M
3rd-5th	AP-YTH-1002-2	1:00-4:00pm	12/30	M

Theme: Hip Hop Dance

K-2nd	AP-YTH-1001-3	9:00am-12:00pm	12/31	TU
3rd-5th	AP-YTH-1002-3	1:00-4:00pm	12/31	TU

Theme: Puppetry

K-2nd	AP-YTH-1001-4	9:00am-12:00pm	1/2	TH
3rd-5th	AP-YTH-1002-4	1:00-4:00pm	1/2	TH

Theme: Painting/Drawing

K-2nd	AP-YTH-1001-5	9:00am-12:00pm	1/3	F
3rd-5th	AP-YTH-1002-5	1:00-4:00pm	1/3	F

Fee: \$55

Keyholder Fee: \$45

BUY ALL 4 DAYS AND SAVE

Grade	Code	Time	Date
K-2nd	AP-YTH-1001-1	9:00am-12:00pm	12/30-1/3
3rd-5th	AP-YTH-1002-1	1:00-4:00pm	12/30-1/3

Day: M, TU, TH, F

Fee: \$200

Keyholder Fee: \$160

RPG Club

Ages: 9 & up

Role Playing Games (RPGs) encourage teamwork, exercise imagination, and help make new friends for life. Have you watched Stranger Things and wondered what D&D (Dungeons & Dragons) was all about? Challenge yourself and fight your own "Demogorgon" here! We'll supply you with your very own polyhedral dice. CREATE, DRAW and BUILD your own characters. WRITE your own stories and backgrounds then ACT out your character by dressing up (if your heart desires) and FIGHT the BBEG (Big Bad Evil Guy) at the conclusion of a quest. [Mature 9 and up encouraged; teenagers welcome!]

Code	Date
AP-YTH-1007-3	2/7-3/27
AP-YTH-1007-4	4/10-6/5*

Day: F

Time: 6:30-8:30pm

Instructor: Andrew Kudelka

Location: The Community House

Fee: \$207

Keyholder Fee: \$180

*No Class 4/17

LyArts
Ages 6-16 years

21

Spring Break Arts Camp

Ages: 5 1/2-13 years

Each day of camp will focus on a different type of artistic medium led by an expert instructor in the field. Pay for All 5 Days and Save! *You are welcome to bring a nut free snack to have during class. Theme days TBD and subject to change.

Code	Time	Date	Day
AP-YTH-1003-2	9:00am-12:00pm	3/30	M
AP-YTH-1003-3	9:00am-12:00pm	3/31	TU
AP-YTH-1003-4	9:00am-12:00pm	4/1	W
AP-YTH-1003-5	9:00am-12:00pm	4/2	TH
AP-YTH-1003-6	9:00am-12:00pm	4/3	F

Fee: \$55

Keyholder Fee: \$45

BUY ALL 5 DAYS AND SAVE

Code	Time	Dates	Day
AP-YTH-1003-1	9:00am-12:00pm	3/30-4/3	M-F

Location: The Community House

Fee: \$250

Keyholder Fee: \$198



ADULT ARTS

Acrylic Painting

Ages: 16 & up

Satisfy your curiosity and try your hand at a new skill. Or reacquaint yourself with an old one. Low pressure environment where beginners to intermediate students are welcome. Instructor will furnish a list of recommended supplies.

Code	Date
AP-ADT-1013-1	2/18-3/24
AP-ADT-1013-2	4/7-5/19*

Day: TU

Time: 9:30am-12:00pm

Instructor: Mark Tobin

Location: The Community House

Fee: \$225

Keyholder Fee: \$195

*No Class 5/12

Portrait Painting

Ages: 16 & up

Delve into varying ways of painting the portrait. From alla prima to more indirect ways of glazing and scumbling you will learn the oil painting techniques of the old masters. Learn to measure facial structures, mix accurate colors, and create value shifts as you explore the portrait. This class is open to beginners and advanced students.

Code	Date
AP-ADT-1005-1	2/23-3/29
AP-ADT-1005-2	4/26-5/31

Day: SU

Time: 3:00-6:00pm

Instructor: Will Blake

Location: The Community House

Fee: \$284

Keyholder Fee: \$247

Watercolor Painting Level 1

Ages: 16 & up

Explore the exciting media of transparent watercolor. Learn basic techniques and apply them to a variety of subject matter. Students will provide their own materials. A list will be available the first day of class.

Code	Date
AP-ADT-1001-1	4/6-6/8*

Day: M

Time: 7:00-9:00pm

Instructor: Dr. Phyllis Kozlowski

Location: The Community House

Fee: \$207

Keyholder Fee: \$180

* No Class 5/11, 5/25

Watercolor Painting Level 2

Ages: 16 & up

Explore the exciting media of transparent watercolor. Learn basic techniques and apply them to a variety of subject matter. Students will provide their own materials. A list will be available the first day of class.

Code	Date
AP-ADT-1001-2	4/8-6/3*

Day: W

Time: 10:00am-12:00pm

Instructor: Dr. Phyllis Kozlowski

Location: The Community House

Fee: \$207

Keyholder Fee: \$180

* No Class 5/13

Fundamentals of Drawing and Painting

Ages: 16 & up

This class will begin with an introduction to the fundamentals of observational drawing using black and white media, including charcoal, graphite, and conte, and progress to using color. Basic concepts such as measuring and proportion, light and shadow, shading techniques and perspective will be covered. Students will consult with the instructor to choose a painting medium, such as acrylic, oil, pastel, or colored pencil. Supply list provided.

Code	Date
AP-ADT-1003-1	1/9-2/6
AP-ADT-1003-2	2/13-3/12
AP-ADT-1003-3	4/9-5/7

Day: TH

Time: 1:30-3:30pm

Instructor: Lauren Peterson

Location: The Community House

Fee: \$225

Keyholder Fee: \$195

Intermediate Drawing and Painting

Ages: 16 & up

This class will continue with advanced application of concepts introduced in Fundamentals of Drawing and Painting. Students will gain experience with properties of color and color mixing, compositional design, and the process of taking a painting from thumbnail sketch to a finished work in a variety of genres, including still life, floral, landscape and portrait. Supply list provided.

Code	Date
AP-ADT-1003-4	1/9-2/6
AP-ADT-1003-5	2/13-3/12
AP-ADT-1003-6	4/9-5/7

Day: TH

Time: 11:30am-2:30pm

Instructor: Lauren Peterson

Location: The Community House

Fee: \$237

Keyholder Fee: \$206

Photo Safari

Ages: 21 & up

BYOB and get on to the bus. Do you have a new camera still sitting in its box? Learn the basics of DSLR photography, with either your own camera or one of ours! Sign up as a couple, and save \$20 on the second adult! Spend an afternoon taking pictures and improving your exposures and compositional skills or just get acquainted with your camera. Class includes deluxe travel accommodations on the Shine On Coach, plus plenty of hands on training. The last hour of class will be devoted to sharing your favorite images while enjoying a glass of wine!

Code **Date**

Waterfall Glen

AP-ADT-1008-1 4/19

Graue Mill

AP-ADT-1008-2 5/17

Day: SU

Time: 1:00-5:00pm

Instructor: Jim Kropp of Shine-on Chicago

Location: The Community House (meet up point)

Fee: \$115

Keyholder Fee: \$100

Couples Fee: \$220

KeyholderCouples Fee: \$180

World Cuisine Cooking: India

Ages: 16 & up

From street food to traditional dishes, experience the people and the flavor profile of these rich cultures. Get your hands on the authentic ingredients. No experience necessary. Just bring your curiosity and your appetite.

Code **Date**

AP-ADT-1015-1 3/3

Day: TU

Time: 6:00-8:00pm

Instructor: Swapna Sasi

Location: The Community House

Fee: \$75

Keyholder Fee: \$65

CONNECT WITH US!



LyArts | **23**
Ages 17 years & up



Studio Vino: Wine & Paint

Ages: 21 & up

Gather your friends for a wine and paint party steps from home. We'll supply the studio, canvas, paints, brushes and stemware. Even if you've never painted before, this is the perfect, relaxed atmosphere to try your hand. No pressure. All fun. Each evening will have uniquely themed project. The instructor will guide you through the materials and techniques. By the end of the night, you'll have a masterpiece to take home.

Code **Date**

AP-ADT-1007-1 1/31

AP-ADT-1007-2 2/28

AP-ADT-1007-3 3/27

AP-ADT-1007-4 4/24

AP-ADT-1007-5 5/29

Day: F

Time: 7:00-9:00pm

Instructor: Gabrielle Tufano

Location: The Community House



Junior Firefighters

Ages: 3-10 years

Hinsdale Firefighters explain and demonstrate important fire safety practices. Children will tour the Fire Safety house. Firefighters will show participants how to exit a home in the event of a fire and how to recognize potential fire hazards. Children must be accompanied by an adult.

Code	Date
ENR-PRE-1003-1	1/21
ENR-PRE-1003-2	3/9

Day: M & TU

Time: 4:00-4:45pm

Min/Max: 1/5

Instructor: Hinsdale Fire Department

Location: Hinsdale Fire Department

Fee: \$12

Keyholder Fee: \$10

Stranger Danger

Ages: 4-10 years

The focus of this program is to teach children about the potential dangers of strangers through the explanation of numerous safety tips by Hinsdale Police Officers. An adult must accompany children.

Code	Date
ENR-PRE-1004-1	2/20

Day: TH

Time: 4:00-4:45pm

Min/Max: 1/5

Instructor: Officer Karen Kowal

Location: The Community House

Fee: \$12

Keyholder Fee: \$10



The Community House provides services in BurrRidge, Clarendon Hills, Darien, Downers Grove, Hinsdale, Oak Brook, Westmont and Willowbrook.



Adult & Tot Tennis

Ages: 3-4 years (w/adult)

You and your youngster can experience the sport of a lifetime together. We will teach you how to interact with your child on the court and how to keep things fun while your child learns the basics of tennis. Equipment will be provided and age appropriate. Each participant should bring a water bottle.

Code: ATL-PRE-1005-1

Min/Max: 6/8

Dates: 4/18-5/23

Time: 9:00-9:30am

Day: SA

Location: Robbins Park Tennis Courts

Instructor: Sports Kids

Fee: \$45

KeyholderFee: \$36

Pee Wee Tennis

Ages: 4-6 years

Your child will learn proper grip, basic strokes, and other beginning tennis fundamentals through lots of fun drills and tennis-like games. This class also will help children to develop hand-eye coordination, movement skills, and get a feel for the ball. Equipment will be provided and age appropriate. Children will have a blast and gain the proper foundation on which they may continue to build and develop their interest in tennis. Each participant should bring a water bottle.

Code: ATL-PRE-1005-2

Dates: 4/18-5/23

Day: SA

Time: 9:30-10:15am

Min/Max: 6/8

Instructor: Sports Kids

Location: Robbins Park Tennis Courts

Fee: \$68

KeyholderFee: \$54

Tot Track & Field

Ages: 3-6 years

This unique class will combine stretching, movement, and other fitness concepts with running, jumping, throwing and other skills used in track and field. Children will work on body coordination, agility, balance, and self-confidence. The session will conclude with a fun-filled track and field meet on the last day of the class. Each child should bring a water bottle.

Code: ATL-PRE-1013-1

Date: 4/21-5/26

Day: TU

Time: 4:15-5:00pm

Min/Max: 6/8

Instructor: Sports Kids

Location: Burns Field Park

Fee: \$68

Keyholder Fee: \$54

Multi-Sport Mania

Age: 4-6 years

Let's play! Your child explores the wide world of sports as they participate in a different sport each week, such as t-ball, track & field, golf, lacrosse and soccer. Children get a lot of practice with skills through creative and fun drills and games. Don't miss out on the fun! Each child should bring a water bottle.

Code: ATL-PRE-1007-6

Dates: 4/21-5/26

Day: TU

Time: 5:45-6:30pm

Min/Max: 6/8

Instructor: Sports Kids

Location: Burns Field Park

Fee: \$68

Keyholder Fee: \$54

Adult & Tot Sports Stop

Ages: 2-3 years w/adult

Moms, Dads or any significant adult can play an integral part in helping their tot experience basic sports movement. Your tot learns in a nurturing environment with gymnastics and sports equipment used to introduce organized sports movement. Each participant should bring a water bottle.

Code: ATL-PRE-1007-5

Date: 4/21-5/26

Day: TU

Time: 5:00-5:45pm

Min/Max: 6/8

Instructor: Sports Kids

Location: Burns Field Park

Fee: \$68

Keyholder Fee: \$54

Parent N' Me Pitch & Putt Golf

Ages: 3-4 years

We work with you and your child to help him or her learn the basics of golf using colorful equipment. Putting, chipping and tee work are mixed with easy instruction for proper form. All equipment will be provided. Each child should bring a water bottle.

Code: ATL-PRE-1008-1

Date: 4/18-5/23

Day: SA

Time: 1:00-1:45pm

Min/Max: 6/8

Instructor: Sports Kids

Location: Robbins Park

Fee: \$68

Keyholder Fee: \$54



Junior Pitch N' Putt Golf

Ages: 5-7 years

This class is a fun way for children to learn the lifelong game of golf. Boys and girls will receive golf swing instruction for all aspects of the game including full swing, pitching, chipping and putting. Creative games played in a non-competitive and safe environment make this a super-fun class for young golfers. Equipment will be provided. Each child should bring a water bottle.

Code: ATL-PRE-1008-2

Date: 4/18-5/23

Day: SA

Time: 1:45-2:30pm

Min/Max: 6/8

Instructor: Sports Kids

Location: Robbins Park

Fee: \$68

Keyholder Fee: \$54

Taekwondo- Little Dragons I (all belt levels)

Ages: 4-5 years

Taekwondo, one of the newest Olympic sports, is a 2000-year-old martial art, offering a variety of benefits for people of all ages and physical abilities. Students have the opportunity to improve concentration and self esteem, achieve lifelong physical fitness, and learn self-defense skills. This introductory class focuses on developing balance, coordination, and respect for the discipline of martial arts training. Belt testing is offered through KH Kim Taekwondo at an additional fee and is held twice a year. All colored belt students are required to have complete sparring gears. **A \$45.00 uniform fee is required at the first class.**

Code	Dates
ATL-PRE-1016-1	1/8-3/18*
ATL-PRE-1016-2	4/1-6/10*

Time: 4:40-5:20pm

Day: W

Min/Max: 3/8

Instructor: KH Kim Taekwondo Staff

Location: KLM Lodge

Fee: \$140

Keyholder Fee: \$121

*On 1/8 & 4/22 class will be held at BurrRidge Park District



Unlock Savings
Become a Keyholder

Spring T-Ball League

Ages: 4-5 years

Everyone's favorite childhood sport, back by popular demand and for another season of fun! Give your child the opportunity to learn T-Ball in this beginner T-Ball League! The league will consist of 2 weeks of practice, followed by 3 weeks with games. Teams will consist of approximately 10-12 players and 2-3 volunteer coaches. Teams will attempt to be formed based on the child's school grade level. Please provide the name of the school your child attends and what grade on the registration form. **Registration deadline is March 6.** All equipment is provided including team t-shirts! Players must have their own glove. We need volunteer coaches to help this league be successful! If you are interested in coaching contact Sammy at shanzel@villageofhinsdale.org.

Code: ATL-PRE-1006-1

Dates: 4/1-5/6*

Day: W

Time: 5:30-6:30pm

Min/Max: 10/25

Instructor: Village of Hinsdale Park & Recreation

Location: Robbins Park

Fee: \$75

Keyholder Fee: \$55

**With practice/game cancellations due to weather, there is a possibility of this program being extended up to four weeks.*

Intro to Boys Lacrosse Beginner's Clinic

Ages: Kindergarten-2nd Grade

(under 6yrs requires parent participation)

The goal of the program is to introduce and develop basic skills using fun games and coaching techniques. Softballs will be used and players can bring their own stick or sticks can be provided.

Required Equipment: Kindergarten-2nd grade will use a soft ball. Bring your own stick (see stick requirement below) or we have sticks available. All other equipment is optional.

Stick Requirement - STX Boys' Stallion 50 Lacrosse Stick or similar item

Code	Day	Time	Dates
ATL-PRE-1010-2	SA	2:30-3:30pm	1/25-3/7*
ATL-PRE-1010-3	SU	12:00-1:00pm	1/26-3/15*

Min/Max: 10/20

Instructor: Western Springs Boys Lacrosse

Location: Grand Avenue Gym

Fee: \$135

Keyholder Fee: \$115

**No Class 2/9(SU), 2/15 (SA), 2/16 (SU)*

Preschool Athletics

Ages newborn-6 years

27



Fit N' Fun for Kids

Age: 3-6 years

Kids will have a blast as they'll do all sorts of activities including cardio exercises, bean bag games, relay races, animal movements, stretching techniques, circle games, obstacle courses, tagging games, catching balls, parachute play, and other fitness and sports games. Make sure to wear comfortable clothes and gym shoes for this action packed class in which children will develop a positive association with fitness. Each child should bring a water bottle.

Code: ATL-PRE-1007-7

Time: 4:15-5:00pm

Day: W

Dates: 4/22-5/27

Min/Max: 6/8

Instructor: Sports Kids

Location: Burns Field Park

Fee: \$68

Keyholder Fee: \$54

Yoga For Youngsters

Ages: 3-5 years

Children will learn a variety of yoga poses, or mudras, as well as play fun yoga games in this exciting class. Participants will increase their strength and flexibility. We will memorize many yoga moves and mudras with help from books and stories to increase our yoga knowledge. Creative expression with many yoga moves will help these children learn relaxation and meditation in their yoga journey.

Code	Date	Day	Time
ATL-PRE-1015-1	1/14-3/3	TU	10:00-10:30am
ATL-PRE-1015-2	1/17-3/6	F	12:00-12:30pm
ATL-PRE-1015-3	4/7-5/26	TU	10:00-10:30am
ATL-PRE-1015-4	4/10-6/5*	F	12:00-12:30pm

Min/Max: 2/12

Instructor: Bumble Bee Yoga/ Mrs. Bee

Location: The Community House

Fee: \$135

Keyholder Fee: \$115

*No Class 4/17

Skyhawks T-ball

Ages: 2-6 years

Skyhawks' classes develop important baseball skills such as throwing, catching, hitting and base running. Developmentally appropriate equipment and games are used to teach your child the game of baseball in a fun, exciting and positive environment. Parent participation is required for younger children. In case of inclement weather indoor space has been reserved in the gym at The Community House.

Code	Date	Time	Location
ATL-PRE-1001-1	2/23-3/15	9:00-9:45am	TCH
ATL-PRE-1001-2	4/26-5/17	9:00-9:45am	Robbins Pk
ATL-PRE-1001-3	4/26-5/17	10:00-10:45am	Robbins Pk

Day: SU

Min/Max: 12/20

Instructor: Skyhawks

Fee: \$95

Keyholder Fee: \$79



Adult and Tot Sports

Ages: 2-4 years

Parents are an integral part of helping their tots develop basic sports movement and motor skills. Motor skill activities focus on hand/eye and hand/foot coordination. Sports equipment and instruction are provided to help guide your child through an introduction to organized sports. Parents or caregiver participation is required.

Code	Dates
ATL-PRE-1007-1	1/6-2/10
ATL-PRE-1007-2	4/6-5/18*

Day: M

Time: 10:00-10:45am

Min/Max: 5/15

Instructor: Hot Shots Sports

Location: The Community House

Fee: \$70

Keyholder Fee: \$60

*No Class 4/20

Sports and More

Ages: 3-5 years

Children are introduced to the fundamentals of sports including basketball, floor hockey, football, kickball, soccer, t-ball and other sports and group games. The program provides an opportunity for each child to develop motor skills and nurture his/her growth socially and emotionally through teamwork and good sportsmanship.

Code	Date
ATL-PRE-1007-3	1/6-2/10
ATL-PRE-1007-4	4/6-5/18*

Day: M

Time: 10:45-11:30am

Min/Max: 5/15

Instructor: Hot Shots Sports

Location: The Community House

Fee: \$70

Keyholder Fee: \$60

*No Class 4/20

CONNECT WITH US!



Pee Wee Soccer

Ages: 3-5 years

Let your child's early soccer experience be a great one. The younger player develops their soccer skills and also gains confidence, coordination, motor skills and communication. The program uses age appropriate drills and exercises to teach players kicking, ball control, dribbling, shooting and more.

Code	Date
ATL-PRE-1004-1	1/8-2/12
ATL-PRE-1004-2	4/8-5/20*

Day: W

Time: 11:15-12:00pm

Min/Max: 5/15

Instructor: Hot Shots Sports

Location: The Community House

Fee: \$70

Keyholder Fee: \$60

*No Class 4/22

Lil Dribblers

Ages: 3-5 years

This program includes exclusively design equipment tailored to enhance the basketball experience for each participant. The program challenges children to develop new cognitive, physical and social skills. In addition, each child will experience social interaction with children and adults in a fun environment.

Code	Date
ATL-PRE-1002-1	1/8-2/12
ATL-PRE-1002-2	4/8-5/20*

Day: W

Time: 12:00-12:45pm

Min/Max: 5/15

Instructor: Hot Shots Sports

Location: The Community House

Fee: \$70

Keyholder Fee: \$60

*No Class 4/22



Preschool Athletics

Ages newborn-6 years

29

Soccer Skills 101

Ages: 5-7 years

Players are introduced to the fundamentals of soccer tactics such as passing the ball, offensive moves, defensive moves, keeping/controlling the ball and taking the ball away from the opposing team. Players learn to score and prevent goals. Physical endurance and fitness are emphasized while touching the ball. At this age, the focus starts to change from simple games to organized, tactical, competitive games.

Code: ATL-PRE-1004-3

Dates: 4/9-5/21*

Day: TH

Time: 4:00-4:45pm

Min/Max: 5/15

Instructor: Hot Shots Sports

Location: The Community House

Fee: \$70

Keyholder Fee: \$60

*No Class 4/23

Basketball 101

Ages: 5-7 years

Develop early basketball skills such as shooting, dribbling and passing, along with the basic rules of the game. All instruction is game/drill oriented with mini games and scrimmages played every week. This class is for the basketball beginner looking to understand the game, learn new skills, and have fun!

Code: ATL-PRE-1002-3

Date: 4/9-5/21*

Day: TH

Time: 4:45-5:30pm

Min/Max: 5/15

Instructor: Hot Shots Sports

Location: The Community House

Fee: \$70

Keyholder Fee: \$60

*No Class 4/23

30

Youth Enrichment

Ages 6-14 years

CODINU-CODING CLASSES

App Development: Learn to Build Awesome Mobile Apps

Ages: 9-14 years

In this course, students will learn the basics of user interface and design thinking that forms the foundation of awesome apps. From there, the course dives into app development using Thinkable. Students will build a series of apps and test them right away on a smartphone. Join us for this fun course and build the skills to develop the next killer app! All the required equipment will be provided.

Code	Date	Day	Time
ENR-YTH-1021-2	2/5-3/25	W	5:00-6:00pm

Min/Max:6/12

Instructor: Codinu Teacher

Location: The Community House

Fee: \$230

Keyholder Fee: \$200

Coding Foundation: Scratch Animation & Game Design

Ages: 6-10 years

In this course, students will develop interactive stories, advanced games, and animations. This is a great place to start learning to code and building core computational concepts. All skill levels are welcome, students will be challenged as per their experience. Students will be provided with a laptop.

Code	Date	Day	Time
ENR-YTH-1021-1	4/15-5/20	W	5:00-6:00pm

Min/Max:6/12

Instructor: Codinu Teacher

Location: The Community House

Fee: \$175

Keyholder Fee: \$150

S.T.E.M. CLASSES

Holiday Cooking

Ages: 5-13 years

Measure, mix, knead and bake. We'll cook some really great treats to take home. Have a blast in the kitchen and explore fun recipes for the holidays and entertaining! We'll be making appetizers, main dishes and desserts too!

Code: ENR-YTH-1020-2

Date: 1/23-3/12

Day: TH

Time: 3:30-4:45pm

Min/Max: 6/15

Instructor: Whole Child Learning Company Staff

Location: The Community House

Fee: \$215

Keyholder Fee: \$185

Super Goopy Chemistry

Ages: 5-13 years

Have a blast with "Kitchen Safe" Chemistry and explore science in a fun, creative way! We'll be inventing concoctions, making explosions and mixing slime too! Be prepared to get messy and to have a blast!

Code: ENR-YTH-1020-1

Date: 2/4-3/24

Day: TU

Time: 3:30-4:30pm

Min/Max: 6/20

Instructor: Whole Child Learning Company Staff

Location: The Community House

Fee: \$190

Keyholder Fee: \$165

Spanish Classes

Your child will find themselves immersed in Spanish, learning the language the way true native learners learn. We will sing songs, have stories, movement, movies, art, music, science, field trips, and so much more but all immersed in Spanish! Assessments, dedicated workbooks, small interpersonal groups, plus native speaking teachers will help guide you and/or your child towards language mastery as efficiently as possible.

Code	Age
ENR-PRE-1019-1	3-5 years
ENR-YTH-1019-1	6-8 years
ENR-YTH-1019-2	9-12 years

Dates: 1/9-4/30*

Day: TH

Time: 4:00-5:30pm

Instructor: Alma Ascencio & Alejandra Osorio

Location: The Community House

Min/Max: 3/8

Fee: \$645

Keyholder Fee: \$559

*No Class 4/2

**YOUR TRUSTED COMMUNITY
NON-PROFIT SINCE 1941**

SCHOOL'S OUT TRIPS

Ages: 5-14 years

Drop off your child off at The Community House for those days that the kids are not in school. These trips are intended for Kindergarten - 8th Grade. (Extended hours are also available from 3:30pm - 6:00pm for an additional fee of \$19 per trip for Members/\$29 for Non-Members.)

Time: 7:00am-3:30pm

Min/Max: 8/50

Instructor: Community House Staff

Location: Depart/Return from The Community House

Fee: \$70

Keyholder Fee: \$55

Hollywood Blvd.

Hollywood Blvd. your child will be going to see the latest children's movie. They will be able to relax in big comfortable chairs with a pizza, popcorn, and drink lunch included!

Code	Date	Day
ENR-YTH-1005-1	1/20	M

Safari Land-Villa Park

Safari Land your child will be able to spend a fun filled day at Safari Land in Villa Park! Your child will be able to bowl, play arcade games, ride the indoor roller coaster and tilt-a-whirl, and there is also a child's jungle gym for younger children! **A pizza lunch will be included!

Code	Date	Day
ENR-YTH-1005-2	2/17	M

Funtopia-Naperville

Your child will be able to spend a fun filled day at Funtopia in Naperville! Funtopia offers adventurous, entertaining and healthy activities for all ages, all under one roof. With a rock climbing wall, rope course, ninja course giant slide, toddler area, there is something for everybody age 1 to 101.

Code	Date	Day
ENR-YTH-1005-3	2/28	F

Urban Air Adventure Park

Urban Air Adventure Park your child will be able to spend a fun filled day at Urban Air Adventure Park in Naperville! Urban Air Adventure Park offers more than just trampolines. They have bumper cars, sky rider coaster, climbing walls, adventure hub, and high ropes course! Your child will have a blast all day long!

Code	Date	Day
ENR-YTH-1005-4	4/10	F

Youth Enrichment
Ages 6-14 years

31

American Red Cross Babysitter's Certification

Ages: 11-16 years

Get the knowledge, skill and confidence you need to care for infants and school-age children. This training will help participants develop skills in leadership and professionalism; safety and safe play; and first aid. The course will combine video, activities, hands-on skills training and discussion for a complete learning experience. Please bring a sack lunch. To receive certification, participants must be present for the entirety of the class.

Code	Day	Date
ENR-YTH-1024-1	F	1/3
ENR-YTH-1024-2	M	2/17
ENR-YTH-1024-3	SA	5/9

Time: 9:00am-4:30pm

Instructor: Donna Giove

Location: The Community House

Min/Max: 5/12

Fee: \$100

Keyholder Fee: \$85

Spring Break Camp

Ages: 5-13 years

Are you looking for a fun place to go over Spring Break? Come to The Community House for Spring Break Camp! Each day there will be different activities including, art, science, and cooking! We will also be taking a field trip during the week. The trips may include (but are not limited to) going to the movies, Enchanted Castle, Safari Land and more! Participants must bring a sack lunch. Customize your Spring Break Camp, and sign up for just one day or the whole week for a discounted price! (Extended hours are available from 3:30pm-6pm for an additional fee of \$19 per day for members/\$29 for non-members.)

Code	Date	Day	Fee/Key Fee
ENR-YTH-1008-1	3/30	M	\$70/\$55
ENR-YTH-1008-1	3/31	TU	\$70/\$55
ENR-YTH-1008-3	4/1	W	\$70/\$55
ENR-YTH-1008-4	4/2	TH	\$70/\$55
ENR-YTH-1008-5	4/3	F	\$70/\$55
ENR-YTH-1008-6	3/30-4/3	M-F	\$325/\$250

Time: 7:00am-3:30pm

Min/Max: 8/40

Instructor: Community House Staff

Location: The Community House

32

Youth Athletics

Ages 6-16 years



Basketball

Ages: 8-12 years

Basketball I was developed to give boys and girls a positive first step into athletics and Basketball. The essentials of Basketball are taught in a safe, structured environment with lots of encouragement and a big focus on fun and respect for the game. Our basketball games and activities were designed to allow campers to explore balance, movement, hand/eye coordination, and skill development at their own pace. Skyhawks staff are trained to handle the specific needs of young athletes. Participants should bring appropriate clothing, a snack, a water bottle, and running shoes.

Code: ATL-YTH-1003-2

Date: 4/8-5/13

Day: W

Time: 6:15-7:15pm

Min/Max: 10/28

Instructor: Skyhawks

Location: Madison School

Fee: \$105

Keyholder Fee: \$75

Volleyball

Ages: 6-12 years

Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it together into one fun-filled camp. All aspects of the game are taught through drills and exercises that focus on passing, setting, hitting and serving. This program for boys and girls is designed for the beginning and intermediate player and will incorporate essential life lessons such as teamwork and sportsmanship. Our volleyball staff will assist each athlete in developing fundamental skills of the game through game-speed drills and daily scrimmages aimed at developing the whole player. Participants should bring appropriate clothing, a snack, a water bottle, running shoes, and sunscreen.

Code: ATL-YTH-1004-1

Date: 4/8-5/13

Day: W

Time: 5:00-6:00pm

Min/Max: 10/28

Instructor: Skyhawks

Location: Madison School

Fee: \$105

Keyholder Fee: \$75

**Give one of our Athletic Programs a try.
Something for all skill levels and ages.**

Spring Break Basketball Camp

Ages: 6-12 years

Basketball I was developed to give boys and girls a positive first step into athletics and Basketball. The essentials of Basketball is taught in a safe, structured environment with lots of encouragement and a big focus on fun and respect for the game. Our basketball games and activities were designed to allow campers to explore balance, movement, hand/eye coordination, and skill development at their own pace. Skyhawks staff are trained to handle the specific needs of young athletes. Participants should bring appropriate clothing, a snack, a water bottle, and running shoes.

Code: ATL-YTH-1004-1

Date: 3/30-4/3

Day: M-F

Time: 9:00am-12:00pm

Min/Max: 10/28

Instructor: Skyhawks

Location: Madison School

Fee: \$126

Keyholder Fee: \$109

Spring Break Multi-Sport Camp (Soccer, Basketball, Dodgeball)

Ages: 6-12 years

Our multi-sport camp is designed to introduce boys and girls to a variety of different sports. For this program we combine Soccer, Basketball & Dodgeball into one fun-filled week. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of multiple sports along with vital life lessons such as respect, teamwork, and self-discipline. All participants receive a merit award. Participants should bring appropriate clothing, a snack, a water bottle, running shoes, and sunscreen.

Code: ATL-YTH-1016-1

Date: 3/30-4/3

Day: M-F

Time: 12:30-3:30pm

Min/Max: 10/28

Instructor: Skyhawks

Location: Madison School

Fee: \$126

Keyholder Fee: \$109

CONNECT WITH US!



5 Star Winter Soccer Camp

Ages: 5-12 years

This is the ultimate winter mini-camp for boys and girls looking to have FUN in the winter season! This mini-camp presents a curriculum focused on developing fundamental technique, while creating an atmosphere that unlocks the game within each child. FUN is the name of the game as this mini-camp sets the tone for the very reason kids will want to come back again and again! All participants need to bring a ball and t-shirt is included (include t-shirt size during registration).

Code: ATL-YTH-1015-69

Dates: 1/2-1/3

Time: 1:00-4:00pm

Day: TH, F

Location: Hinsdale Central High School Field House

Min/Max: 10/50

Instructor: Mike Wiggins and 5 Star Soccer Instructors

Fee: \$95

Keyholder Fee: \$80

Michael Wiggins' 5 Star Soccer Weekly Skills Sessions

Ages: 5-12 years

5 Star Soccer Weekly sessions provides the youth player of any ability a place to develop individual touch and technique. This weekly training program offered during the winter months is ideal for youth players to stay in touch with the ball and continue to improve skill. The training program is focused on foot skills, intended to improve player's comfort with the ball.

Code: ATL-YTH-1015-70

Dates: 1/5-2/23

Time: 12:00-1:00pm

Day: SU

Location: Hinsdale Central High School Gym

Min/Max: 12/36

Instructor: Mike Wiggins and 5 Star Soccer Instructors

Fee: \$129

Keyholder Fee: \$110

Chicago Elite Youth Volleyball

Chicago Elite Youth Academy is a child development program created to both introduce children to the game of volleyball, as well as continue to improve their individual skill development in the sport. Chicago Elite classes develop important volleyball skills such as passing, setting, attacking, blocking, serving, defense and movement. Players will be divided according to both skill level and age and challenged accordingly.

Grade	Code	Time
1st-5th Grade	ATL-YTH-1004-2	6:30-7:30pm
6th-8th Grade	ATL-YTH-1004-3	7:30-8:30pm

Dates: 3/5-4/23*

Day: TH

Min/Max: 8/30

Instructor: Chicago Elite Volleyball Academy Instructors

Location: CHMS Gym (enter through park district)

Fee: \$187

Keyholder Fee: \$150

*No Class 3/19 and 4/2

Fencing

Age: 8 & up

Fencing students will learn moves and strategies that create the foundation for their fencing game. Each class will have instruction and bouts (actual fencing). All equipment provided. This class is for beginners and advanced fencers and is family friendly!

Code	Date	Time	Location
ATL-YTH-1011-1	1/6-2/10	4:45-5:45pm	Advanced
ATL-YTH-1011-2	1/6-2/10	5:45-6:45pm	Beginner
ATL-YTH-1011-3	2/17-3/23	4:45-5:45pm	Advanced
ATL-YTH-1011-4	2/17-3/23	5:45-6:45pm	Beginner
ATL-YTH-1011-5	4/6-5/11	4:45-5:45pm	Advanced
ATL-YTH-1011-6	4/6-5/11	5:45-6:45pm	Beginner
ATL-YTH-1011-7	5/18-6/29*	4:45-5:45pm	Advanced
ATL-YTH-1011-8	5/18-6/29*	5:45-6:45pm	Beginner

Day: M

Min/Max: 4/4

Instructor: Tracy and Vladimir Lapshin

Location: KLM Lodge

Fee: \$75

Keyholder Fee: \$60

Additional Family Member: \$38/\$30

*No Class 5/25

Taekwondo (all belt levels)

Ages: 6-7 years

Taekwondo, one of the newest Olympic sports, is a 2000-year-old martial art, offering a variety of benefits for people of all ages and physical abilities. Students have the opportunity to improve concentration and self esteem, achieve lifelong physical fitness, and learn self-defense skills. Classes are taught under the direction of G.Master Ki Hong Kim* (9th Dan Kukkiwon World Taekwondo Headquarters.) Belt testing is offered through KH Kim Taekwondo at an additional fee and is held twice a year. All colored belt students are required to have complete sparring gears.

A \$45 uniform fee is required at the first class.

Day: W

Min/Max: 4/15

Instructor: KH Kim Taekwondo Staff

Location: KLM Lodge*

Fee: \$140

Keyholder Fee: \$121

A \$45.00 uniform fee is required at the first class

*On 1/8 & 4/22 class will meet at BurrRidge Park District

Early Taekwondo

Ages: 6-7 years

Designed especially for the younger children of 6-7 years, this program helps kids develop conditioning, coordination, listening skill, and self-confidence through creative activities.

Code	Date	Time
ATL-YTH-1030-1	1/8-3/18*	5:25-6:15pm
ATL-YTH-1030- 2	4/1-6/10*	5:25-6:15pm

Youth Taekwondo

Ages: 8-13 years

This program includes a balanced cardiovascular workout, including punching, kicking, and blocking skills, using the Taekwondo tradition, and self-control. Participants will improve coordination, power of concentration, balance, and both physical and mental discipline.

Code	Date	Time
ATL-YTH-1030-3	1/8-3/18*	6:20-7:10pm
ATL-YTH-1030-4	4/1-6/10*	6:20-7:10pm

Parent/Child Taekwondo

Ages: 7 and up w/parent

This class provides families with a fun opportunity to spend time together while improving physical and mental conditioning through cardiovascular drills, calisthenics, and traditional the Taekwondo techniques including punching, kicking, and blocking.

Code	Date	Time
ATL-YTH-1030-5	1/8-3/18*	7:15-8:10pm
ATL-YTH-1030-6	4/1-6/10*	7:15-8:10pm



HINSDALE IGLA SPRING 2020

Youth Athletics
Ages 6-16 years

35

Girls Spring LaCrosse League: Tuesdays and/or Thursdays and Sundays, 4/5-5/31

1st-8th grade: Be part of a youth lacrosse league exclusively for girls! The emphasis of this program is to develop the girl within the sport of lacrosse. The goals of the program are to understand the rules of lacrosse, active teamwork, sportsmanship, and foster personal development in a respectful environment led by positive coaching.

Practice: At Robinson Park in Hinsdale and Oak Brook fields on Tuesday and/or Thursdays depending on level (Pink League is one practice/week and \$200; Purple League is two practices/week and \$300.). Games are on Sundays at various locations.

Little Laxers: Tuesdays 4/14, 4/21, 4/28, 5/5, 5/12, 5/19 • 6:00-7:00pm
PreK- Kindergarten girls AND boys!! \$130

Ready to start lacrosse? Join IGLA this spring for weekly one hour sessions for the younger lacrosse player. This program is exclusively for children in PreK - Kindergarten to learn the fundamentals of lacrosse. The goals of this program are to introduce and develop basic skills for our youngest players using fun games and coaching techniques. IGLA loans equipment free of charge!!

Register at www.igla.org. See you on the fields!

Western Springs Boys Lacrosse Spring League

**Beginners & Experienced
Kindergarten - 8th grade players**

We teach lacrosse with a focus on teamwork, sportsmanship and skill development led by positive coaching where everyone plays. Lacrosse fundamentals, offense, defense and game strategies will be taught. Evaluations for team placement on Jan 12. Uniforms will be a separate fee. Required equipment: Lacrosse stick, pads, mouthpiece, lacrosse/hockey helmet, cup (no cleats). For information on our limited supply of rental equipment, contact Kelly at kletten@wsprings.com.

Code	Grade
ATL-YTH-1014-1	K-2nd grade
ATL-YTH-1014-2	3rd-4th grade
ATL-YTH-1014-3	5th-6th grade
ATL-YTH-1014-4	7th-8th grade

Instructor: Western Springs Boys Lacrosse

Min/Max: 14/50

Dates: 3/1-6/7

Fee: \$375

Keyholder Fee: \$325

Day/Time/Locations: TBD - All teams entered in a game league. Most games on Sundays with some exceptions. 1/2 practices weekly.

Introduction to Boys Lacrosse - Beginner's Clinic

Grade: K-8th grade

The goal of the program is to introduce and develop basic skills using fun games and coaching techniques. We will use a soft ball. Players can bring their own stick or we will have sticks available. No other equipment necessary.

Code: ATL-YTH-1014 -5

Dates: 4/5- 5/17*

Days: SU

Times: 12:00-1:15pm

Location: Lyons Township South Campus Field

Coaches: Western Springs Lacrosse

Min/Max: 10/50

Fee: \$135

Keyholder: \$115

*No 4/12



Unlock Savings
Become a Keyholder



Junior Tennis

Ages: 7-9 years

Youngsters enrolled in this class will learn the basic strokes, serve, volleys, and rules of the game. Racket face control, ball bounce judgment, receiving skills, space management, rallying skills, and court movement will be emphasized. Young players will develop the agility and coordination needed for effective tennis play. Situational drills and games will help them to establish a solid foundation for future development in the sport and build a lifelong love of tennis. Players must bring their own racket and a water bottle. Tennis balls will be provided.

Code: ATL-YTH-1009-1

Date: 4/18-5/23

Day: SA

Time: 10:15am-11:15am

Instructor: Sports Kids

Location: Robbins Park Tennis Courts

Min/Max: 6/8

Fee: \$90

Keyholder Fee: \$72

Youth Tennis

Ages: 10-12 years

Young players concentrate on stroke development, rallying skills, and learning to play matches at a faster pace. Ball receiving and placement, court movement, and overall tennis strategy will be emphasized. Players will focus on their power and accuracy to improve their performance. Through challenging and exciting drills and matches, youngsters will develop the racket skills, coordination, agility, and stamina needed for recreational and competitive tennis play. Players must bring their own racket and a water bottle. Tennis balls will be supplied.

Code: ATL-YTH-1009-2

Time: 11:15am-12:15pm

Date: 4/18-5/23

Day: SA

Instructor: Sports Kids

Location: Robbins Park Tennis Courts

Min/Max: 6/8

Fee: \$90

Keyholder Fee: \$72

Spring Outdoor Recreational Basketball

Ages: 7-12 years

Players of all skill levels are encouraged to participate in this high-energy recreational program for budding hoops players. Boys and girls will develop their dribbling, shooting, passing, rebounding and defensive skills through short skills sessions each Saturday. Youngsters will be assigned to different teams each week, and SportsKids Inc. coaches will referee games in a teaching style. Whether your child is new to the game or looking to improve basketball skills, this program is the perfect way to have FUN playing hoops! Each child should bring a water bottle.

Code: ATL-YTH-1003-3

Time: 2:30-3:15pm

Date: 4/18-5/23

Day: SA

Instructor: Sports Kids

Location: Robbins Park Basketball Court

Min/Max: 6/8

Fee: \$68

Keyholder Fee: \$54

Youth Sand Volleyball

Age: 8-13 years

Join us on the sand court this summer for some exciting volleyball action! Sand (beach) volleyball is a great physical workout as well as a way to practice all around skills and ball control. Young volleyball players will focus on drills such as passing, underhand and overhand setting, attacking, defense and serving. Weekly scrimmages will allow players to use these skills in a game environment. This class is designed to help players of all skill levels foster a love for volleyball by focusing on skill development, healthy competition, and positive enthusiasm. Each participant should bring a water bottle.

Code: ATL-YTH-1004-4

Time: 6:30-7:15pm

Day: TU

Dates: 4/21-5/26

Min/Max: 6/8

Instructor: Sports Kids

Location: Burns Field Park

Fee: \$68

Keyholder Fee: \$54

Rise Field Hockey

Ages: 5-14 years (K-8th grade)

Field Hockey is a fast growing sport- be ready! Coaches will break down the rules of the game, teach how to handle the stick, dribble the ball, shoot on goal and pass and receive a ball. Practice is once a week and optional games/play dates at various locations on the weekends. If you have any questions, contact Monica Lodgeat RISE Field Hockey, at risefieldhockeynaper@gmail.com **Equipment:** Participants can borrow stick for the duration of the class but must supply their own shin guards, mouth guards, and optional goggles.

Code: ATL-YTH-1024-1

Dates: 4/16-5/28

Time: 5:00-6:30pm

Day: TH

Location: Robbins Park

Min/Max: 5/50

Instructor: Rise Field Hockey

Fee: \$215

Keyholder Fee: \$185

CONNECT WITH US!



Youth Athletics
Ages 6-16 years

37

Youth Archery

Participants will learn the parts of an arrow and recurve bow, the basics of using a recurve bow, and fundamental shooting skills in an extremely safe environment. They also will learn an excellent, nationally recognized beginner's 9-step to the 10 ring progression which was created by the Coaches Development Committee of the National Archery Association. Both technique and games will be a part of this class. Blunt tipped arrows, bows, and targets are provided. Each participant should bring a water bottle.

Code	Age	Time
ATL-YTH-1019-1	7-10 years	4:30-5:15pm
ATL-YTH-1019-2	11-14 years	5:15-6:00pm

Date: 4/20-6/1*

Day: M

Min/Max: 6/10

Instructor: Sports Kids

Location: KLM Park

Fee: \$68

Keyholder Fee: \$54

**No class 5/25*

Family Archery

Age: 6 and up (w/adult)

Bring the entire family each week for 45 minutes of archery fun! You and your family members will meet new friends while learning the parts of an arrow and recurve bow, the basics of using a recurve bow, a nationally recognized beginner's 9-step to the 10 ring progression method, and fundamental shooting skills from an experienced instructor. Bows, arrows, and targets are furnished. Each participant should bring a water bottle. **One adult per registered child.**

Code: ATL-YTH-1019-3

Date: 4/20-6/1*

Day: M

Time: 6:00-6:45pm

Min/Max: 6/10

Instructor: Sports Kids

Location: KLM Park

Fee: \$68

Keyholder Fee: \$54

Youth Track, Field, & Fitness

Participants will learn the fundamentals involved with improving flexibility, proper stretching, body positioning, developing core-strength, improving balance, cool-down techniques and other fitness concepts as they relate to exercising and the jumping, running and throwing skills involved in the sport of track and field. Boys and girls will participate in Sharks and Minnows, Capture the Cones, and other fitness games as well as sprints, relays, long-distance walking, running hurdles, long jump, discus throw and other track and field events. Youngsters will participate in a fun-filled track and field meet on the last day of class. Each participant should bring a water bottle

Code	Age	Time
ATL-YTH-1022-1	7-10 years	5:00-5:45pm
ATL-YTH-1022-2	11-13 years	5:45-6:30pm

Day: W

Date: 4/22-5/27

Min/Max: 6/8

Instructor: Sports Kids

Location: Burns Field Park

Fee: \$68

Keyholder Fee: \$54

WINTER BREAK

Ages: 6-12 years

Participants should bring appropriate clothing, a snack, a water bottle, running shoes.

Instructor: Skyhawks Sports

Location: The Community House

Mix/Max: 10/28

Winter Break Dodgeball Camp

Dip, Dive, Duck, Dodge! Now your young athlete can play their favorite game each week. Skyhawks Dodgeball allows kids of all ages and abilities to participate in friendly competition, while gaining the skills, passion and confidence necessary to live a healthy and active lifestyle. Participants should bring appropriate clothing a water bottle and running shoes. All participants will receive a merit award! Participants should bring: Appropriate clothing a snack, water bottle and athletic shoes.

Code: ATL-YTH-1029-67

Day: TH/F

Dates: 12/26-12/27

Time: 9:00am-12:00pm

Fee: \$70

Keyholder Fee: \$60

Winter Break Multi-Sport Camp

(Soccer, Basketball, Flag Football)

Our multi-sport camp is designed to introduce boys and girls to a variety of different sports. For this program we combine Soccer, Football & Basketball into one fun-filled week. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of multiple sports along with vital life lessons such as respect, teamwork, and self-discipline. All participants receive a merit award.

Code: ATL-YTH-1016-67

Day: TH/F

Dates: 12/26-12/27

Time: 12:30-3:30pm

Fee: \$70

Keyholder Fee: \$60

Winter Break Basketball Camp

Basketball I was developed to give boys and girls a positive first step into athletics and Basketball. The essentials of Basketball is taught in a safe, structured environment with lots of encouragement and a big focus on fun and respect for the game. Our basketball games and activities were designed to allow campers to explore balance, movement, hand/eye coordination, and skill development at their own pace. Skyhawks staff are trained to handle the specific needs of young athletes.

Code: ATL-YTH-1003-67

Day: M,TH,F

Dates: 12/30, 1/2, 1/3

Time: 9:00am- 12:00pm

Fee: \$89

Keyholder Fee: \$75

*No Class 12/31 and 1/1

Winter Break Multi-Sport Camp

(Soccer, Basketball, Dodgeball)

Our multi-sport camp is designed to introduce boys and girls to a variety of different sports. For this program we combine Soccer, Dodgeball & Basketball into one fun-filled week. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of multiple sports along with vital life lessons such as respect, teamwork, and self-discipline. All participants receive a merit award.

Code: ATL-YTH-1016-68

Day: M,TH,F

Dates: 12/30, 1/2, 1/3

Time: 12:30-3:30pm

Fee: \$89

Keyholder Fee: \$75



Please see the Active Adults Brochure for more information about other trips & events.

**Leslie Goddard presents Grace Kelly:
American Princess at
The Community House**

Thursday, February 13, 2020 • 12:00-2:00pm

Few lives seemed so much like a movie. The talented young woman –beautiful and successful in her movie career –was swept off her feet by a real-life prince in a whirlwind romance. Their fairytale wedding in 1956 made her a princess. But beneath her cool, gracious smile, Grace Kelly was a young woman who yearned for her father’s approval and worked hard as a wife and mother. In this historical portrayal, award-winning actress and historian Leslie Goddard portrays the woman who transformed from a Hollywood superstar to a real-life princess. Includes a buffet lunch prior to Ms. Goddard’s presentation.

Fee: \$25

Key Holder: \$23

Sponsored in part by:



LET’S VISIT EATALY

Tuesday, February 25, 2020 • 10:00-3:30pm

Let’s visit EATALY, a bustling Italian marketplace with 65,000 square feet overflowing with an array of cafes, counters, restaurants, and a cooking school. Eat, shop, and learn. We’ll receive a guided tour of this marvelous marketplace and then enjoy a delicious Italian lunch in the LaPizza and LaPasta restaurant. We’ll have time afterwards to do some special grocery shopping.

Fee: \$115

Key Holder: \$100

Club Arcada – Lunch and a Show

Thursday, March 12, 2020 • 11:00am-3:30pm

We’re off to Club Arcada in St. Charles to see the Vito Zatto Show – you’ll love his hilarious stand up comedy, celebrity impersonations and incredible singing. There’s sure to be audience participation and lots of good times! We’ll enjoy a lunch of chicken vesuvio, roasted potatoes, a garden salad and cannoli before the show.

Fee: \$115

Key Holder: \$100

**YOUR TRUSTED COMMUNITY
NON-PROFIT SINCE 1941**

**Join us for our
next event, meet
new people and
have a great day
while enjoying
something new.**

40

Adult Events & Trips

Ages 17 years & Up

Polish Day Tour

Tuesday, March 24, 2020 • 10:00-3:30pm

You don't have to be Polish to appreciate and enjoy this fun-filled day. We will start out with a visit to the The Ed Paschke Art Center which commemorates the life and work of Ed Paschke, one of Chicago's most famous artists. It also recognizes his contributions to the artistic life of the city as a cultural ambassador, teacher, family man, and friend. Paschke's work is in countless private collections throughout the world, as well as major museums both here and abroad, including The Art Institute and Museum of Contemporary Art, Chicago. Ed Paschke made art about the famous and the infamous. Bold, sometimes shocking, he permitted his subjects to express their complex personalities.

We'll stop for a buffet lunch at the Red Apple Restaurant in Norwood Park – known for some of the best Polish food in the city. After lunch we'll head to the St. Mary of Angels Church for a guided tour of this magnificent church. It has been acclaimed as one of the finest specimens of Roman Renaissance architecture in the United States.

Fee: \$86

Key Holder: \$76

Monet Exhibit – Art Institute of Chicago

Thursday, May 21, 2020 • 10:00am-4:30pm

Claude Monet often referred to as the "Father of Impressionism," has long held a unique relationship with Chicago. During his lifetime, Chicago was the American city that most aggressively acquired his work, with enthusiastic collectors like Bertha Honoré Palmer and Martin A. Ryerson leading the way. In 1903 the Art Institute became the first American museum to purchase one of Monet's paintings, and today the museum's 33 paintings and 13 drawings by the artist constitute the largest collection of works by the artist outside of Paris.

This exhibition is the first to explore Chicago's pioneering connection to the great Impressionist artist. Among the more than 65 paintings—from the Art Institute's exemplary holdings and esteemed Chicago-based collections—are beloved major works as well as rarely seen still lifes, figural scenes, seascapes, and landscapes. Spanning his long career, from early caricatures made at Le Havre to the last splendid canvases inspired by his garden and waterlily pond at Giverny, and informed by new technical findings, we'll see a comprehensive view of Chicago's ongoing relationship to the artist and a better understanding of his working methods. Includes lunch at The Park Grill before seeing exhibit.

Fee: \$100

Key Holder: \$90



42nd Street – Chicago's Lyric Opera

Wednesday, June 10, 2020 • 12:15-5:30pm

You'll love the Tony-winning song-and-dance spectacular 42ND Street at the Lyric, with the full power of members of the Lyric Orchestra and Chorus. The story of Peggy Sawyer, an aspiring actress from Allentown who gets her big break and rises from chorus girl to star status overnight, 42ND Street is filled with unforgettable tunes. You'll love the sensational tap numbers and memorable melodies like "Lullaby of Broadway," "We're in the Money," "You're Getting to Be a Habit with Me," "Sunny Side to Every Situation," "Young and Healthy," and the famed title song, in a high-energy, new-to-Chicago production that is as beautiful to see as it is to hear. With the full power of members of the Lyric Orchestra and Chorus. We have main floor seats.

Fee: \$150

Key Holder: \$140

CONNECT WITH US!





A+ Active Adults

Whether you enjoy theatre, music or simply getting together with friends, the Active Adults program at The Community House has something for everyone. We have a variety of card groups, exercise classes and art programs in addition to our day trips and special in-house events. Come by yourself or bring along a friend and join in one of our many offerings for active adults in the community. **For more information and a current listing of day trips and special events or to become a member, call 630-323-7500 ext. 225.**

Indian Prairie Computer Club

Meets the second Wednesday of each month at 9:30am. This group offers periodic presentations by guest speakers or club members, as well as general question and answer sessions.

Book Discussion Group

This group meets the first Monday of each month at 10:00am in the A+ Room at The Community House. This is a small and friendly group that welcomes newcomers and reads some great selections. Join them for some interesting discussions. See the Active Adults newsletter for the latest selections.

Card Groups

Mah Jongg - 1st, 3d and 5th Tuesdays • 12:30pm

Relaxed Bridge - Friday, 11:30pm - Soliciting advice is permitted

Men's Bridge - Tuesday, 12:00pm – Call Byron Garoufalis for more information 630-986-5796

Women's Canasta - Wednesday • 1:00pm - Fun and lively group.

Special Interest Roundtable

The roundtable group invites you to hear a stimulating speaker on a subject of current or local interest. They meet monthly on the **4th Wednesday of the month**, starting at 9:30am for coffee and donuts. The program will start at 10:00am. Fee: \$3 at the door – no reservations necessary. Ask about our smaller specialty groups for Investments, Finance and Bridge.



Unlock Savings
Become a Keyholder

AGE IS ONLY A NUMBER

See page 44

42 | Adult Enrichment

Ages 17 years & Up

MOVIES!

Now Showing Twice a Month

Videos of current films are shown on the 2nd and 4th Thursday of each month at 12:30pm. Movies are \$1 per person. Please see the latest Active Adults Brochure for a current listing of the movies

CPR (Cardio Pulmonary Resuscitation)

Age: 16 & Up

The Heartsaver AED (Automatic External Defibrillator) class is intended for people who need or desire certification in CPR but are not healthcare professionals. Classes include a pocket mask and training on Automatic External Defibrillators.

Code	Date
ENR-SNR-1007-1	1/4
ENR-SNR-1007-2	2/1
ENR-SNR-1007-3	3/7
ENR-SNR-1007-4	4/4
ENR-SNR-1007-5	5/2

Day: SA

Time: 8:00am – 12:00pm

Min/Max: 4/12

Location: The Fire Department

Fee: \$60

Keyholder Fee: \$50

Bridge Lessons – Beginner Class

Age: 18 & Up

Come and learn the exciting game of bridge! This course is appropriate for both new players wishing to learn to play bridge AND players with some experience who want to brush up on their bidding and play skills. Each lesson includes exercises and a full hour of playing textbook hands with the other students.

Code: ENR-SNR-1010

Dates: 4/20 – 6/15*

Days: M

Time: 9:00 – 11:00am

Instructor: Bob Meixner

Location: The Community House

Fee: \$79 (+ \$20 for textbook payable to Instructor)

* No Class 5/25



Block of the Month Club

3d Saturdays, 9:30 – 11:30am. This group of women shares a love and passion for sewing, quilting and creating artwork with textiles. They meet monthly to share ideas and techniques to improve skills and talent. Maximum 15 people.

AARP TAX-AIDE NEEDS VOLUNTEERS for the 2020 Filing Season

Looking for a rewarding opportunity to make a difference in your community? The AARP Tax-Aide Program is now seeking volunteers for the upcoming 2020 filing season. To volunteer it's not necessary for you to be an AARP member nor have a tax or accounting background. However, some knowledge of your own personal tax matters is very helpful. All returns are prepared on computers, thus volunteers should be computer literate. Training classes will be held in January, 2020. This income tax preparation and assistance is offered to low and middle income individuals with special attention to those 60 years and older. Appointments begin February 2020.

To volunteer, visit www.aarp.org/taxvolunteer utilizing either the **GOOGLE CHROME** or **MICROSOFT EDGE** web browser to access and complete an application.

Sounds Good! Choir

The Hinsdale Sounds Good! Choir is now in its fourth year of providing joy and fun to older adults. Under the direction of professional conductor Jonathan Miller, this non-auditioned choir of more than 40 enthusiastic singers meets for weekly rehearsals on Thursday mornings. Local favorite pianist Richard Sladek is our accompanist. Sign up in advance, or come to the first rehearsal and check us out to see if it's a good fit. We look forward to singing with you!



Small Class Pickleball Learn to Play

Ages: 16 & up

Limited to 4 players. Learn the basic rules, strokes, scoring and strategy in a friendly small group setting. In two fun-filled weeks you will be part of the "fastest growing sport in America"! Equipment provided.

Code	Date
AF-SNR-1001-1	1/21-1/30
AF-SNR-1001-2	2/4-2/13
AF-SNR-1001-3	2/18-2/27
AF-SNR-1001-4	3/3-3/12
AF-SNR-1001-5	3/17-3/26
AF-SNR-1001-6	3/31-4/9
AF-SNR-1001-7	4/14-4/23
AF-SNR-1001-8	4/28-5/7
AF-SNR-1001-9	5/12-5/21

Day: TU/TH

Time: 10:00-11:00am

Instructors: Bill Voigt and Patty McKay

Location: The Community House

Fee: \$90

Key Holder: \$80

Small Class Pickleball Drills Workshop

Ages: 16 & up

Limited to 3 players. Take it up a level with an active, fun and purposeful drills workshop. We will match you with your skill level. Experienced tennis and paddle players welcome!

AF-SNR-1001-10	1/21-1/30
AF-SNR-1001-11	2/4-2/13
AF-SNR-1001-12	2/18-2/27
AF-SNR-1001-13	3/3-3/12
AF-SNR-1001-14	3/17-3/26
AF-SNR-1001-15	3/31-4/9
AF-SNR-1001-16	4/14-4/23
AF-SNR-1001-17	4/28-5/7
AF-SNR-1001-18	5/12-5/21

Day: TU/TH

Time: 10:00-11:00am

Instructors: Bill Voigt and Patty McKay

Location: The Community House

Fee: \$90

Key Holder: \$80

Pickleball Open Play - Drop In

Ages: 16 & up

Come play Pickleball, the fastest growing sport in America and see what all the fun is about. All ages, genders and skill levels are welcome. Pickleball players looking for friendly competition and camaraderie with fellow pickleball enthusiasts. Players will play games and rotate throughout the session. Register/sign in at the front desk.

Purchase a 10 punch card for \$40; Key Holders \$35.

Individual visit \$5, Key Holders \$4

Date	Day	Time
1/7-5/19	TU	1:00-3:00pm
1/9-5/21	TH	1:00-3:00pm
1/10-5/22	F	8:30-11:00am (adv players)

Code: AF-SNR-1002

Location: The Community House

**Check out
all our Pickleball
opportunities.**

**Something for
every skill level.**

Adult Archery

Ages: 18 & up

Learn the basics of archery including how to handle a bow, a 9-step program for shooting an arrow from a bow, and range safety in this adults-only class. We teach proper technique and vary target distances so that adults can participate at their own ability levels. Discover this relaxing and rewarding sport that will give you a lifetime of enjoyment! Recurve bows, arrows and targets will be provided, but you may use your own equipment with instructor approval.

Code: ATL-AD-1002-1

Dates: 4/20-6/1*

Day: M

Time: 6:45-7:30pm

Min/Max: 6/10

Instructor: Sports Kids

Location: KLM Park

Fee: \$68

Keyholder Fee: \$54

*No Class 5/25

Adult Taekwondo (all belt levels)

Ages: 14 & up

Taekwondo, one of the newest Olympic sports, is a 2000-year-old martial art, offering a variety of benefits for people of all ages and physical abilities. Students have the opportunity to improve concentration and self esteem, achieve lifelong physical fitness, and learn self-defense skills. For high school students and older, this program concentrates on Taekwondo techniques through the study of forms, stances, and the skills of punching, kicking, and blocking. Belt testing is offered through KH Kim Taekwondo at an additional fee and is held twice a year. All colored belt students are required to have complete sparring gear. **A \$45.00 uniform fee is required at the first class.**

Code

Date

ATL-AD-1001-1

1/8-3/18*

ATL-AD-1001-2

4/1-6/10*

Time: 7:15-8:10pm

Day: W

Min/Max: 4/15

Instructor: KH Kim Taekwondo Staff

Location: KLM Lodge

Fee: \$140

Keyholder Fee: \$121

* 1/8 & 4/22 class will take place at Burr Ridge Park District.

AGE IS ONLY A NUMBER

Some people may be offended by the question "How old are you?" At The Community House, age is only a number.

Why? Because our services are designed to provide everyone, no matter their age, with an opportunity to **#ComeOutandPlay**.

On any given day, you'll see a toddler playing the drums in Tiny Toes, Music Together and a Mom taking some well-deserved time for herself in a Watercolor Painting class in our LyArts Studio .

You'll also see young boys and girls bringing their game in our Field House and hear the dribbling of basketballs on the floor. **#JodieHarrisonBasketballsBack**

Among all the people you'll see at The Community House, you'll note that our Active Adults are always on the move.

Whether they are boarding a coach bus to see a show in Chicago or boosting their energy levels in Sit and Get Fit in our Fitness Room, there is no stopping them from staying engaged and enthusiastic about living their best life.

We invite you to discover more of what our A+ Active Adults programs have to offer that fit your needs, beginning on page 39. We look forward to seeing you at **#OurHouse**. Across our community, there are great resources for living a vibrant, active engaged live. We are pleased to be asked to participate in a Healthy Aging Task Force, lead by The Hinsdalean and Community Memorial Foundation. In partnership with ten organizations, we were astounded at the resources, services and programs across the community. To learn more about the work of the task force and all that our colleagues are doing, please check out the website: www.redefiningaging.org

To be alive is to be aging. We want to help navigate the path, dispel some myths, offer support and help you every step of the way.



Zumba

Ages: 18 & up

Dance fitness for all exercise levels. This is a dynamic class with energetic music blending Latin and world rhythms with easy to follow dance moves to provide a fun total body workout. Come join the party! **Classes start Friday January 17, 2020. FREE demo class Friday, November 22, 2019, 9:00-9:30am**

Code: AF-SNR-1013

Dates: On-going

Day: M/F*

Time: 9:00-9:45am

Instructor: Sima Mehta Madhiwala

Min/Max: 6/30

Location: The Community House

10 punch card:

Fee: \$175

Key Holder Fee: \$150

*No class 5/25



Mindful Vinyasa Flow Yoga

Ages: 18 & up

A beginner friendly slow flow class linking breath to movement to achieve full mind, body and spirit alignment. The class will include traditional Sun Salutations and a mix of flowing and holding poses to gain strength and stability. Each class will include balance postures, core-focused movements and a full range of motion for healthy joints. A variety of poses will be offered including kneeling and on the belly. No previous yoga experience required. Classes will have options so anyone from a beginner to an intermediate yoga student can enjoy the flow. No chair access. Please bring a mat and towel for knee support.

Code	Time	Date
AF-SNR-1012-1	10:30-11:30am	1/6-2/24*
AF-SNR-1012-2	10:30-11:30am	3/2-4/20*

Day: M

Instructor: Carol Bailey

Location: KLM Lodge 2nd floor, County Line Rd, Hinsdale

Fee: \$80

Key Holder Fee: \$65

*No class 2/10, 4/6



Pilates Mat Mash-Up - Barre Above

Ages: 18 & up

Toning, flexibility, better posture, increased core strength and the body/mind connection are achieved through our Mat Mash-Up work. A variety of equipment adds interest and "mashes-up" the workout so class is always exciting. Our classes blend the best of ballet, strength, yoga and Pilates, providing an exciting and effective class for all fitness levels. Hit the barre and see results! One punch card good for all classes. Please bring a mat to each class. You are always welcome to come for a FREE trial class. Stop at the front desk to sign in. (classes start Monday, 1/6)

Dates: On-going

Day	Time
M/W	10:00-11:00am
TU	7:00-8:00pm

Instructor: Cathy McAndrews

Location: The Community House

15 punch card:

Fee: \$155

Key Holder Fee: \$135

Ageless Yoga

Ages: 50 & up

This class is designed primarily for those with limited mobility. By modifying classic yoga exercises to easy standing poses and low impact work in a chair, students will have the chance to improve strength and flexibility in a way that is approachable and fun! No materials or prior experience required. You are always welcome to come for a FREE trial class. Stop at the front desk to sign in.

Code	Date
AF-SNR-1005-1	1/10-2/21
AF-SNR-1005-2	2/28-4/10
AF-SNR-1005-3	4/17-5/29

Day: F

Time: 10:30-11:30am

Min/Max: 4/17

Instructor: Sue Chilton

Location: The Community House

Fee: \$80

Keyholder Fee: \$70

Gentle Yoga

Ages: 50 & up

A slower paced class for older adults using yoga poses to maintain health and slow down the effects of aging. The gentle yoga poses and breathing promote wellness for mind, body and spirit. The benefits include increased energy, improved balance, flexibility, joint stability and an overall sense of well-being. Warm-up done seated on a chair and standing poses include chair access for balance. Cool down avoids any poses on the knees and belly. Please bring a mat and a towel for support under your head.

Code	Date
AF-SNR-1006-1	1/8-2/26* (1/8 at Hinsdale Library)
AF-SNR-1006-2	3/4-4/29*

Day: W

Time: 10:30-11:30am

Instructor: Carol Bailey

Min/Max: 5/20

Location: KLM Lodge 2nd floor, County Line Rd, Hinsdale

Fee: \$80

Keyholder Fee: \$65

*No class 2/12, 4/8, 4/22

Fit4Mom Stroller Strides®/Stroller Barre®

Ages: 18 years & Up (Moms at least 6 weeks postpartum or with physician approval)

Stroller Barre is a 60 minute mom and child, cardio and strength interval class designed to improve posture, stability, and mobility. The workout combines moves inspired by barre, ballet, Pilates, fitness and yoga to help you regain your posture and alignment and strengthen your body from the inside out! Stroller Barre will help you reconnect with your body, increase flexibility and develop the core strength needed for motherhood all the while weaving songs and activities into the routine to engage and entertain baby so mom can enjoy the workout! No physical pass, class is monitored by a Fit4Mom Certified Instructor. The class requires an adequate stroller with support for baby's head. Umbrella strollers are discouraged.

Days: TU/TH

Dates: 1/7 – 4/30*

Time: 11:00am – 12:00pm

Location: The Community House Gym

Instructor: Jackie Stuit

*No class 3/31, 4/2

Fee: Monthly Unlimited \$65

5 Visit pass - \$85

10 Visit pass - \$150

Strides 360

Ages: 18 years & up

Strides 360® promises a heart-pumping workout designed to increase your endurance while also developing speed, agility and quickness to help you sprint through mom life. Bodyweight conditioning is strategically placed to provide recovery, strength and round out your workout. It's for any mom interested in a workout that can be as hard as you need it to be on your good days and scaled back on days you're not sure how you make it out the door! Bring your kiddos with you in the stroller or come by yourself and play with your mom friends. Either way, the hour will fly by and leave you energized for the rest of the day.

Days: W

Dates: 1/8 – 4/29

Time: 10:00 – 11:00am

Location: The Community House Gym

Instructor: Jackie Stuit

Fee: Monthly Unlimited \$65

5 Visit pass - \$85

10 Visit pass - \$150

Sign up at www.oakbrookhinsdale.fit4mom.com or email beckykostelny@fit4mom.com

Sit and Get Fit

Age: 18 years & Up

For older adults and individuals with physical limitations or injuries. Our seated classes are for people who want to stay active and mobile but want something gentle on the body and easy to do. You'll be amazed what you can do while seated in a chair! Work on increasing range of motion, circulation, flexibility, balance and strength with easy to follow moves. We sometimes use light weights or toning bands to improve strength. **You are always welcome to come for a FREE trial class. Stop at the front desk to sign in.**

Code: AF-SNR-1004

Dates: on-going*

Day: M/W

Time: 11:30am-12:30pm

Instructor: Gail Avgeris

Location: The Community House

Min/Max: 5/35

10 Class Punch Card

Fee: \$90

Keyholder Fee: \$75

*No Class 2/3, 2/10, 2/17, 2/24, 3/2, 5/25

**YOUR TRUSTED COMMUNITY
NON-PROFIT SINCE 1941**

Adult Fitness
Ages 17 years & Up

47

Prime Time A+

Age: 18 years & Up

This is an easy to follow on-going class that welcomes new members. Enjoy a low-impact workout designed to improve your cardiovascular fitness, strength, balance and flexibility. We are dedicated to enhancing your fitness by promoting health and well-being through exercise. You are welcome to come in and try a FREE trial class. Please stop in at the front desk to sign in.

Code: AF-SNR-1008

Min/Max: 5/50

Dates: on-going*

Day: TU/W/TH

Time: 8:45-9:45am

Instructor: Cathy McAndrews

Location: The Community House

10 Class Punch Card

Fee: \$80

Keyholder Fee: \$60

Class starts 1/7

SCHEDULE-AT-A-GLANCE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

9:00-9:45am
Zumba (Sima)

8:45-9:45am
Prime Time
Aerobics (Cathy)

8:45-9:45am
Prime Time
Aerobics (Cathy)

8:45-9:45am
Prime Time
Aerobics (Cathy)

9:00-9:45am
Zumba (Sima)

10:00-11:00am
Pilates Plus (Cathy)

10:00-11:00am
Pilates Plus (Cathy)

10:30-11:30am
Ageless Yoga (Sue)

10:30-11:30am
Vinyasa Flow Yoga (Carol) KLM Lodge

10:30-11:30am
Gentle Yoga (Carol) KLM Lodge

11:30am-12:30pm
Sit, and Get Fit (Gail)

11:30am-12:30pm
Sit, and Get Fit (Gail)

7:00-8:00pm
Pilates Plus (Cathy)



PROVIDING EVIDENCE-BASED ACADEMIC SUPPORT SINCE 2004

The **Village Tutors** was formed to address the need for one-on-one, evidence-based academic support for students in our community. The tutors are trained in highly regarded programs such as the Wilson Reading System®, Wilson Foundations®, Lindamood-Bell® and the Rush Medical / Neurobehavioral Center's Executive Function Skills Building Program®.



The Village Tutors, along with our outstanding network of professionals, help families navigate the best possible educational path for their students. We believe that when evidence-based support is combined with compassion, students can realize their academic potential.

We welcome your questions!

Email thevillagetutorshinsdale@gmail.com or call Suzanne Petree, founder, at (708) 927-0187.

The Village Tutors support traditional/non-traditional learners from elementary school through college and beyond in the following areas:

- **STANDARDIZED TEST PREP** for the SAT/ACT, PSAT, Catholic HS Entrance Exam, ISEE, SSAT and GRE; writing support by a certified SAT/AP exam essay grader
- **FULL ACADEMIC SUPPORT** for English, Social Studies, Science, Math-ALL levels including AP and college
- **CRITICAL READING SKILLS** that support comprehension
- **FOREIGN LANGUAGE** support for French and Spanish
- **WRITING SKILLS** for analytical, academic, creative, DBQ and AP essays
- **EXECUTIVE FUNCTION SKILLS BUILDING** that include study strategies, homework help, test-taking/quiz strategies, time management, and organization
- **DYSLEXIA/LEARNING DIFFERENCES** reading and math
- **SKYPE/ONLINE** coursework and test prep support
- **COLLEGE CONSULTING, SEARCH, APPLICATIONS, ESSAY WRITING** services are billed hourly and can be scheduled 'as needed'-no package to purchase
- **CAREER GUIDANCE** for new grads, including resumes, online profiles, interview coaching and job search strategies

www.thevillagetutors.org

We are proud to be celebrating our 15th year at The Community House!





Hinsdale Community Preschool, Inc.
 A Parent CO-OP School Since 1942
 415 W. Eighth Street, Hinsdale, IL 60521
 630-325-7484
www.hinsdalecommunitypreschool.org



Resident Organization
 Preschool

49

Celebrating 78 years of Cooperative Learning!

Register today for the 2020-2021 school year!

Join the HCP community
 and enrich your child's education
 with outstanding programs
 for Preschoolers
 AND Kindergartners!



Preschool Classes	Monday	Tuesday	Wednesday	Thursday	Friday
Just For Me Two (2 year olds)	9:00-11:00am				9:00-11:00am
Juniors (3 year olds)		8:45-11:10am	8:45-11:10am	8:45-11:10am	
Seniors (4 year olds)	8:45-11:15am	8:45-11:15am	8:45-11:15am	8:45-11:15am	

Preschool Enrichment Classes	Monday	Tuesday	Wednesday	Thursday	Friday
Discovery Math – (4 by 1/1)*	11:15am– 1:40pm				
Discovery S.T.E.A.M. - (4 by 1/1)		11:15am-1:40pm			
BookWorms Preschool (4 by 1/1)*			11:15am-1:40pm		
La Petite Masters Art – (4 by 1/1)*				11:15am-1:40pm	

*Lunch Included

Kindergarten Enrichment Classes	Monday	Tuesday	Wednesday	Thursday	Friday
Discover Kids S.T.E.A.M.	12:30-2:45pm				
BookWorms Literacy Enrichment		12:30-2:45pm	12:30-2:45pm		
Discovery Kids World Explorers				12:30-2:45pm	
BookWorms Literacy Enrichment					8:45-11:15pm

Kindergarten Enrichment Programs - Complement your child's Kindergarten year curriculum with one or both of the following classes:

BookWorms- Tuesday or Wednesday 12:30-2:45pm - Our most popular program! This class complements District 181 Literacy Programs by fostering an appreciation for literacy, rhyming, and word families through popular authors and illustrators, meeting the Kindergarten Common Core Standards. It also helps children develop techniques for problem solving, conflict resolution and handling emotions.

Discovery Kids World Explorers– Thursday 12:30-2:45pm – A study of the countries around the world! - Geography, science, literacy, music, drama and art—with the study of countries across the globe—this is Discovery Kids World Explorers! Each month students will visit a different country and learn about its geography, science, engineering, technology, art and culture, meeting the S.T.E.M Common Core Standards for Kindergarten.

Discovery S.T.E.A.M. for Kindergarten - The Discovery S.T.E.A.M. program is a kindergarten enrichment class designed to develop invaluable 21st century skills of critical thinking collaboration, communication and creativity. Discovery S.T.E.A.M. integrates Science, Technology, Engineering, Arts and Math through hands-on activities in a student-centered format.

For more information and class descriptions visit us at HinsdaleCommunityPreschool.org or call 630-325-7484.

50

Registration Form

Register today!



Today's Date: _____

Family Last Name: _____ Parent Name: _____

Address: _____ City: _____ Zip: _____

Home Phone: _____ Cell Phone: _____

E-Mail Address: _____

Emergency Contact: _____ Phone: _____

School	Grade
T-Shirt	Height
Travel Exp.	Yrs. Exp.

Does the participant have any allergies, medical conditions, medications or any other medical issue staff should be aware of? Yes No (if yes, please explain): _____

NEW ONLINE REGISTRATION! Join our online club and register anytime!

Login: _____ Security Question: _____

Password: _____ Security Answer: _____

* Save this information to register online. A valid email address is required for online registration.

Program Information

Code	Class Name	Participant Name	DOB	Gender	Fee

Are you or a member of your family a veteran? yes

Total Payment Due: _____

Method of Payment (please check one)

Cash Credit Card Check #: _____ Other: _____ Staff Initials: _____

This section must be completed if you are using a credit card for payment: CW/CVC: _____
(3 digit code)

Cardholder's Name: _____

Credit Card Number: _____ Exp Date: _____

Participant/Parent Signature: _____

The above agrees to indemnify and hold harmless The Community House, its directors, officers, board of trustees, employees and agents from any and all claims for injury from any cause whatsoever arising out of or in any way connected with the above programs. I give permission for The Community House to use photographs or videos of those involved in the above programs for promotional materials. I have read and understand the specific refund policy for the above programs.

Registration Information - Most programs offer online registration at www.thecommunityhouse.org, click the "Register" button on the top right. Registration can also be accepted at the registration desk (see page 5 for hours).

Refund Policy - Refunds must be requested more than 3 business days prior to the activity start date. We are unable to offer refunds for classes within 3 days of the start or for classes that have already started. All refunds will be charged a \$10 processing fee per activity. Customers may have their refund be processed as an in-house credit and use the credit for any program offered by The Community House. In house credits are charged a \$5 processing fee, are non refundable and are available for use for up to one year after issue date. If The Community House cancels an individual class during a session, a make up class will be scheduled. We are unable to offer refunds for Memberships purchased. Once approved, refunds are processed in the format of the original payment within 21 days. Events or programs that require a ticket purchase are not eligible for refunds. Summer Day Camp, Kiddie Camp and the After School Achievement Program participants must request a refund 24 hours in advance of the start of the program taking place. These programs will not offer refunds for days that have already occurred. Transfers will not be granted for these programs but customers may request an in-house credit to use for the program of their choice. It may take up to 3 business days from the request for in-house credit for the credit to be available for use.

Transfer Policy - Participants in some classes may request to transfer from one class to another. Not all classes allow transfers. A \$5 transfer fee must be paid before the transfer is processed.

Photo/Video Policy - The Community House staff regularly photographs or videotapes participants in programs and at events. These photos are the property of The Community House and may be used in publications, brochures, flyers, websites, video productions or other marketing outlets. The Community House will protect the identity of those used in our promotional materials.

Jordan Crist Scholarship Fund - The Community House strives to make all programs available to all people. Through the generous donations and efforts of family and friends, the Jordan Crist Scholarship Fund was created to provide assistance to those in need. Please stop by the front desk for a scholarship application. To make a donation to the J.C.S.F. call The Community House, 630-323-7500 ext. 254.

Programming - The Community House provides a wide variety of programming for a wide variety of ages. We welcome your input on our current programs and invite you to share your ideas for future programming, email or call Dan at djanowick@thecommunityhouse.org or 630-323-7500 ext. 254.



UNLOCK SAVINGS

BECOME A KEY HOLDER!

Keys to The House provides key holders with 365 days of exclusive benefits and VIP access to every door at The Community House.

BENEFITS

- Early access to registration
- Discount on facility rentals
- 15% off program registration
- Exclusive programs for key holders

Even more benefits!...

- Unlimited use of the walking track and open gym
- Waived registration fees for Before/After the Bell families
- Spare keys - guest passes for the track and gym
- Exclusive savings at area businesses

PACKAGES

- Family* - \$120
- Individual/Child - \$55
- Active Adult Couple - \$65
- Active Adult Individual - \$45

**With a contribution of \$1,000 or more to The Community House, you receive a complimentary set of keys for the whole family.*



thecommunityhouse.org



630-323-7500



415 West Eighth Street - Hinsdale

Key holder status must be valid on the **start date** of the program to receive program benefits.

COME WALK WITH US!
APRIL 26, 2020
SUNDAY @
8:30 AM



**Early bird registration begins
January 1, 2020**