



Winter-Spring 2015

Sibshops are a great way for the siblings of those with special needs to meet others who can relate, share their experiences, learn information that will help them understand their brother or sister better, learn new ways of coping when things get tough and how to deal with situations commonly experienced by siblings. All of this is done within a recreational context where siblings have fun with other kids who just "get it" while playing games, doing arts and crafts, making and eating a snack and just having some fun led by a trained Sibshop Facilitator.

Date	Theme/Subject	Description
January 17	Snow Learning To Chill Out	Winter is a great time to learn to chill out and identify what makes you "snow" special! <u>Optional:</u> Come dressed in your best snowperson outfit!
February 21	Treasure Trunks Seek & Find Solutions To Challenging Situations	Sometimes finding the answers to challenging situations can be difficult. Let's go searching for them together! <u>Optional</u> : Come dressed in your best pirate costume!
March 21	PJ's & Pizza Getting Comfy About My Sib	Let's get comfy about what makes you and your sibling a great team. <u>Optional</u> : Come dressed in your most comfy PJs and slippers.
April 25	The Emotion Detectives Solving the Mystery of Emotions	Come solve the mystery by being an emotion detective! Knowing why we feel the way we do can make us happier & healthier! Optional: Come dressed in your best detective or spy costume!



All sessions are on a Saturday 9:30am – 12:00 noon Located at The Community House 415 West Eighth Street in Hinsdale Who Can Attend? Siblings of those with any special needs between the 1st and 5th grades.

What Is The Cost?

All Participants \$15 per child per session Charlie's Gift Families: \$10 per child per session Sign up for all 4 sessions receive a \$5 discount!

Registration is due 1 week prior to the session dates.

Multiple ways to register!

- 1) In Person @ Charlie's gift Autism Center, 1048 W. Ogden Ave #200, Downers Grove, IL 60515
- 2) By Email: Beth Blade eblade@charliesgift.org
- 3) By Telephone: 630-810-1200