



WINTER/SPRING PROGRAM GUIDE 2018

Come Play
Pickleball
Inside at
The Community
House!!

- Spring LaCrosse
- Spring T-Ball League

REGISTRATION | MEMBER 12/12/17 | NON-MEMBER 12/19/17















415 West 8th Street, Hinsdale, IL 6 3 0 - 3 2 3 - 7 5 0 0

Purchase tickets online at www.thecommunityhouse.org or in person at The Community House.



The Community House

"We build community by providing inspiring opportunities for learning, social support and recreation."

1. The Community House
415 W. Eighth St., Hinsdale, IL 60521

Phone: 630-323-7500

Home to our main offices, youth and senior recreation programs, The Counseling Center, and facility rentals; our main Hinsdale location boasts 48,000 beautiful square feet. We are your place to gather and grow!

2. Willowbrook Corner Youth Learning Program

16W610 Honeysuckle Rose Lane, Willowbrook, IL 60527

Phone: 630-325-1389

Providing education support and enrichment for youth of the Willowbrook Corner neighborhood, The Community House offers learning enrichment and tutoring, summer learning and camp programming, parent support workshops and links to multiple local agencies.



229 Symonds Drive, Hinsdale, IL, 60521

Phone: 630-789-2429

This two-story building includes one multipurpose room and an upstairs gaming paradise complete with 4 TV's, video game systems, ping pong, pool table, foosball, air hockey and full size arcade racing games. Home to a number of recreation programs this facility is available to rent for your next party!

4 Counseling Center and Charlie's Gift Autism Center

415 W. Eighth St., Hinsdale IL 60521

Phone: 630-323-7500 ext. 250

Our experienced team of therapists offers counseling for individuals, couples and groups, and workshops for mental wellness and stress reduction. The Charlie's Gift Center provides specialized therapeutic services for children and families impacted by Autism and related disorders, with a focus on mental health and family support programs.









Based in Hinsdale and serving the surrounding suburbs, The Community House makes a difference in the lives of thousands of local families.

Chair: **Jennifer Sherman Cherry Jeff Akers Artemis Anos** Michael R. Ascher Trayce Biancalana Walter H. Clark Nicholette Cutrera Michael J. Devine **Dixie Lee Erwin Trevor Ferguson** Kate Fridholm Victor J. Galati Alyssa Guido **Mary Blue Henneman** Peter H. Huizenga, Jr. David G. Killpack Lisa C. Lambert Timothy G. Lyne **Phil Mavon Clay Naccarato** Linda Riordan **David Rogero** Eileen Sachanda Stephanie Seppanen **Elisa Templeton Jenny Templeton John Treiber Wesley Urick Braden Waverley**

Ardie Baroni Henry G. Bates Winston C. Black, Jr. Kevin R. Burke Norman V. Chimenti Michael P. Connelly Robert C. Early David W. Fox William S. Gray **Lavina Gross** Ann E. Grube Kenneth W. Hadland Ly Hotchkin, Honorary **James Hultquist Dick Johnson** Dennis J. Keller Fred A. Krehbiel **Harriet Luebchow** Jay W. McGreevy James D. Parsons Suzanne L. Petree Sally S. Porter Phillip B. Rooney John L. Rose Edward F. Ryan Samuel C. Stout, Jr. Frank W. Swan Katharine V. Sylvester George S. Trees, Jr. James G. Tuthill, Jr. Robert E. Wangard



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Community Services

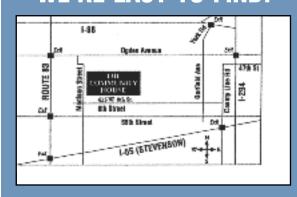
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WE'RE EASY TO FIND!





Don't Wait to Register!

Don't wait until the last minute to register for a program or class. Some classes are cancelled because people wait until the day a program starts to sign-up.

Please register early! Some programs require "in person" registration.

Jordan Crist Scholarship Fund

The Community House strives to make all programs available to all people. Through the generous donations and efforts of family and friends, the Jordan Crist Scholarship Fund was created to provide assistance to those in need. Please stop by the front desk for a scholarship application. To make a donation to the J.C.S.F. call The Community House, 630-323-7500 ext. 254.

Hold Your Next Event at Our House

Rent space at The Community House for your next business meeting, wedding reception, fundraiser, private party, political or corporate event. Our convenient and easily accessible location, with plenty of off-street parking, makes The Community House the perfect and unique setting for your next event. Casual or formal, small group or large, the unique design of The Community House offers an uncommon variety of spaces and an excellent experience for you and your guests. The Community House can help you find the space that matches your needs. Our entire facility is wifi accessible. See page 49 for more information.

Visit our website at www.thecommunityhouse.org

Hours Please call for weekend hours.

Monday-Thursday 8am-8pm Friday 8am-6pm

The Building is Closed on . . .

December 24 - Christmas Eve December 25 - Christmas Day January 1 - New Year's Day May 28 - Memorial Day

For Open Gym Hours please visit our website www.thecommunityhouse.org.



Become a Fan of The Community House on Facebook

Phone Directory

Staff Phone 630-323-7500

Interim Executive Director

Brad Warren - ext 255

Administrative Staff

Gerilyn Johnson, Finance Director - ext 236 Judy Tittelbach, Business Manager - ext 241 Sue Wojnowski, Office Manager - ext 0 Front Desk - ext 0

Youth Recreation

Dan Janowick, Program & Facilities Director - ext 254
Beth Hahn, Recreation Supervisor - ext 247
Kelci Bednar, Recreation Supervisor - ext 237

Adult Programming

Kate Vogts, Active Adults Director - ext 225

Arts Programming

Jimmy McDermott, Arts Program Director, The Ly Hotchkin Arts Program - ext 240

Development

Brad Warren, Director of Development - ext 255 Sarah Sieracki, Development Manager - ext 222 Debbie Fisher, Marketing Coordinator - ext 224

Volunteer Services

Marcie B. McGonagle, Director - ext 228

The Counseling Center and Charlie's Gift Autism Center

Intake - ext 239

Robert Agnoli, LCSW, CPAIP, Director of Mental Health Services

Cara Romanini, Clinic Coordinator - ext 250

Willowbrook Corner

Rebecca Perkaus, Director Willowbrook Corner Office 630-325-1389

Facility Staff

Rich Zizek, Maintenance Supervisor - ext 226
Patricia Stachorek, Facility Coordinator - ext 235



Become a Member Today!

Program registration pays for your program. Your Membership makes a difference!



At The

Community House,

MEMBERS are part

of the family!

Being a member and saving is easy:

Step 1:

Become a Member

Click the Member button at www.thecommunityhouse.org or stop by the registration desk at our Hinsdale location to purchase your membership. We offer a variety of membership packages to meet your needs:

Family Membership: \$120 Individual Membership: \$65 Senior Couple Membership: \$65

Senior Individual: \$45

Once you purchase your membership, you can start saving right away!

Step 2:

Register Early

That's right, registration opens a week early for members to get first choice of our most popular classes.

Step 3:

Start Saving!

The more you participate, the more you save! Receive a discount of 20-30% on each class using your membership. The more you register, the more you save. Your membership will pay for itself!

Step 4:

Enjoy the Perks of Membership!

Members will receive notice of FREE member events throughout the year and enjoy complimentary use of open gym hours and our walking track.

A valid membership is required at the start date of a program to receive member benefits. Memberships are valid 365 days from the date of purchase.



COMPANIES THAT DO GOOD, DO WELL!

The tradition of the Community Partners Program is one that recognizes businesses and other organizations for providing charitable support to The Community House. Support from Community Partners — whether financial or through in-kind goods and services - enable us to fulfill our mission of building community by providing inspiring opportunities for learning, social support, and recreation.

We gratefully recognize the generosity of our Community Partners!

PLATINUM COMMUNITY STEWARDS





GOLD COMMUNITY BUIDERS





SILVER COMMUNITY CONNECTORS











BRONZE COMMUNITY PARTNERS































Interested in expanded philanthropic support in the community?

For more information about becoming a Community Partner, or renewing your current partnership, please contact Brad Warren, Director of Development, at (630) 323-7500, ext. 255.





Breakfast with the Easter Bunny

Before the egg hunt begins, be one of the lucky few to hop into The Community House for a delicious hot breakfast and one on one time with the Bunny! Last years breakfast included scrambled eggs, French toast, hash browns, Danish's, cinnamon rolls, pancakes, fresh juice, donuts, and coffee. Everyone in attendance will be given the chance to beat the crowds for a special photo with the Bunny. Pre-registration is required for breakfast.

Under 1 year old is admitted FREE with paying adult.

Location: The Community House

Code: ENR-YTH-1002

Date: 3/31 Day: SA

Time: 9:15-10:30am

Member/Non Fee: \$15/\$18

Bring your baskets and hop on over to Robbins Park to hunt for eggs and visit with the Easter Bunny! Areas will be divided by age group and there will be a petting zoon in the park and kids crafts and activities inside The Community House immediately after the egg hunt. This FREE event is coordinated with the Village of Hinsdale Parks and Recreation Department and will be held rain or shine!

Location: Robbins Park,
East of The Community House

Day: SA Date: 3/31

Time: Promptly at 10:30am

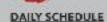








Are you looking for Before or After School care during the school year? Before and After the Bell follows the School District #181 calendar and we'll take you to and from school. Your kids will do fun activities, organized games, and work on homework. If you do not see your child's school please contact the Recreation Supervisor at 630-323-7500 Ext. 247 to check for availability. You can customize your experience by sighting up for one day, a week, or the entire mouth! Age: Full day or morning kindergarten -8th Grade Location: The Community House MORNING SCHEDULE 7:00-7:00 - Games/Activities Iew. Coloring, hours games, card games, organized group games) 7:30-7:40 - Breakfast snack 7:40 8:05 - Sym Time 8:05-8:15 - Get ready for school drop off Dutes Days INTERTEDIOR DESIGN MAG 7-03-815 AM Age: Full day Kindergerten -8th Grede Location: Hinsda e Youth Center, 229 Symonds Drive, Hinsdale Now affering annichment programs from 4:00-4:45PM. Your child will participant in fun enrichment programs. Listed below are a variety of programs we will do on a daily basis. . S.T.E.A.M. - Want to learn now to make S'mores from a pieze box? Your child will continue to learn through fun science and art projects! . Nature - Wo will take nature walks gather leaves and learn how to imprint, grow our own flowers, and vogetables, and even have our own bug jarl . Cooking Club - We will make fun and easy aracks and teach your child simple recipes! Chicken quesacillas,



3:05-3:30 - Pick up from schools

3:30-4:00 - Snack Time

4:00-4:45 - Teacher-lead Activities/Emichment Program

Code Dates ENK-TEH-100s-Lilen-June Days M-F Super Quest Uninterrupted New 5:30-6:00 - Free Time Upstains/

. Sports Club - We will play kickball, home run derby, running bases, and more!

4:45-5:30 - Homework Help/SQU RT (Super Quiet Uninterrupted Reading Time) 5:30-6:00 - Free Time Upstains/Closing Circle

FARK DAYS OF RUSHING PARK SHAPY THEREBY AND THURSDAY

One Child:

Sibling Discount:

Before the Bell Daily MVNM

is in a mug, and mini pizzael

3.05-6:00 PM

\$10/520

Before the Bell Daily MVNM SA/S16 After the Bell Daily N/NM \$17/\$27

After the Bell Daily MINM \$13/23



Sign up at: thecommunityhouse.org





Stranger Danger

Age: 4-8 years, with parents

The focus of this program is to teach children about the potential dangers of strangers through the explanation of numerous safety tips by Hinsdale Police Officers. An adult

must accompany children.

Instructors: Hinsdale Police Department

Location: The Community House

Min/Max: 5/25

Code: ENR-PRE-1004

Date: 4/12 Day: TH

Time: 4:00-4:45pm

Member/Non-member Fee: \$8/\$10

Enrichment

Lego Engineering & Robotics

Age: 3-6 years

Design and build castles, monsters, bridges, volcanoes and more! We'll have fun building projects that actually move and we'll test them to see how they work. This class capture's kids' imaginations with engaging, hands-on, building projects.

Instructor: The Whole Child Learning Company

Location: The Community House

Min/Max: 8/14

Code: ENR-PRE-1002-2

Dates: 4/2-5/21

Dav: M

Time: 11:30am-12:15pm Member/Non Fee: \$140/\$160

Zany Zoology

Age: 3-6 years

Learn about the fascinating animal kingdom and some of its most amazing and unusual inhabitants! Hands-on activities including making models, simulations, games, and lab

investigations!

Instructor: The Whole Child Learning Company

Location: The Community House

Min/Max: 6/14

Code: ENR-PRE-1002-1 Dates: 1/25-3/15

Day: TH

Time: 11:30am-12:15pm Member/Non Fee: \$140/\$160

Junior Firefighters

Age: 4-8 years, with parent

Hinsdale Firefighters explain and demonstrate important fire safety practices. Children will tour the Fire Safety house. Firefighters will show participants how to exit a home in the event of a fire and how to recognize potential fire hazards.

Children must be accompanied by and adult. Instructors: Hinsdale Fire Department Location: Hinsdale Fire Department

Min/Max: 5/25

Code: ENR-PRE-1003

Date: 4/10 Day: TU

Time: 4:00-4:45pm

Member/Non-member Fee: \$8/\$10

Arts

Handprints: Messy Mixed Media

Ages: 3-5 years

Calling all junior artists! Come dressed for a mess and explore art making in this messy class. Inspired by a particular story and theme presented at the start of each class, children will have fun creating their very own art projects. Drop-off optional, parents and caregivers welcome. Child must be toilet independent or use pull ups. Students are suggested to bring old. oversized shirts to wear as smocks.

Instructor: Gabrielle Tufano
Location: The Community House

Min/Max: 5/10

 Code
 Date

 AP-PRE-1004-1
 2/5-3/12

 AP-PRE-1004-2
 4/2-5/7

Day: M

Time: 10:00-10:45pm

Member/Non Fee: \$100/\$115



Music

Kindermusik is an early childhood music and movement program that nurtures cognitive, emotional, social, language and physical development. This internationally renowned program is recognized for its ability to develop literacy, language, listening, problem solving, social, self-esteem and musical skills.

Instructor: Loreta Janulericlute **Location:** The Community House

Family Class

Ages: Newborn-5 years

A Family Time Program - up to 3 children per family included in fee with adult. All children participating must be registered.

Code Dates Day Time

AP-PRE-1002-1 1/30-4/24* TU 1:15-2:00pm

Min/Max: 3/10

Member/Non Fee: \$210/\$215

Additional required Home Kits(3) Fee \$55. Paid to instructor

on the 1st day of class.

Toys I Make - Trips I Take

Ages: 3-5 (without adult)

Code Dates Day TimeAP-PRE-1002-2 1/30-5/8* TU 9:15-10:00am

Min/Max: 2/8

Member/Non Fee: \$210/\$215

Additional required Home Kit Fee \$65 w/Backpack & \$60 without backpack. Paid to instructor on the 1st day of class.

Away We Go - Our Time

Ages: 18mos-3 years (with adult)

 Code
 Dates
 Day
 Time

 AP-PRE-1002-3
 1/30-5/8*
 TU
 10:15-11:00am

 AP-PRE-1002-4
 1/31-5/9*
 W
 10:15-11:00am

Min/Max: 4/12

Member/Non Fee: \$210/\$215

Additional required Home Kit Fee \$60. Paid to instructor

on the 1st day of class.

Feathers and Do-Si-Do

Ages: Newborn-18 mos (with adult)
Code Dates Day

AP-PRE-1002-5 1/31-5/9* W 11:30am-12:15pm

Time

Min/Max: 4/8

Member/Non Fee: \$210/\$215

Additional required Home Kit Fee \$70. Paid to instructor

on the 1st day of class.



Ages: 5-7 years

 Code
 Dates
 Day
 Time

 AP-PRE-1002-6
 1/31-5/9*
 W
 1:15-2:30pm

Min/Max: 2/8

Member/Non Fee: \$255/\$260

Additional required Home Kit Fee \$75. Paid to instructor

on the 1st day of class. No Class 3/27 or 3/28*

Don't miss out on this wiggly, giggly good ol' time!









Ages: Newborn-6 years (with parent or caregiver)

Each week, babies, toddlers, preschoolers, and the grownups who love them gather for 45 minutes of fun-filled family music time with Tiny Toes Music. Your teacher will lead you and the other families in music activities ranging from lullabies to full-on jam sessions (with child-friendly instruments, of course!). In Music Together's mixed age classes, everyone participates at their own levels: babies vocalize, listen and observe; toddlers play and experiment; and preschoolers build confidences as they emerge as classroom leaders. Grownups are happy because everyone can come to class together! You'll take home the award-winning music used in class, along with an illustrated songbook and other resources. You'll be supporting your child's music-learning and overall development all week long as you discover new ways to play with music together. It's so much fun, you won't realize how much learning is taking place! Infant siblings under 9 months attend for free and any caregiver (parent, nanny, or grandparent) can participate in this family music experience.

Instructor: Tiny Toes Music Instructor **Location:** The Community House

Min/Max: 6/12

Member/Non Fee: \$143/\$148

Sibling Rate: \$139/\$144 (must register in person for this rate)

Code	Dates	Day	Time
AP-PRE-1003-1	1/22-3/12	M	9:00-9:45am
AP-PRE-1003-2	1/22-3/12	M	10:00-10:45am
AP-PRE-1003-3	1/23-3/13	TU	9:00-9:45am
AP-PRE-1003-4	1/23-3/13	TU	10:00-10:45am
AP-PRE-1003-5	1/23-3/13	TU	11:00-11:45am
AP-PRE-1003-6	1/26-3/16	F	10:00-10:45am
AP-PRE-1003-7	1/26-3/16	F	11:00-11:45am
AP-PRE-1003-8	1/26-3/16	F	12:00-12:45pm
AP-PRE-1003-9	4/2-5/21	M	9:00-9:45am
AP-PRE-1003-10	4/2-5/21	M	10:00-10:45am
AP-PRE-1003-11	4/3-5/22	TU	9:00-9:45am
AP-PRE-1003-12	4/3-5/22	TU	10:00-10:45am
AP-PRE-1003-13	4/3-5/22	TU	11:00-11:45am
AP-PRE-1003-14	4/6-5/25	F	10:00-10:45am
AP-PRE-1003-15	4/6-5/25	F	11:00-11:45am
AP-PRE-1003-16	4/6-5/25	F	12:00-12:45pm



Visit us online to view upcoming special events and programs. You can also register online at www.thecommunityhouse.org



Mommy & Me Ballet

Ages: up to 2 years (with parent or caregiver)

An interactive class where children and parents can discover the joy of movement. We believe a child's (and parent's) first experience with dance should make a positive and lasting impression. Children have fun in a safe, creative, and nurturing environment.

Instructor: Hinsdale Dance Academy **Location:** The Community House

Min/Max: 4/8

Code: AP-PRE-1006-2 Date: 1/30-3/20

Day: TU

Time: 9:30-10:00am

Member/Non Fee: \$136/\$150

Min/Max: 4/8

Code: AP-PRE-1006-1

Date: 4/3-5/22 Day: TU

Time: 9:30-10:00am

Member/Non Fee: \$136/\$150

Preschool Ballet

Ages: 3-6 years

The Hinsdale Dance Academy is an official Angelina Ballerina Dance Academy! Your child will receive a quality dance education in a caring and fun environment, all based on the beloved Angelina Ballerina character. The Angelina Ballerina Dance Academy curriculum is designed by internationally renowned master teachers and child development experts. Your child will be inspired to pursue their dreams of dance, just like Angelina Ballerina!

Instructor: Hinsdale Dance Academy Instructor

Location: The Community House

Min/Max: 4/8

Member/Non Fee: \$192/\$207

Code	Dates	Day	Time
AP-PRE-1006-1	1/30-3/20	TU	10:00-10:45m
AP-PRE-1006-2	1/30-3/20	TU	1:00-1:45pm
AP-PRE-1006-3	1/31-3/21	W	1:00-1:45pm
AP-PRE-1006-4	4/3-5/22	TU	10:00-10:45m
AP-PRE-1006-5	4/3-5/22	TU	1:00-1:45pm
AP-PRE-1006-6	4/4-5/23	W	1:00-1:45pm

Dance

Mulhern Irish Dancing School

Ages: 3-5 years

Come out and get stepping in one of the fastest growing dance forms anywhere! Our class focuses on the fundamentals of rhythm, feet placement and body position.

Introductory Irish Dance Lessons

Ages: 3-5 years

This is a fun filled class for kids who would like to learn about Irish Dance. The class is designed for those who have not had any previous Irish Dance instructions.

Instructor: Mulhern Irish Dance School **Location:** The Community House

Min/Max: 5/25 Code: AP-PRE-1001 Dates: 1/5-5/11*

Day: F

Time: 1:30-2:30pm

Member/Non Fee: \$248/\$300 *No Class 3/16 or 3/30

Athletics

Chicago Elite Youth Volleyball Academy

Ages: 3-6 years

Chicago Elite Youth Academy is a child development program created to both introduce children to the game of volleyball, as well as continue to improve their individual skill development in the sport. Chicago Elite classes develop important volleyball skills such as passing, setting, attacking, blocking, serving, defense and movement.

Instructor: Chicago Elite Youth Academy

Location: The Community House

Min/Max: 8/40

Code: ATL-PRE-1003 Dates: 1/22-3/12

Day: M

Time: 1:30-2:30pm

Member/Non Fee: \$120/\$135



Hoopster Tots

Ages: 3-5 years

This fun, skill-intensive program is designed with the beginning to intermediate player in mind. Using our progression curriculum and focusing on the whole player, we teach your child the skills needed both on and off the court to be a better athlete. Our basketball staff will focus on respect, teamwork, and responsibility, starting each day with a skill of the day and progressing into drills and

Instructor: Skyhawks

Location: The Community House

Min/Max: 6/8

Code **Dates** ATL-PRE-1002-1 1/9-2/6 ATL-PRE-1002-2 2/13-3/13

Day: TU

Time: 11:00-11:45am Member/Non Fee: \$69/\$75

Pre K Golf

Ages: 3-5 years

To assist in this training, Skyhawks has adopted the SNAG (Starting New at Golf) technology to its curriculum. SNAG utilizes a set of equipment designed for beginning golfers, including over-sized plastic club heads and "mini-tennis balls" to help build confidence. Holes are constructed with preset tee boxes or launching pads and are finished off with Velcro targets for greens.

Instructor: Skyhawks Location: Lane School (Gym)

Min/Max: 6/8

Code: ATL-PRE-1008 Dates: 4/13-5/11

Day: F

Time: 5:00-5:45pm

Member/Non Fee: \$69/\$75



Become a Fan of The Community House on Facebook

Red Ball Tennis

Ages: 3-6 years

Kids will learn the basics of the game as well as technique, form and strategy without the frustration of playing on a full-size court. This program uses a smaller, more manageable racquet; a larger, nerf-like ball; and an undersized court and net system that allow kids to succeed at the game of tennis while serving as a platform to learning the game on a full-size court.

Instructor: Skyhawks

Location: Monroe School (gym)

Min/Max: 6/12

Code Time **Dates** Day **Beginner** ATL-PRE-1005-1 4/3-5/1 TU 4:30-5:30pm **Advanced Beginner** TU ATL-PRE-1005-2 4/3-5/1 5:30-6:30pm Member/Non Fee: \$79/\$85

Lil Sluggers Class

Ages: 2-7 years

Lil Sluggers is a child development program created to introduce children to the game of baseball. Children will develop important baseball skills such as throwing, catching, hitting and base running. Developmentally appropriate equipment and games are used to teach your child the game of baseball in a fun, exciting and positive environment.

Instructor: Lil Sluggers Staff Location: Robbins Park

Min/Max: 10/30

Code **Dates** Day **Time** ATL-PRE-1001-1 4/8-5/27 SU 9:00-10:00am ATL-PRE-1001-2 4/8-5/27 SU 10:00-11:00am

Member/Non Fee: \$160/\$175

Soccer Tots Koalas

Ages: 3-5 years

This camp introduces the essentials of soccer. Through games and activities, kids will explore balance, coordination, and skill development. Parent participation encouraged.

Instructor: Skyhawks

Location: The Community House

Min/Max: 6/8

Code **Dates** ATL-PRE-1004-1 1/11-2/8 ATL-PRE-1004-2 2/15-3/15

Day: TH

Time: 10:00am-10:45am Member/Non Fee: \$69/\$75





Spring Youth T-Ball League

Ages: 4-5 year

Everyone's favorite childhood sport, back by popular demand and for another season of fun! Give your child the opportunity to learn T-Ball in this beginner T-Ball League! The league will consist of 2 weeks of practice, followed by 3 weeks with games. Teams will consist of approximately 10 players and 2 volunteer coaches. Teams will attempt to be formed based on the child's school or class. Please provide the name of the school your child attends on the registration form. Registration deadline is March 9. All equipment is provided including t-shirts and hats! Players must have their own glove. We need volunteer coaches to help this league be successful! If you are interested in coaching please contact Sammy at shanzel@villageofhinsdale.org.

Location: Robbins Park

Min/Max: 8/50

Code: ATL-PRE-1006

Day: W

Time: 5:30-6:30pm **Dates:** 4/04-5/02

Member/Non Fee: \$55/\$75

With practice/game cancellations due to weather, there is a possibility of this program being extended up to three weeks.

Intro to Boys Lacrosse - Beginners Clinic

Ages: 3-6 years

The goal of the program is to introduce and develop basic skills using fun games and coaching techniques. Softballs will be used and players can bring their own stick or sticks can be provided. No other equipment necessary.

Instructor: Western Springs Lacrosse League **Location:** Lyons Township South Campus Field

Min/Max: 20/50 Code: ATL-PRE-1010-2

Dates: 4/8-5/20

Day: SU

Time: 1:00-2:15pm

Member/Non Fee: \$90/\$110

IGLA 6U Fundamental's Clinic

Ages: 3-6 years

Ready to start lacrosse? Join Illinois Girls Lacrosse Association for a weekly one hour clinic for the younger lacrosse players. These clinics are exclusively for girls kindergarten-1st grade who want to learn the Fundamentals of lacrosse using fun games and coaching techniques. Equipment: Sticks are available and soft balls are provided. No goggles or mouth guards are required.

Registration is a 2 step process:

Register and pay at The Community House
 Fill out the Camp/Clinic registration form at

www.iglax.org Instructor: IGLA

Location: Katherine Legge Memorial Park - Lodge

Min/Max: 20/50 Code: ATL-PRE-1010-1

Dates: 4/17-5/22

Day: TU

Time: 6:00-7:00pm

Member/Non Fee: \$130/\$150



Winter Break Arts Camp

School's still out. And it's still cold out. Keep warm with something other than screen time. Make something. Each day of camp will focus on a different type of artistic medium led by an expert instructor in the field. Explore painting, photography, hip-hop dance, animation*. Pay for all Four Days and Save!!

Instructor: LyArts Program Instructor
Location: The Community House

Min/Max: 5/15
Ages: K-2nd Grade

Theme	Code	Dates	Day
Painting	AP-YTH-1001-2	1/2	TU
Photo/Video	AP-YTH-1001-3	1/3	W
Hip-Hop Dance	AP-YTH-1001-4	1/4	TH
Animation	AP-YTH-1001-5	1/5	F

Time: 8:30-11:30am Member/Non Fee: \$45/\$55

PAY FOR ALL FOUR DAYS AND SAVE!

Code: AP-YTH-1001-1

Dates: 1/2-1/5 Days: TU-F

Time: 8:30-11:30am

Member/Non Fee: \$160/\$200

Ages: 3rd-5th Grade

Theme	Code	Dates	Day
Painting	AP-YTH-1002-2	1/2	TU
Photo/Video	AP-YTH-1002-3	1/3	W
Hip-Hop Dance	AP-YTH-1002-4	1/4	TH
Animation	AP-YTH-1002-5	1/5	F

Time: 12:30-3:30pm Member/Non Fee: \$45/\$55

PAY FOR ALL FOUR DAYS AND SAVE!

Code: AP-YTH-1002-1

Dates: 1/2-1/5 Days: TU-F

Time: 12:30-3:30pm

Member/Non Fee: \$160/\$200

* Theme days subject to change.

Spring Break Arts Camp

Similar structure to our Winter Break Arts Camp. With new projects and new artistic explorations for a new season.

Themed days are to be announced.

Instructor: LyArts Instructor

Location: The Community House

Ages: K-2nd Grade

Min/Max: 5/15

Code	Dates	Day
AP-YTH-1003-2	3/26	М
AP-YTH-1003-3	3/27	TU
AP-YTH-1003-4	3/28	W
AP-YTH-1003-5	3/29	TH
AP-YTH-1003-6	3/30	F

Time: 8:30-11:30am Member/Non Fee: \$45/\$55

PAY FOR ALL FIVE DAYS AND SAVE!

Code: AP-YTH-1003-1 Dates: 3/26-3/30

Days: M-F

Time: 8:30-11:30am

Member/Non Fee: \$198/\$250

Ages: 3-5th Grade

Code	Dates	Day
AP-YTH-1003-2	3/26	М
AP-YTH-1003-3	3/27	TU
AP-YTH-1003-4	3/28	W
AP-YTH-1003-5	3/29	TH
AP-YTH-1003-6	3/30	F

Time: 12:30-3:30pm

Member/Non Fee: \$45/\$55

PAY FOR ALL FIVE DAYS AND SAVE!

Code: AP-YTH-1003-1 Dates: 3/26-3/30 Days: M-F

Time: 12:30-3:30pm

Member/Non Fee: \$198/\$250



Visit us online to view upcoming special events and programs. You can also register online at www.thecommunityhouse.org



S.T.E.M. Spring Break Camp

Age: 6-12 years

From krazy chemistry to messy art, yummy cooking and engineering. Get out of the house and have a blast! Get ready to be creative! Experiments, projects and games. Take home all of your projects! Attend one day or all 5!

Instructor: The Whole Child Learning Co.

Location: The Community House **Min/Max:** 8/20

Code Dates Day
ENR-YTH-1020-8 3/26 M
ENR-YTH-1020-9 3/27 TU
ENR-YTH-1020-10 3/28 W
ENR-YTH-1020-11 3/29 TH
ENR-YTH-1020-12 3/30 F

Time: 9:00am-12:00pm Member/Non Fee: \$75/\$90

Spring Break Camp

Age: 5-12 years

Are you looking for a fun place to go over Spring Break? Come to the Youth Center for Spring Break Camp! The Youth Center has plenty of entertainment options like Wii, pool table, ping pong table, Xbox 360, and so much more! Each day there will be different activities including, art, science, and cooking! We will also be taking a field trip during the week. The trips may include (but are not limited to) going to the movies, Enchanted Castle, Safari Land and more! Participants must bring a sack lunch. Customize your Spring Break Camp, and sign up for just one day or the whole week for a discounted price! *Participants must bring a sack lunch*.

Instructor: The Community House Staff

Location: The Youth Center, 229 Symonds Dr., Hinsdale

Min/Max: 5/20

Time Code **Dates** Day ENR-YTH-1008-1 3/26 М 8:00am-3:30pm ENR-YTH-1008-2 3/27 TU 8:00am-3:30pm ENR-YTH-1008-3 3/28 W 8:00am-3:30pm ENR-YTH-1008-4 3/29 TH 8:00am-3:30pm ENR-YTH-1008-5 3/30 F 8:00am-3:30pm Member/Non Fee: \$50/\$65

(Extended hours are available from 3:30pm-6pm for an additional fee of \$17 per day for members/\$27 for non-members.)

PAY FOR ALL FIVE DAYS AND SAVE!

 Code
 Dates
 Day

 ENR-YTH-1008-6
 3/26-3/30
 M-F

 Member/Non Fee:
 \$225/\$300

Winter Break Camp

Does your child need something fun to do over Winter Break? Send them to The Youth Center for Winter Break Camp! The Youth Center has plenty of entertainment options like Wii, pool tables, ping pong table, computers, Xbox 360, and so much more! We will also be taking a field trip on Wednesday and Friday of each week. The trips may include (but are not limited to) going to the movies, sledding, holiday events, indoor amusement parks, and more! Participants must bring a sack lunch. (Extended Hours available from 8am-6pm for an additional fee of \$17 per day for members/\$27 for non-members)

Customize your Winter Break Camp, and sign up for just one day if you need to do some holiday shopping!

Age: Kindergarten-8th Grade **Location:** The Youth Center

Min/Max: 5/25

Code	Dates	Day
ENR-YTH-1007-1	12/27	W
ENR-YTH-1007-2	12/28	TH
ENR-YTH-1007-3	12/29	F
ENR-YTH-1007-4	1/2	TU
ENR-YTH-1007-5	1/3	W
ENR-YTH-1007-6	1/4	TH
ENR-YTH-1007-7	1/5	F

Time: 8:00am-3:30pm Member/Non Fee: \$45/\$60

PAY FOR A WEEK AND SAVE!

CodeDatesDayMember/Non FeeENR-YTH-1007-812/27-12/29W-F\$115/\$160ENR-YTH-1007-91/2-1/5TU-F\$160/\$220

Time: 8:00am-3:30pm





School's Out Trips

Age: 5-12 years

Drop off your child at the Youth Center for those days the kids are not in school. This trip is intended for Kindergarten-8th Grade. (Extended hours are also available from 3:30pm - 6:00pm for an additional fee of \$17 per trip

for Members/\$27 for Non-Members.)

Location: Youth Center

Instructor: Community House Staff

Hollywood Park - Indoor Amusement Park

Have a fun filled day at Hollywood Park! You will be able to play arcade games, win prizes, go on a giant slide, drive bumper cars and so much more! A pizza lunch is included. Have fun on your day off with The Community House!

Code: ENR-YTH-1005-1

Date: 1/15 Day: M

Time: 8:00-3:30pm

Member/Non Fee: \$50/\$65

Hollywood Blvd - Movie Theater

Kick back and relax! We will be seeing a movie at the cinema in comfortable chairs while food is being served to us. A pizza lunch is included. Have fun on your day off with The Community House!

Code: ENR-YTH-1005-2

Date: 2/19 Day: M

Time: 8:00-3:30pm

Member/Non Fee: \$50/\$65

Sky Zone - Indoor Trampoline

Jump the day away at Sky Zone! You will be able to play dodgeball, jump into foam pits, slam dunk all while you are jumping on trampolines! Have fun on your day off with The Community House! *Please bring a sack lunch*.

Code: ENR-YTH-1005-3

Date: 3/2 Dav: F

Time: 8:00-3:30pm

Member/Non Fee: \$50/\$65



Become a Fan of The Community House on Facebook

Funway Amusement Park - Batavia, IL

Have a fun filled day at Illinois's largest entertainment center! There is an arcade, laser tag, bumper cars, go karts, and much more! Have fun on your day off with The Community House! Please bring a sack lunch.

Code: ENR-YTH-1005-4

Date: 6/4 Day: M

Time: 8:00-3:30pm

Member/Non Fee: \$50/\$65

Ski Trip

Age: 10-15 years

Join The Community House on the slopes at Alpine Valley, Wisconsin's premier skiing destination! Enjoy a day out in the fresh winter air on 21 state-of-the art ski slopes, or snowboarding at the half pipe and terrain park. Fee covers transportation, lift ticket, rental, and beginner lesson. Please bring money for lunch.

Location: meet at The Community House

Min/Max: 14/60

Code	Dates	Day	Member/Non Fee
With Rental			
ENR-YTH-1025-2	1/3	W	\$105/\$125
ENR-YTH-1025-4	2/19	М	\$105/\$125
Without Rental			
ENR-YTH-1025-1	1/3	W	\$80/\$100
ENR-YTH-1025-3	2/19	M	\$80/\$100
Time: 8:00 am-7:00) nm		

Enrichment

Super Slime

Ages: 6-12 years

Kids will love this hands-on chemistry class exploring and making slime. We'll experiment with "kitchen-safe" ingredients while creating dozens of different concoctions. It's so much fun to get messy! You'll take home all of your creations!

Instructor: The Whole Child Learning Co.

Location: The Community House

Min/Max: 8/20

Code: ENR-YTH-1020-5

Dates: 2/24-3/17

Day: SA

Time: 9:00-10:00am

Member/Non Fee: \$70/\$90



Arkidtech Superstructure

Age: 6-12 years

For kids who love to design, build, create, invent and innovate! From testing the strength of different shaped columns to drawing floor plans to designing roller coasters! This class will be filled with super cool hands on projects!

Instructor: The Whole Child Learning Co.

Location: The Community House

Min/Max: 6/20

Code: ENR-YTH-1020-1 Dates: 1/22-3/19

Day: M

Time: 3:30-4:30pm

Member/Non Fee: \$175/\$195

* No Class 2/19

Lego Engineering & Robotics

Age: 6-12 years

Design moving assemblies, build bridges and robots! Then test them to measure efficiency and functionality!

Instructor: The Whole Child Learning Co. **Location:** The Community House

Min/Max: 8/14

Code: ENR-YTH-1020-3

Dates: 4/3-5/22 **Day:** TU

Time: 3:30-4:30pm

Member/Non Fee: \$175/\$195

Harry Potter Potions

Age: 6-12 years

Do you wish you could attend Hogwart's School of Magic? Come explore this potions class where we'll be producing all kinds of magical mixtures. Some potions will explode, change color, and we we'll even be making

some you can eat!

Instructor: The Whole Child Learning Co.

Location: The Community House

Min/Max: 8/20

Code: ENR-YTH-1020-6

Dates: 4/14-5/5 **Day:** SA

Time: 9:00-10:00am

Member/Non Fee: \$70/\$90

Creative Cooking

Chop, bake, and assemble your way to tasty nibbles, savory and sweet, healthy or treat! You'll practice and experiment with different flavors and spices to create snacks and dishes from taco pizzas to cinnamon french

toast bites and much more!

Instructor: The Whole Child Learning Co.

Location: The Community House

Min/Max: 8/20

Code: ENR-YTH-1020-4

Dates: 4/2-5/21

Day: M

Time: 3:30-4:45pm

Member/Non Fee: \$180/\$200

Harry Potter Cooking

Age: 6-12 years

Polish the cauldron and dust of the wands! From pumpkin pasties to chocolate fronts to jam tarts, you'll learn how to make tasty creations from the Harry Potter books and

movies, but be careful magic can be tricky! **Instructor:** The Whole Child Learning Co.

Location: The Community House

Min/Max: 10/15

Code: ENR-YTH-1020-2 Dates: 1/24-3/14

Day: W

Time: 3:30-4:45pm

Member/Non Fee: \$180/\$200

Holiday Creations: Desserts

Do you have a sweet tooth? Do you like to play in the kitchen? Take a trip through the calendar as we create special desserts for each holiday! From Valentines Day to Ground Hog Day, 4th of July to Easter. All classes require a \$15 kit fee due to the instructor first day of class.

Instructor: The Whole Child Learning Co. **Location:** The Community House

Min/Max: 8/20

Code: ENR-YTH-1020-7 Dates: 1/27-2/17

Day: SA

Time: 9:00-10:00am

Member/Non Fee: \$70/\$90



Intro to Coding - Starting from Scratch

Age: 7-13 years

Anyone can code! In this class, students will learn basics of coding; create interactive stories and cool games using Scratch, while unleashing creativity and innovation. Students will be provided with an individual Chromebook. There is a 6:1 student-teacher ratio with a small class

size. All skill levels, no prerequisite.

Instructor: Kojo Inc.

Location: The Community House

Min/Max: 6/12

Code: ENR-YTH-1021-1

Dates: 4/12-5/17

Day: TH

Time: 5:00-6:00pm

Member/Non Fee: \$179/\$199

Prep Cooks

You gotta eat. So, learn to cook. Chef Kelly Fisher of Classic Cuisines Catering teaches your children the basics through fun recipes with seasonal themes for each class. Kids will learn safe kitchen skills to develop a lifelong love of cooking.

Location: The Community House **Instructor:** Chef Kelly Fisher

Min/Max: 6/12 Time: 4:00-6:00pm

Member/Non Fee: \$45/\$55

Age: 6-9 years

Theme	Code	Dates	Day
Winter Warmups	AP-YTH-1012-1	2/13	TU
Spring Savories	AP-YTH-1012-2	4/10	TU

Age: 9-14 years

Theme	Code	Dates	Day
Winter Warmups	AP-YTH-1012-3	3/20	TU
Spring Savories	AP-YTH-1012-4	4/24	TU

Note: For all cooking camps, no nuts or nut based products will be used but we will be cooking foods with gluten and dairy.

Etiquette and Social Graces Special Occasion Etiquette 101

Age: 8-13 years

This 2 hour interactive workshop teaches children the Etiquette to addresses the skills needed to navigate spring and summer special occasions with ease and confidence. Topics covered will include dining, meeting and greeting,

and how to be a good guest. **Location:** The Community House

Min/Max: 10/20 Code: ENR-YTH-1018

Date: 3/11 Day: SU

Time: 2:00-4:00pm

Member/Non Fee: \$40/\$55

Dress Code: Boys: Shirt and Tie; Sport Coat (optional),

Girls: Party Dress or Pant Suit

Game Design

Age: 7-13 years

Do you love to play video games? This course is a fast paced introduction to programming while getting to know what happens behind the scenes to develop a game. Build mini-games and projectile-physics based game (think Angry Birds) using drag and drop programming (Tynker). All students will be provided with an individual laptop.

Instructor: Kojo Inc.

Location: The Community House

Min/Max: 6/12

Code: ENR-YTH-1021-2

Dates: 2/15-3/22

Day: TH

Time: 5:00-6:00pm

Member/Non Fee: \$199/\$219



American Red Cross Babysitter's Certification

Ages: 11-15 years

Get the knowledge, skill, and confidence you need to care for infants and school-age children. This training will help participants develop skills in leadership and professionalism; safety and safe play; and first aid. The course will combine video, activities, hands-on skills training and discussion for a complete learning experience. Please bring a sack lunch.

Min/Max: 7/14

Code	Dates	Day
ENR-YTH-1024-1	1/15	M
ENR-YTH-1024-2	3/2	F
ENR-YTH-1024-3	5/5	SA

Instructor: Donna Giove

Location: The Community House

Min/Max: 7/14

Time: 9:00am-4:30pm Member/Non Fee: \$85/\$100



Dance

Mulhern Irish Dancing School

Ages: 5 years & up

Come out and get stepping in one of the fastest growing dance forms anywhere! Irish step dancing is catching on wherever you go, and our class focuses on the fundamentals of rhythm, feet placement and body position. Irish dancing also promotes coordination, balance and healthy physical activity.

Introductory Irish Dance Lessons

This class is for those who may have participated in the Intro class and would like to learn more about Irish Dance. It is also for kids who are just starting out, but fulfill the age requirements.

Instructors: Mulhern Irish Dancing School Instructors

Location: The Community House

Min/Max: 5/25 Code: AP-YTH-1008 Dates: 1/5-5/11* Day: F

Time: 5:00-5:45pm

Member/Non Fee: \$300/\$248 *No Class 3/16 or 3/30

Music

Private Music Lessons: Guitar, Bass, Ukulele

Ages: 7 years & up

Join Mike Plantan for private music lessons. These lessons are for beginner or advanced participants in Bass, Guitar and Ukulele. Each session is 30 minutes long and one on one with Mike himself. Once you register, the instructor will contact you to determine a time from the day you selected. This class is for youth and adults.

Instructor: Mike Plantan

Location: The Community House

Min/Max: 3/9

 Code
 Dates

 AP-YTH-1010-1
 1/3-3/7

 Member/Non Fee:
 \$325/\$350

 AP-YTH-1010-2
 3/14-5/23*

Day: W

Time: 3:00-7:00pm

Member/Non Fee: \$228/\$244

*No Class 3/28

Voice, Piano or Flute Lessons

Ages: 7 years & up

Study voice, piano or flute with a professional opera singer and musician from Europe. These lessons are for beginners or advanced participants from children through adults. Each session is 30 minutes long and one on one with Sladjana herself. Once you register, the instructor will contact you to determine a slot from the times listed below.

Instructor: Sladjana Saric

Location: The Community House

Min/Max: 3/12

 Code
 Dates
 Day
 Member/Non Fee

 AP-YTH-1010-3
 1/29-3/19
 M
 \$240/\$270

 AP-YTH-1010-4
 2/2-3/23
 F
 \$240/\$270

 AP-YTH-1010-5
 4/9-5/21
 M
 \$210/\$236

 AP-YTH-1010-6
 4/13-5/25
 F
 \$210/\$236

Time: 3:30-8:00pm

Acting/Theatre

Broadway Kids

Ages: 4-7 years

This class introduces students to the excitement and fun of the performing arts through experiences in creative drama, music and movement. Through activities and theater games, students will gain a basic knowledge of stage directions, vocabulary, and character development. Classes emphasize development of drama and performing skills, as well as stretching their imagination and cognitive skill. Gaining self-esteem is the goal, whether it be on stage or simply a book report in front of a class. Every performer will walk away with better confidence and speaking skills than when they began! This class is different every season so those that have been enrolled before can take it again and again as a whole new class!

Instructor: Stage Door Fine Arts **Location:** The Community House

Min/Max: 8/20

Code: AP-YTH-1022-1 Dates: 2/9-4/19*

Day: TH

Time: 3:30-4:30pm

Member/Non Fee: \$250/\$275

*No Class 3/29



Acting for the Stage

This class introduces students to the excitement and fun of the performing arts through experiences in creative drama, music and movement. Through activities and theater games, students will gain a basic knowledge of stage directions, vocabulary, and character development. Classes emphasize development of drama and performing skills, as well as stretching their imagination and cognitive skill. Gaining self-esteem is the goal, whether it be on stage or simply a book report in front of a class. Every performer will walk away with better confidence and speaking skills than when they began! This class is different every season so those that have been enrolled before can take it again and again as a whole new class!

Instructor: Stage Door Fine Arts **Location:** The Community House

Min/Max: 8/20 Ages: 1st-5th grade

 Code
 Dates
 Day
 Time

 AP-YTH-1022-2
 2/9-4/19*
 TH
 6:30-7:30pm

Ages: 6th-9th grade

AP-YTH-1022-3 2/9-4/19* TH 7:30-8:30pm

Member/Non Fee: \$250/\$275

Broadway Dance Call

Whether you are preparing for professional auditions in Chicago, college auditions, or your next show audition, this musical theatre dance class will help to get you to where you want to be. Broadway Dance Call focuses on building a musical theatre dance repertoire of Broadway style choreography, establishing a strong dance technique, and learning how to quickly pick up combinations to aid in confidence in an audition setting. Students will not only learn many different styles of dance and different dance combinations, but will also learn the importance of character and stories being told throughout each number. So put on your dancing shoes and strut your stuff with us in this awesome and unique dance class!

Instructor: Stage Door Fine Arts **Location:** The Community House

Min/Max: 8/20

Ages: 2nd-6th grade
Code Time
AP-YTH-1013-1 4:30-5:30pm

Ages: 7th-12th grade

AP-YTH-1013-2 5:30-6:30pm

Dates: 2/9-4/19*

Day: TH

Member/Non Fee: \$250/\$275

*No Class 3/29



Comedy Improv

Back by popular demand, improv for kids. Kids will enjoy working with award winning actress trained at Second City and the Groundlings in LA. This class will be insanely fun! Limited space is available--sign up now!

Instructor: Mina Dillard-Gits, Director of Young Actors Studio

Location: The Community House

Min/Max: 8/20 Ages: 9-18 years

 Code
 Dates
 Day
 Time

 AP-YTH-1011-1
 2/1-3/22
 TH
 5:00-6:30pm

 AP-YTH-1011-2
 4/5-5/24
 TH
 5:00-6:30pm

Member/Non Fee: \$185/\$200

Visual Arts

Comic Book Illustration

Ages: 10 years & up

A perfect class for parents and kids to take together. Have a story to tell? From Superheroes, Horror, and Sci-Fi to Auto-Biographical and Educational. All you need is some paper, a pencil, imagination, and a creative desire to share stories. You will learn about various comic art styles and methods of storytelling, including basic illustration techniques to create one of your very own comics. Continuing students begin using tools like the professionals. Some supplies included. Additional individual supply list provided by instructor.

Instructor: Andrew Kudelka
Location: The Community House

Min/Max: 5/12

 Code
 Dates

 AP-YTH-1007-1
 1/11-3/15*

 AP-YTH-1007-2
 4/5-6/7*

Day: TH

Time: 5:30-7:30pm

Member/Non Fee: \$180/\$195 **No Class 1/25, 2/22, 5/24*



2-D Studio: Painting/Drawing

Ages: 6-8 grade

Spark your imagination. Develop your artistic vision. Learn to utilize the fundamentals of drawing and painting elements, principles, techniques in producing art. Parents or family members may be asked to participate in one painting experience. Take the course a second session for further exploration and creativity. For students at any level of experience or curiosity. Some supplies provided. Additional individual supply list provided by instructor.

Instructors: Pam Kalafut

Location: The Community House

Min/Max: 5/15

 Code
 Dates

 AP-YTH-1014-1
 2/12-3/19

 AP-YTH-1014-2
 4/16-5/21

Day: M

Time: 4:00-5:30pm

Member/Non Fee: \$145/\$160

Brushwork: Painting/Drawing

This class offers students a variety of drawing, painting and printmaking materials to study line, shape, and composition. Students will work independently and in groups to explore and develop their unique artistic expression. The class will culminate with an art show organized and hung by the students. Supplies included. Students are suggested to bring old, oversized shirts to wear as smocks.

Instructors: Gabrielle Tufano **Location:** The Community House

Min/Max: 5/15

Brushwork Apprentices

Ages: K-2nd grade

For younger elementary school kids who are ready to move beyond coloring inside the lines and want to make the lines themselves. Learn all about what creates a good picture.

CodeDateAP-YTH-1020-12/3-3/10AP-YTH-1020-24/7-5/12

Day: SA

Time: 9:00-10:00am

Member/Non Fee: \$135/\$155

Brushwork Masters

Ages: 3rd-5th grade

For upper elementary school kids who love to draw and paint or wish to learn and grow. Instructor will offer individualized constructive feedback as the class progresses. Students will also develop an artist's statement for their final show.

 Code
 Date

 AP-YTH-1020-3
 2/3-3/10

 AP-YTH-1020-4
 4/7-5/19

Day: SA

Time: 10:30am-12:00pm Member/Non Fee: \$145/\$160

Portraits Usual & Unusual

Ages: 12 years & up

This course will teach you the basic proportions and planar structure of the face and head seen from the front, in profile and 3/4 views. You will draw individual features as well as complete portraits. At least one portrait will be done in the heightened style of such Modernists as Picasso and Giacometti. A live model will be present for many of the classes. Some drawing supplies included. Instructor will provide a list of additional supplies.

Instructor: Laura Mueller

Location: The Community House

Min/Max: 5/15

 Code
 Day
 Date

 AP-YTH-1018-3
 SU
 1/28-3/18

 AP-YTH-1018-4
 SU
 4/15-6/10*

Time: 1:00pm-3:00pm Member/Non Fee: \$240/\$265

*No Class 5/27





Teen Open Studio

Ages: 10 years & up

For middle and high schoolers who love their art classes, but want to build skills to work on more challenging pieces for a longer stretch of time. This is the perfect place to escape after school and get into your zone. Instructor Gabrielle Tufano will guide you through various painting, drawing and multimedia projects. Or will coach you through a continuing project of your own. The studio is yours.

Instructor: Gabrielle Tufano
Location: The Community House

Min/Max: 5/15

 Code
 Day
 Date

 AP-YTH-1019-1
 F
 2/16-3/23

 AP-YTH-1019-2
 F
 4/13-5/18

Time: 4:30-6:30pm

Member/Non Fee: \$155/\$175

"No School" Studio

Ages: 6-12 years

Calendar says "No School" today. Get away from screens and come make something amazing with us in our brand new art studio. Various materials to get your hands on and projects to take home.

Instructor: LyArts Staff

Location: The Community House

Min/Max: 5/25

 Code
 Day
 Date

 AP-YTH-1017-1
 M
 1/15

 AP-YTH-1017-2
 M
 2/19

 AP-YTH-1017-3
 F
 3/2

 AP-YTH-1017-4
 F
 5/25

Time: 9:00am-12:00pm Member/Non Fee: \$40/\$50

Elementary Mixed Media

Ages: 6 years & up

This class is for those young artists looking for more than just finger painting! We will focus on experimenting with color pencil shading, abstract balance with acrylic on canvas, ink your own zentangle patterns, watercolor techniques and much more! Composition, texture, blending and overall execution will bring their passion for art to the next level.

Instructor: Molly Haworth

Location: The Community House

Min/Max: 5/15

 Code
 Day
 Date

 AP-YTH-1009-1
 TU
 2/6-3/13

 AP-YTH-1009-2
 TU
 4/10-5/15

Time: 3:30-5:00pm

Member/Non Fee: \$145/\$160

Illustrating Animals

Ages: 10 years & up

Complete a drawing of your pet or favorite animal. We will be covering scale, drawing techniques, color and or use of black and white. When to use color and degree of color versus no addition of color. Concepts involved in portraiture, placement, additional objects included in drawing and considerations involved.

Instructor: Mary Ahrendt

Location: The Community House

Min/Max: 4/12

 Code
 Day
 Date

 AP-YTH-1018-1
 SA
 1/27-3/17

 AP-YTH-1018-2
 SA
 4/14-6/2

Time: 12:00-2:00pm

Member/Non Fee: \$180/\$195

Headshot Workshop

Ages: 8 years & up

Get your photo and resume ready for you next audition. Jim Kropp of Shine On Chicago and Paula Taylor of Stage Door Fine Arts will guide you through the theatrical and commercial audition process. The afternoon includes a professional headshot session complete with hair and makeup (a \$500 value), resume development, expert advice on audition etiquette/techniques and refreshments. All students receive digital files of photos and resumes.

Instructor: Jim Kropp & Paula Taylor **Location:** The Community House

Min/Max: 5/15

CodeDayDateAP-YTH-1021SA2/17

Time: 1:00-5:00pm

Member/Non Fee: \$150/\$165



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Podcasting

Ages: 8-16 years

Let's play around with Sound! Learn all about the world of podcasting, and be your own star. Professional podcasters from Memoriam Development will help you come up with a really cool show and then create it for everyone to hear. By the end, you will be a podcast master and be able to make your own podcasts whenever you want. Equipment provided for class.

Instructor: Nick Mataragas & Amanda Cline

Location: The Community House

Min/Max: 5/15

 Code
 Day
 Date

 AP-YTH-1020-5
 W
 2/14-3/21

 AP-YTH-1020-6
 W
 4/4-5/9

Time: 4:30-6:30pm

Member/Non Fee: \$155/\$175

Slow Stitch: Sustainable Sashiko

Ages: 7 years & up

Sashiko is a traditional technique from Japan. Sashiko means "little stabs", which describes the small repetitive stitches characteristic of the Sashiko style. In this workshop, you will experience pleasure in the slow execution of stitching. Reclaim your relationship with time as you relax into the rhythm of this uncomplicated yet striking aesthetic. All materials are included and sustainably sourced.

Instructor: Lindsay Coulter
Location: The Community House

Min/Max: 4/20

Code: AP-YTH-1015-1

Day: SA Date: 1/27

Time: 2:30-5:30pm

Member/Non Fee: \$95/\$105

Athletics

Michael Wiggins' 5 Star Soccer Camp

Ages: 5-12 years

This is the ultimate winter mini-camp for kids looking to have FUN in the winter. This mini-camp presents a curriculum focused on developing fundamental technique, while creating an atmosphere that unlocks the game within each child. FUN is the name of the game as this mini-camp sets the tone for the very reason kids will want to come back again and again! Open to boys and girls. *All participants need to bring a ball.*

Instructors: Mike Wiggins

Location: Hinsdale Central High School Fieldhouse

Min/Max: 12/100

 Code
 Dates
 Day
 Time

 ATL-YTH-1015-1
 1/3-1/5
 W-F
 1:00-3:00pm

Member/Non Fee: \$80/\$110

Chicago Elite Youth Volleyball Academy

Ages: 6-16 years

Chicago Elite Youth Academy is a child development program created to both introduce children to the game of volleyball, as well as continue to improve their individual skill development in the sport. Chicago Elite classes develop important volleyball skills such as passing, setting, attacking, blocking, serving, defense and movement.

Instructors: Chicago Elite Youth Academy

Location: The Community House

Min/Max: 8/40 Code: ATL-YTH-1004 Date: 4/3-5/22

Day: TU

Time: 4:00-5:00pm

Member/Non Fee: \$120/\$135

Beginning Golf

Ages: 5-9 years

To assist in this training, Skyhawks has adoped the SNAG (Starting New at Golf) technology to its curriculum. SNAG utilizes a set of equipment designed for beginning golfers, including over-sized plastic club heads and "mini-tennis balls" .Holes are constructed with preset tee boxes or launching pads and are finished off with Velcro targets for

Instructors: Skyhawks Sports

Location: Madison Min/Max: 6/8

Code: ATL-YTH-1020 Dates: 4/13-5/11

Day: F

Time: 5:45-6:30pm

Member/Non Fee: \$69/\$75



IGLA Girls Lacrosse League

IGLA offers two levels of league play Pink and Purple. Both are recreational, community lacrosse.

Pink teams practice schedule: Pink teams practice once a week. Weekday practices: Tuesdays, April 8th-June 3rd Ages: 8U-10U Equipment: A stick, hard ball, goggles and mouth guard required. League Uniform: IGLA Penny is required and can be purchased during registration at www.iglax.org

Purple teams practice schedule: Purple teams practice twice a week and may travel more for games. If considering Purple, players must first attend an assessment (visit www.iglax.org for dates and locations) where participants are assessed on stick skills and game play. Current Purple players do not need to attend an assessment and can register directly for the league.

Registration for all IGLA programs is a two-step process:

1. Register and pay at The Community House

2. Fill out the Camp and Clinic Registration form on IGLA's website www.iglax.org

Instructors: IGLA

Location: Practices at Katherine Legge Memorial, Games locations vary.

Min/Max: 20/50 Date: 4/10-5/29

Code	Age	Day	Time	Member/Non Fee
ATL-YTH-1010-1	Pink 8U-10U	TU	6:00-7:00pm	\$200/\$225
ATL-YTH-1010-2	Pink 12U-14U	TU	6:00-7:15pm	\$200/\$225
ATL-YTH-1010-3	Purple 8U-10U	TU & TH	6:00-7:00pm	\$300/\$325
ATL-YTH-1010-4	Purple 12U-14U	TU & TH	6:00-7:15pm	\$300/\$325

Boys Lacrosse Skills Camp

Beginners and experienced from K – 8th grade. Lacrosse focus will be on learning lacrosse skills in offense, defense and game strategies. Emphasis in scrimmages will be on skill development, teamwork, and sportsmanship. Equipment: Lacrosse stick, mouth guard, helmet with faceguard, shoulder pads, elbow pads, lacrosse gloves, and cup.

Instructors: Western Springs Lacrosse League

Location: Westmont Yard

Min/Max: 10/50

Code Grade ATL-YTH-1014-1 K-4th grades ATL-YTH-1014-2 5th-8th grades

Dates: 2/4-3/18 Day: SU

Time: 1:00-2:00pm

Member/Non Fee: \$160/\$180

*No Class 2/18

Bovs Lacrosse -Game/Scrimmages/Practices

K-8th grade players. We teach lacrosse with a focus on teamwork, sportsmanship and skill development led by positive coaching. Lacrosse fundamentals, offense, defense and game strategies will be taught through small sided games and scrimmages. Reversible pinny included. No Refunds will be given after April 4th. Equipment: Lacrosse stick, mouth guard, helmet with faceguard, shoulder pads, elbow pads, lacrosse gloves, and cup.

Instructors: Western Springs Lacrosse League

Min/Max: 10/50 Dates: 4/4-5/20 **Registration Dates**

Member/Non Fees \$175/\$195

Regular: 12/19-3/30 Late Fee: \$75 for reg after 3/30 \$250/\$275

Code Grade ATL-YTH-1014-3 K-2nd ATL-YTH-1014-4 3rd/4th ATL-YTH-1014-5 5th/6th ATL-YTH-1014-6 7th/8th **Location:** Spring Rock Park

Times: 6:30-8:00pm

Days: W

Programs meets both days at different times and locations.

Location: Lyons Township High School

Times: 1:00-2:30pm

Days: SU



Fencing

Ages: 8 years & up

Fencing students will learn moves and strategies that create the foundation for their fencing game. Each class will have instruction and bouting (actual fencing). All equipment provided. This class is for beginners and advanced fencers and is family friendly! NOTE: A 2nd family member will receive a 50% discount - registration must be done in person at The Community House to receive this discount.

Instructors: Tracy & Vladimir Lapshin

Location: Katherine Legge Memorial Lodge (KLM)

Min/Max: 2/5

Code Date Time Fee **Beginner** ATL-YTH-1011-1 1/8-2/12 5:45-6:40pm \$60/\$75 ATL-YTH-1011-2 2/19-4/9* 5:45-6:40pm \$70/\$85 ATL-YTH-1011-3 4/16-5/21 5:45-6:40pm \$60/\$75 Advanced Code **Dates** Time Fee ATL-YTH-1011-4 1/8-2/12 \$60/\$75 4:45-5:45pm ATL-YTH-1011-5 2/19-4/9* 4:45-5:45pm \$70/\$85 ATL-YTH-1011-6 4/16-5/21 4:45-5:45pm \$60/\$75

Day: M

*No Class 3/26

Flag Football Camp

Ages: 6-12 years

Skyhawks Flag Football is the perfect program for young athletes who want a complete introduction to America's Game or for those who simply want to brush up on their skills in preparation for league play. Through our skill of the day activities, campers will learn skills on both sides of the ball including the core components of passing, catching, and de-flagging or defensive. The camp will be held outside, but will move into the gym in case of inclement weather. Please bring a water bottle.

Instructors: Skyhawks
Location: Madison School

Min/Max: 8/40

Code: ATL-YTH-1008

Date: 4/4-5/2 Day: W

Time: 5:00-5:45pm

Member/Non Fee: \$69/\$75

Cheerleading

Ages: 5-9 years

Skyhawks Cheerleading teaches young girls to lead crowds and support the home team. Each cheerleader learns proper hand and body movements and jumping techniques. The week concludes with a choreographed performance.

Instructors: Skyhawks Sports **Location:** Madison School

Min/Max: 8/12 Code: ATL-YTH-1017

Date: 4/4-5/2 Day: W

Time: 5:00-5:45pm

Member/Non Fee: \$69/\$75

Multi-Sport Camp

Ages: 6-12 years

Our multi-sport camp is designed to introduce young athletes to a variety of different sports in one setting. For this program we combine Soccer, Baseball, Basketball & Flag Football into one fun-filled week. Athletes will learn the rules and essentials of each sport through skill-based games and

scrimmages.

Instructors: Skyhawks Sports

Location: Clarendon Hills Middle School

Min/Max: 8/100

Code: ATL-YTH-1016-3

Date: 3/26-3/29 Dav: M-TH

Time: 9:00am-12:00pm Member/Non Fee: \$119/\$135

Family Archery

Bring the entire family each week for 45 minutes of archery fun! You and your family members will meet new friends while learning the parts of an arrow and recurve bow, the basics of using a recurve bow, a nationally recognized beginner's 9-step to the 10 ring progression method, and fundamental shooting skills from an experienced instructor. Bows, arrows, and targets are furnished. Each participant should bring a water bottle.

Instructors: Sports Kids Location: KLM Park Min/Max: 6/20

Code: ATL-YTH-1019-2

Date: 4/16-5/21 **Day:** M

Time: 6:00-6:45pm

Member/Non Fee: \$54/\$69



Winter Break Basketball Camp

Ages: 6-12 years

This fun, skill-intensive program is designed for beginner and intermediate players. Using our progressional curriculum and focusing on the whole player, we teach the skills needed both on and off the court to be a better athlete. Our basketball staff will focus on respect, teamwork, and responsibility, starting each day with a "skill of the day" and progressing into drills and games. The result is an unforgettable camp experience for your young athlete. After a week of passing, shooting, dribbling, and rebounding, your child will show you why this is one of our most popular programs.

Instructors: Skyhawks

Location: Clarendon Hills Middle School

Min/Max: 8/24

Code: ATL-YTH-1003 Date: 12/27-12/29

Day: W-F

Time: 9:00am-12:00pm Member/Non Fee: \$89/\$105

Youth Archery

Archery participants will learn the parts of an arrow and recurve bow, the basics of using a recurve bow, and fundamental shooting skills in an extremely safe environment. They also will learn an excellent, nationally recognized beginner's 9-step to the 10 ring progression which was created by the Coaches Development Committee of the National Archery Association. Both technique and games will be a part of this class. Blunt tipped arrows, bows, and targets are provided. Each participant should bring a water bottle.

Ages: 7-10 years

Code Time ATL-YTH-1019-1 4:30-5:15pm

Ages: 11-14 years

ATL-YTH-1019-3 5:15-6:00pm

Instructors: Sports Kids Location: KLM Park Min/Max: 6/20

Date: 4/16-5/21

Member/Non Fee: \$54/\$69

Youth Pickleball

This class will introduce youngsters to forehand and backhand shots, ground strokes, serving, volleying, ball return, dinks, lobs and overall strategy needed to play this easy to learn sport. Fun and challenging drills and recreational matches will help young players develop the hand-eye coordination, motor skills, and mental abilities needed for a successful pickleball game. All equipment will be provided. Each participant should bring a water bottle.

Ages: 8-10 years

Code Time ATL-YTH-1018-1 4:30-5:30pm

Ages: 11-14 years

ATL-YTH-1018-3 5:30-6:30pm

Instructors: Sports Kids

Location: Robbins Park Tennis/Pickleball Courts

Min/Max: 6/16 Date: 4/18-5/23

Day: W

Member/Non Fee: \$72/\$85

Family Pickleball

Ages: 6+ years with adult

Come try a sport that was originally developed for families to play! This badminton/tennis/table tennis-like sport is the fastest growing sport in the Hinsdale area. We will cover pickleball basics such as forehand, backhand and dink shots, serving, and court positioning. Players will also learn scoring and pickleball rules as well as have plenty of time for game play with the family. Pickleball is a fun and social game that is perfect for all ages, easy to learn and provides a great physical workout. Each participant should bring a water bottle.

Instructors: Sports Kids

Location: Robbins Park Tennis/Pickleball Courts

Min/Max: 6/16

Code: ATL-YTH-1018-2

Date: 4/18-5/23

Day: W

Time: 6:30-7:30pm

Member/Non Fee: \$72/\$85



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Junior Tennis

Ages: 7-9 years

Youngsters enrolled in this class will learn the basic strokes, serve, volleys, and rules of the game. Racket face control, ball bounce judgment, receiving skills, space management, rallying skills, and court movement will be emphasized. Young players will develop the agility and coordination needed for effective tennis play. Situational drills and games will help them to establish a solid foundation for future development in the sport and build a lifelong love of tennis. Players must bring their own racket and a water bottle. Tennis balls will be provided.

Instructors: Sports Kids

Location: Robbins Park Tennis Courts

Min/Max: 6/16

Code: ATL-YTH-1009-1

Date: 4/21-5/26

Day: SA

Time: 9:00am-10:00am Member/Non Fee: \$72/\$85

Youth Tennis

Ages: 10-12 years

Young players concentrate on stroke development, rallying skills, and learning to play matches at a faster pace. Ball receiving and placement, court movement, and overall tennis strategy will be emphasized. Players will focus on their power and accuracy to improve their performance. Through challenging and exciting drills and matches, youngsters will develop the racket skills, coordination, agility, and stamina needed for recreational and competitive tennis play. Players must bring their own racket and a water bottle. Tennis balls will be supplied.

Instructors: Sports Kids

Location: Robbins Park Tennis Courts

Min/Max: 6/16

Code: ATL-YTH-1009-2

Date: 4/21-5/26

Day: SA

Time: 10:00-11:00am Member/Non Fee: \$72/\$85



Badminton Skills & Games

Ages: 8-13 years

This is not your backyard badminton. Learn the fundamental skills of this dynamic sport through drills and scrimmages in this fun camp. Players will focus on serving, receiving, smashing, clearing and dropping. Footwork, coordination, court movement, shot selection, strength, speed and accuracy will be emphasized. Instruction also will focus on the rules and game strategy used in both singles and doubles play. Our goal is for everyone to have a fun experience and promote a lifelong relationship with exercise through the sport of badminton. Equipment will be provided. Each participant should bring a water bottle.

Instructors: Sports Kids

Location: Robbins Park Tennis/Badminton Courts

Min/Max: 6/16 Code: ATL-YTH-1021 Date: 4/21-5/26

Day: SA

Time: 11:00am-12:00pm Member/Non Fee: \$72/\$85



Tip Top Training

Improve your athleticism with all sports! The Group Performance Class is very popular with all levels of athletes. Classes focus on essential topics such as core strengthening, flexibility & recovery, explosiveness, weight training, nutrition and confidence building with a primary emphasis is placed on: Speed and Agility.

Instructors: Tip Top Training Trainers **Location:** The Community House

Min/Max: 8/20

Member/Non Fee: \$160/ \$180

Ages: 6-11 years Ages: 12-15 years

Session 1 Session 1

Code: ATL-YTH-1012-1 Code: ATL-YTH-1012-3

Date: 1/20-3/10 Date: 1/15-3/5

Day: SA Day: M

Time: 9:30-10:15am **Time:** 6:00-6:45pm

Session 2 Session 2

Code: ATL-YTH-1012-2 Code: ATL-YTH-1012-4

Time: 9:30-10:15am **Time:** 6:00-6:45pm





5 Star Soccer Weekly Skills Sessions

Ages: 5-12 years

5 Star Soccer weekly sessions provides the youth player of any ability a place to develop individual touch and technique. This weekly training program offered during the winter months is ideal for youth players to stay in touch with the ball and continue to improve skill. The training program is focused on foot skills, intended to improve player's comfort with the ball.

Instructors: Mike Wiggins

Location: Hinsdale Central High School Main Gym

Min/Max: 12/36

 Code
 Dates
 Time

 ATL-YTH-1015-2
 1/7-1/21
 12:00-1:00pm

 ATL-YTH-1015-3
 1/7-1/21
 1:00-2:00pm

 ATL-YTH-1015-4
 2/4-2/25
 12:00-1:00pm

 ATL-YTH-1015-5
 2/4-2/25
 1:00-2:00pm

Day: SU

Member/Non Fee: \$110/\$130

Multi-Sport Camp Winter Break Camp

Our multi-sport camp is designed to introduce young athletes to a variety of different sports in one setting. For this program we combine Soccer, Baseball, Basketball & Flag Football into one fun-filled week. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of multiple sports along with vital life lessons such as respect, teamwork, and self-discipline.

Instructor: Skyhawks

Min/Max: 8/24

Location: Claredon Hills Middle School

Day: W-F

Times: 9:00am-12:00pm

Age: 4-7 years

Session 1

 Code
 Dates

 ATL-YTH-1016-1
 12/27-12/29

 Member/Non Fee:
 \$89/\$105

Age: 6-12 years

Session 2

 Code
 Dates

 ATL-YTH-1016-2
 1/3-1/5

 Member/Non Fee: \$109/\$125

Knockerball Chicago: Bubble Soccer Open Play

Ages: 7-18 years

Knockerball, the #1 Bubble Ball Party is coming to Hinsdale! Get ready to defy gravity. You may have seen videos or heard kids asking about Bubble Soccer and now is your chance to GET IN THE BALL. Just sign up and meet us at the park. We will organize 5-10 minute games onsite with appropriate age groups. Grab your friends and we'll group you all together.

Pre-registration Price: \$20 per person On-Site Registration: \$25/person Instructors: Knockerball Chicago

Location: Burns Field

Min/Max: 6/50

 Code
 Dates
 Day
 Time

 ATL-YTH-1007-1
 4/14*
 SA
 3:00-5:00pm

 ATL-YTH-1007-2
 5/6*
 SU
 1:00-3:00pm

*Rain date 4/21, 5/13



Birthday Parties

Parties can be customized to fit your needs and your child's interests—just ask!

Sports Party!

Age: 5-14 years

If your child loves sports, this is the party for him or her! Sports party packages are tons of fun for all kids receive athletic instruction from real sports professionals! Choose from one of our party packages or create your own! Basketball, Cheerleading, Dodge-ball, Non-contact Football, Soccer and Volleyball. Birthday parties include instructor to implement and run activities, all sports equipment, and party room. (1 hour session, plus 1 hour for food, cake, and presents)

Code: ATL-YTH-1013 Fee (M): 15 kids- \$300 16-24 kids-\$325 25-30 kids- \$350

Add our Pizza package, and we will provide two large cheese pizzas, Gatorade, water, plates, cups, and napkins for \$50.

Please schedule your party at least four weeks in advance. All parties are two hours long. Please call 630-323-7500 ext. 237 for more information & availability. Parties cancelled 7 days or less prior to the scheduled date of the party are nonrefundable. *For all Non-Member pricing please add \$40 to party package of your choice.

Mad Science Party!





A science themed birthday is a great party idea that is sure to entertain! Mad Science birthday parties offer children a chance to participate in cool science experiments with a certified Mad Scientist! Kids discover the fun side of science as they take part in spectacular science demonstrations including chemical magic, movie special effects, and amazing bubbling potions. Choose from slime, silly putty or the superball to make during your party. (Add on activities (\$40 each): Dry Ice Experiment, Cotton Candy Machine, Rocket Launch, Hover Craft)(1 hour session, plus 1 hour for food, cake, and presents) Each Package is priced for up to 15 kids.

Moon Package: Extra \$35 for 16-10 kids, \$75 extra for 21-15 kids. All other packages: \$65 for 16-20 kids, \$135

extra for 21-25 kids.

Code: ENR-YTH-1022

Fee (M): Moon Package- \$350

Make 'n' Take Home Activity for each child

Planet Package - \$400

Moon Package plus goodie bags

Sun Package - \$425

Planet Package plus 1 add on activity

Galaxy Package-\$450

Sun Package plus 2 add on activities





Calling All Highschool Students

Join The Community House Junior Board and give back to your community!

Volunteer opportunities exist within The Community House:

Help with an After School program for elementary students, concessions for Jodie Harrison Basketball, the Walk the Walk for Autism and much more!

Please contact the Volunteer Services Department and let us match you with these opportunities or others at organizations in the local area.

Anyone can volunteer:

Groups and individuals, students, professionals, retirees, stay-at-home parents, and families



A+ Active Adults

Whether you enjoy theatre, music or simply getting together with friends, the Active Adults program at The Community House has something for everyone. We have a variety of card groups, exercise classes and computer classes, in addition to our day trips and special in-house events. Come by yourself or bring along a friend and join in one of our many offerings for active adults in the community. For more information and a current listing of day trips and special events or to become a member, call (630) 323-7500 ext. 225

Indian Prairie Computer Club

Meets on the 2d Wednesday of each month at 9:30am. This group offers periodic presentations by guest speakers or club members, as well as general question and answer sessions.

Book Discussion Group

The A+ Active Adults Book Discussion Group meets the First Monday of each month at 10:00am in the A+ Room at The Community House. This is a small and friendly group that welcomes newcomers and reads some great selections! Please come by and join us for some interesting discussion. This is an on-going calss, registration is not required. Call Kate at 630-323-7500 ext. 225 for the latest selections.

Special Interest Roundtable

The roundtable group invites you to hear a stimulating speaker on a subject of current or local interest. They meet monthly on the 4th Wednesday of the month, starting at 9:30 a.m. for coffee and donuts. Fee: \$3 at the door. Ask about our smaller specialty groups for Investments, Finance and Bridge.

Card Groups

Mah Jongg

1st, 3rd & 5th Tuesdays, 12:30pm - call Shirley Gambill for more information 630-323-3392.

Relaxed Bridge

Friday, 12:00pm - Soliciting advice is permitted

Men's Bridge

Tuesday, 12:00pm - Call Wes Whittington for more information 708-246-9279

Women's Canasta

Wednesday, 1:00pm - Fun and lively group

MOVIES!!!

NOW SHOWING TWICE A MONTH

Videos of current films are shown on the 2nd and 4th Thursday of each month at 12:30pm. Movies are \$1 per person. Please see the latest Active Adults Brochure for a current listing of the movies.

Bridge Lessons

Beginning Bridge Course – come and learn the exciting game of Bridge! This course is appropriate for both new players who wish to learn to play bridge and players with some experience who want to improve their bidding and play skills. Each class includes exercises and a full hour of playing textbook hands with the other students.

Instructor: Bob Meixner

Min/Max: 12/60

Code: ENR-SNR-1010

Dates: 2/12-4/9

Day: M

Time: 9:00 – 11:00am

Fee: \$79 (+ \$20 for textbook payable to instructor)

ATTENTION VETERANS

Did you know that the Edward Hines, Jr. VA Hospital has a Veterans Food Pantry? The Greater Chicago Food Depository in partnership with Hines VA Hospital and AmeriCorps, is providing this service for all who have served our country! The pantry is open every Thursday from 11am to 1pm. Veterans can visit the pantry once a month and receive nutritious and healthy food, including fresh products such as milk and eggs, in addition to other staples. The pantry is located at the Hines VA Hospital Auditorium, Building 9, Building 1, Section D, past the Canteen. You will need to provide identification such as a VA ID card, DD214 & photo ID, VA appointment slip & photo ID.



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Special Events & Trips

Please see the Active Adults Brochure for more information about other trips and events.

Jenny Riddle – Vivian Maier: Out of the Shadows and Brunch

Tuesday, January 30, 2018 · 10:00am-Noon

In this dramatic book review, Jenny Riddle portrays Chicago street photographer, Vivian Maier, the North Shore nanny whose remarkable gift for photography has, posthumously, taken the world by storm. Based on the extraordinary book, Vivian Maier: Out of the Shadows by Richard Cahan and Michael Williams, Jenny, in character, reveals the fascinating details of this story of "buried treasure" and one woman's private passion and genius for photography. We'll enjoy brunch at The Community House before the presentation. **Members \$23**; **Guests \$25**

Joseph and the Amazing Technicolor Dreamcoat Drury Lane Theatre

Thursday, February 15, 2018 · 11:30am-3:30pm

Don't miss the meteoric first collaboration of Tim Rice & Andrew Lloyd Webber, Joseph and the Amazing Technicolor[®] Dreamcoat. Join Israel's favorite son, Joseph, through his tumultuous ascent to the top in this timeless reminder of the unquenchable thirst of a man with a dream who had the courage to forge the destiny of a people and its powerful message of hope. The classic story of Joseph is paired with exuberant music, featuring favorites such as "Close Every Door," "Go, Go, Go Joseph" and "Any Dream Will Do." The trip includes lunch at The Drury Lane. Transportation to Drury Lane is on your own. Members \$69; Guests \$79.



Love Never Dies – Cadillac Palace Theatre

Wednesday, February 21, 2018 · 12:30-6:00pm

The ultimate love story continues in LOVE NEVER DIES, Andrew Lloyd Webber's spellbinding sequel to The Phantom of the Opera. Ten years after disappearing from the Paris Opera House, The Phantom has a new life in New York where he lives amongst the joy rides and freak shows of Coney Island. Christine Daaé, now one of the world's finest sopranos, is coming to perform in New York. In a final bid to win back Christine's love, The Phantom lures her, Raoul, and their young son to the glittering and glorious world of Coney Island . . . not knowing what is in store for them . . . LOVE NEVER DIES is a dazzling new production, which takes audiences on a thrilling rollercoaster ride of intrique, obsession, and romance.

Members \$150: Guests \$160

Members \$155; Guests \$165

Cosi Fan Tutte – Lyric Opera of Chicago

Thursday, March 8, 2018 · 12:30-6:30pm

Subtitled "The School for Lovers," this beloved Mozart comedy is a probing look into romantic relationships. It starts out with a cynical philosopher's bet that two beautiful young women can't remain faithful to their fiancés for 24 hours. As the intrigue deepens, the young women's affections—and those of the young men—move into a new place that's risky and scary. The couples' feelings reveal themselves through the sheer genius of Mozart and his brilliant librettist, Da Ponte. Così fan Tutte is the epitome of sophisticated, thought-provoking entertainment.

Agatha Christie by Betsy Means at The Community House & Lunch

Wednesday, March 21, 2018 -- 12:00 - 2:00pm

Back by popular demand, this time Betsy Means brings us Agatha Christie (1890-1976), the prolific English "Queen of Crime" author of world renown. She created such famous detectives as Hercule Poirot, the eccentric Belgian and English spinster Miss Jane Marple. Christie enjoyed a career that spanned over 50 years and her works have now sold into the billions. They have been translated into dozens of languages, inspired numerous other authors' works and have been adapted to radio, the stage and film. Come learn about this fascinating woman during Woman's History Month. (Of course men are welcome too). We'll enjoy lunch before the presentation.

Members \$23; Guests \$25.



Music

Senior Jam Session

Want to play the musical instrument you haven't picked up in ages? Join us at The Community House once a month, at no cost, to make music with others who enjoy playing. All instruments, including voice are welcome! Music will be from the 1930-1950 are, "The Great American Songbook". If you are of retirement age, can read lead sheets, then bring your instrument and come play with us. For more information please contact Don Moritz at 630-240-4453, donmoritz14@att.net or Kate Vogts 630-323-7500 x 225, kvogts@thecommunityhouse.org We'll meet on the Third Thursday of each month from 2:00-4:00pm. Just come and listen if you'd like.

The Jolly Boys

Gentlemen, if you love to sing and have a good ear for music, come join the Jolly Boys. We sing a wide variety of fun music, including numbers by George M. Cohan, Robert Shaw, John Rutter, Jerry Herman, Irving Berlin, Elvis Presley and Richard Carpenter. We practice Tuesday evenings at The Community House every two weeks each season. Our practices include extra time for socializing and general merriment. We provide a CD of the songs in your voice range so you can practice on your own between group practices. Don't miss our concert at The Community House September 10, 2017 at 4:30pm. Annual dues are \$175. For more information call Frank Kobes at (708) 246-3163.

Hinsdale Encore Chorale

Older adults, mostly 55 & up

15-week Winter/Spring session of rehearsals and concerts. Encore is a fun, non-auditioned choir. We don't card!! Ability to read music a plus but not required. The program for spring is American folk songs, from "This Train" and "Poor Wayfaring Stranger" to "Goodnight Irene" and "This Little Light of Mine." 15-week session beginning 2/1 with a performance on 5/3, \$175 tuition. For registration and information call (630) 441-5157 or visit: www.Encoreillinois.org or email to encoreillinois@gmail.com

Dance

Ballroom Dance Classes

You are invited to come and try a Ballroom Dance Class the first evening of a session at no cost or obligation. We know you will sign up for the entire program! Both couples and singles are welcome to attend. Mark Harvey is a third generation dance teacher and has been teaching Ballroom at Hinsdale for almost 25 years, continuing a tradition of learning and having fun.

The Beginner class is an introduction to Ballroom Dance with an emphasis on proper technique while learning foxtrot, waltz, swing and a little polka. Our goal is to give you the ability and confidence to enjoy what you have learned.

Instructor: Mark Harvey

Location: KLM Lodge Ballroom

Code	Dates	Time
ENR-SNR-1005-1	1/8-3/12	7:00-8:30pm
ENR-SNR-1005-2	3/19-5/21	7:00-8:30pm

The Intermediate class is for those who want to build their dance knowledge by learning the Latin dances of Cha Cha, Tango and Rumba. More advanced steps in the beginner dances will also be taught. The pace of this class is a little faster, and is an ongoing study which may be taken many times. Limited singles sign up.

 Code
 Dates
 Time

 ENR-SNR-1005-3
 1/8-3/12
 8:30-10:00pm

 ENR-SNR-1005-4
 3/19-5/21
 8:30-10:00pm

Day: M

Member/Non Fee: \$40/\$50

CPR – Cardio Pulmonary Resuscitation

The Heartsaver AED (Automatic External Defibrillator) class is intended for people who need or desire certification in CPR but are not healthcare professionals. Classes include a pocket mask and training on Automatic External Defibrillators.

Location: Hinsdale Fire Department

 Code
 Date

 ENR-SNR-1007-1
 1/6

 ENR-SNR-1007-2
 2/3

 ENR-SNR-1007-3
 3/3

 ENR-SNR-1007-4
 4/7

 ENR-SNR-1007-5
 5/5

Min/Max: 5/25 Day: SA

Time: 8:00am-12:00pm Member/Non Fee: \$50/\$60



Visual Arts

Beginner Watercolor

Explore the exciting media of transparent watercolor. Learn basic techniques and apply them to a variety of subject matter. Students will provide their own materials. A supply list will be available the first day of class.

Instructor: Phyllis Kozlowski **Location:** The Community House

Min/Max: 4/12

 Code
 Dates

 AP-ADT-1001-3
 1/31-3/21

 AP-ADT-1001-4
 4/4-5/23

Day: W

Time: 12:30-2:30pm

Member/Non Fee: \$180/\$195

Intermediate Watercolor

This class focuses on advanced techniques and projects in watercolor including wet into wet and glazing. Students should have at least a basic knowledge of working in watercolor. Students will provide their own materials. A supply list will be available the first day of class.

 Code
 Dates

 AP-ADT-1001-1
 1/31-3/21

 AP-ADT-1001-2
 4/4-5/23

Day: W

Time: 10:00am-12:00pm Member/Non Fee: \$180/\$195

The Art of Collecting Fine Art

This presentation will provide insight into the world of collecting fine art. Learn about questions to ask in a gallery, framing techniques, hanging suggestion and many more topics. There will be an opportunity for questions and answers at the end of the presentation. Original art work will be on exhibit, Rembrandt etchings, Dali colored etchings and 19th century master works.

Instructor: Nancy Voss

Location: The Community House

Min/Max: 4/20

Code: AP-ADT-1003-13

Dates: 4/21 Day: SA

Time: 2:30-3:30pm

Member/Non Fee: \$10/\$15

Drawing & Painting for Adults Beginner Class

This class will begin with an introduction to the fundamentals of observational drawing using black and white media, including charcoal, graphite, and conte, and progress to using color. Basics concepts such as measuring and proportion, light and shadow, compositional design and color mixing will be covered. Students will consult with the instructor to choose a painting medium, such as acrylic, oil, pastel, or colored pencil. Basic enough for beginners but experienced artists will be challenged through more complex projects. Some supplies included. Instructor will supply a longer list.

Code	Dates		
AP-ADT-1003-2	1/4-2/1		
AP-ADT-1003-4	2/8-3/15*		
AP-ADT-1003-6	4/5-5/3		

Intermediate Class

This is a class for those who have taken the beginner section. Or for those who have a solid introduction to the fundamentals and wish to challenge themselves further.

Instructor: Lauren Peterson
Location: The Community House

Min/Max: 4/1

 Code
 Dates

 AP-ADT-1003-1
 1/4-2/1

 AP-ADT-1003-3
 2/8-3/15*

 AP-ADT-1003-5
 4/5-5/3

Day: TH

Time: 2:00-4:00pm

Member/Non Fee: \$140 /\$155

*No Class 3/8

Podcasting

Learn how to create and record your very own podcast! Join the podcasters from Memoriam Development in playing around with sound. This class will teach you not just what equipment and software to use, but also how to use it. You will also learn how to design your show, and how to host. In the end, you will have created your very own podcast that you can share with the world!

Instructor: Nick Mataragas & Amanda Cline

Location: The Community House

Min/Max: 5/15

 Code
 Dates

 AP-ADT-1003-14
 2/14-3/21

 AP-ADT-1003-15
 4/4-5/9

Day: W

Time: 7:00-9:00pm

Member/Non Fee: \$155/\$175



Studio Vino: Wine & Paint

Gather your friends and BYOB. It's a wine and paint party just steps away from home. We'll supply the studio, canvas, paints, brushes and stemware. Even if you've never painted before, this is the perfect, relaxed atmosphere to try your hand. No pressure. All fun. Each evening will have a uniquely themed project. Instructor Gabrielle Tufano will guide you through the materials and techniques so you can let loose, experiment and take your creation home. And no matter what, by the end of the night, anything you make will look like a masterpiece.

Instructor: Gabrielle Tufano
Location: The Community House

Min/Max: 4/14

 Code
 Dates

 AP-ADT-1007-1
 1/19

 AP-ADT-1007-2
 2/23

 AP-ADT-1007-3
 3/23

 AP-ADT-1007-4
 4/20

 AP-ADT-1007-5
 5/18

Day: F

Time: 7:00-9:00pm

Member/Non Fee: \$35/\$45

Using Powder Charcoal Workshop

The use of powdered charcoal allows for a wide range of expressive techniques such as subtractive drawing and how to use charcoal with water and brushes to get a painterly effect. Participants will work from their own reference photos or one supplied by the instructor to create a beautiful portrait drawing. Each participant will take home a small container of powdered charcoal to practice these exciting techniques at home. All supplies included.

Instructor: Lauren Peterson **Location:** The Community House

Min/Max: 5/15

Code: AP-ADT-1005-1

Dates: 3/3 Day: SA

Time: 2:30-5:30pm

Member/Non Fee: \$95/\$110

Beginning Photography:The Art of the Image

Want to take artful photographs? Bring your camera (DSLR, point and shoot, phone camera—whatever you have) and learn to capture poignant images through composition, content, and intention--Whether it's memories at a family gathering, pretty garden scenes, or politically charged messages. Through this course, you will gain an understanding of the art of photography as you study famous photographers and photographs, and learn to take meaningful images of your own behind the lens of your camera. It's not always about what tools you have—it's about how you use them.

Instructor: Stephanie Lenchard Warren **Location:** The Community House

Min/Max: 4/15

 Code
 Dates

 AP-ADT-1008-1
 1/15-2/5

 AP-ADT-1008-2
 4/2-4/23

Day: M

Time: 7:00-9:00pm

Member/Non Fee: \$100/\$115

#Instagram #Strategies: Social Media Workshop

Are you looking to know more about how to set up an Instagram account, or expand your current account, for personal or business outreach? Come to this working session to learn about some simple strategies you can implement immediately to start growing your reach effectively and authentically. Be prepared to discuss your ideas, challenges and share what you may currently be doing with the class. Advisor Mistie Lucht started her own Fitness business and has researched Instagram and can share her tips and strategies. Mistie also volunteers extensively for the Hinsdale Humane Society and has used social media techniques to publicize their biggest fundraisers.

Instructor: Mistie Lucht

Location: The Community House

Min/Max: 2/12 Code: AP-ADT-1004

Dates: 3/10 Day: SA

Time: 2:30-3:30pm

Member/Non Fee: \$25/\$30



Armchair Art History

Sit back and enjoy a series of lectures that introduce you to some of the major movements in western art history. Lectures presented by Dr. Phyllis Koslowski, Professor of Art History at Elmhurst College and Concordia University. From the Egyptians, Greeks and Romans to the Italian Renaissance to Europe to America to right here in Chicago.

Instructor: Phyllis Kozlowski **Location:** The Community House

Min/Max: 5/25

Code Theme Date 2/12 Classical Art & Architecture AP-ADT-1003-8 The Renaissance: The Rebirth of Painting AP-ADT-1003-9 2/19 19th Century: Birth of the "isms" 2/26 AP-ADT-1003-10 AP-ADT-1003-11 American Art in the 20th Century 3/5 3/12 The World's Columbian Exposition AP-ADT-1003-22 Chicago Architecture: Rising from the Ashes AP-ADT-1003-12 3/19

Day: M

Time: 7:00-9:00pm

Member/Non Fee: \$40/\$50

PAY FOR ALL 6 WEEKS AND SAVE!

Armchair Art History: All 6 Weeks AP-ADT-1003-23 2/12-3/19

Day: M

Time: 7:00-9:00pm

Member/Non Fee: \$200 / \$250

Film Appreciation

Enhance your love and understanding of movies! We'll cover six different topics and expose you to many great films.

Instructor: Doug Cherry

Location: The Community House

Min/Max: 4/15

Theme	Code	Dates
How Do Movies Captivate Us?	AP-ADT-1003-16	2/13
Private Eyes & Femmes Fatales: Film Noir of the 40's & '50's	AP-ADT-1003-17	2/20
Spotlight on a Master: The Films of Billy Wilder	AP-ADT-1003-18	2/27
Directors Seize Control: Hollywood from 1968 to 1980	AP-ADT-1003-19	3/6
Documentary Films & Injustice	AP-ADT-1003-20	3/13
Doug's Surprise: A Final Topic Chosen to Entertain the Class	AP-ADT-1003-21	3/20

Day: TU

Time: 7:00-8:30pm

Member/Non Fee: \$35/\$40

PAY FOR ALL 6 WEEKS AND SAVE!

Film Appreciation-All 6 Weeks AP-ADT-1003-6 2/13-3/20

Day: TU

Time: 7:00-8:30pm

Member/Non Fee: \$190/\$220



Athletics

Pickleball

Pickleball has arrived at The Community House! Come join the fastest growing sport in America and see what all the fun is about. All ages, genders and skill levels are welcome.

Instructors: Bill Voigt - USAPA Ambassador and Patty McKay - Certified Personal Trainer

Location: The Community House

Min/Max: 4/8

Open Play

Players looking for friendly competition and camaraderie with fellow pickleball enthusiasts. Players will play games and rotate throughout the session. Purchase a 10-punch card for \$50 (members); \$60 (guests) or \$6 (members); \$7 (quests) at the door for an individual visit.

Location: The Community House
Code Day Time

AF-SNR-1002 M 7:45-9:45pm (all levels) starting 3/19

AF-SNR-1002 TH 1:00-3:00pm (beginners and intermediate players)
AF-SNR-1002 F 10:00am-12:00pm (intermediate and advanced players)

Workshops for Paddle and Tennis Players

Introductory workshops for players proficient in racquet sports. Basic rules, technique and strategy taught as players learn to adapt their racquet skills and game strategy to pickleball.

 Code
 Dates

 AF-SNR-1001-5
 1/9-1/30

 AF-SNR-1001-6
 2/6-2/27

 AF-SNR-1001-7
 3/6-4/3*

 AF-SNR-1001-8
 4/10-5/1

Day: TU

Time: 11:00am-12:00pm Member/Non Fee: \$50/\$60

*No Class 3/27

Learn to Play Pickleball - Beginners

Introductory workshops for players new to the game. Basic rules, technique and strategy are taught in a relaxed setting. A great way to learn this fast growing sport while meeting new friends.

Code	Day
AF-SNR-1001-1	1/9-1/30
AF-SNR-1001-2	2/6-2/27
AF-SNR-1001-3	3/6-4/3*
AF-SNR-1001-4	4/10-5/1

Day: TU

Time: 10:00-11:00am Member/Non Fee: \$50/\$60

*No Class 3/27

Pickleball Drills and Strategy - Intermediate

Workshops for intermediate players who would like to improve on-court skills and learn winning strategies. Fun and fast-paced interactive drills and play provide a workout while improving your skill level.

Day
1/10-1/31
2/7-2/28
3/7-4/4*
4/11-5/2

Day: W

Time: 1:45-2:45pm

Member/Non Fee: \$60/\$70

*No Class 3/27

Private Pickleball Lessons

Pickleball instructors will help you develop the skills needed to be a successful player. Sign up by yourself or with a friend for one-hour private or semi-private lessons.

Instructors: Bill Voigt - USAPA Ambassador and Patty McKay - Certified Personal Trainer

Code: AF-SNR-1001-18

Min: 1-4 people

Member/Non Fee: \$140 per group per hour



Visit us online to view upcoming special events and programs. You can also register online at www.thecommunityhouse.org



Pickleball Drills and Strategy - Advanced

Workshops for advanced players who would like to improve on-court skills and learn winning strategies. Fun and fast-paced interactive drills and play provide a workout while improving your skill level.

 Code
 Day

 AF-SNR-1001-13
 1/9-1/30

 AF-SNR-1001-14
 2/6-2/27

 AF-SNR-1001-15
 3/6-4/3*

 AF-SNR-1001-16
 4/10-5/1

*No Class 3/27 Day: TU

Time: 1:30-2:30pm

Member/Non Fee: \$60/\$70

*No Class 3/28

Pickleball Fitness Fun

Improve your fitness with a unique pickleball and personal training workshop designed to improve your game and reduce your risk of injury. A certified personal trainer will help you improve your pickleball game and your core, agility, quickness, footwork, strength and other skills through purposeful training and fun drills. All levels welcome. Class time will be split between the pickleball court and our new fitness studio.

Min/Max: 4/8

Code: AF-SNR-1001-17

Dates: 1/8-1/29

Day: M

Time: 12:30-1:30pm

Member/Non Fee: \$140/\$150

Pickleball Court Rental

Interested in playing on your own? You can rent a pickleball court. Contact Kate Vogts at 630-323-7500 ext. 225 for

court availability.
Code: AF-SNR-1001-20

Min: 4 people

Member/Non Fee: \$15 per person per hour

Personal Training

Sports specific personal training, offered by BETTER BODY. BETTER PERFORMANCE. Great for pickle, paddle or tennis players! Call Patty at 630-715-8200 to arrange your small class or personal sessions.

Instructors: Certified Personal Trainers Patty McKay and Dolly Trager.



Fit4Mom Stroller Strides® Stroller Barre®

Age: 18 and up

Moms at least 6 weeks postpartum or with physician approval; Pregnant moms welcome; Children of any age welcome but must remain in the stroller.

Stroller Strides® and Stroller Barre® are total fitness classes for moms WITH their stroller-aged children. Taught by certified fitness instructors (who are also moms), they are great workouts for ANY level of exerciser. Instructors weave songs and activities into the routine in order to engage and entertain baby, so mom can enjoy a 60-minute workout.

Tuesday Focus—Stroller Strides[®]: power walking/jogging and intervals of strength and body toning using exercise tubing, your stroller, and the environment.

Thursday Focus—Stroller Barre[®]: a unique blend of ballet, Pilates, barre, yoga, and stroller-based exercises designed to help moms build strength and muscle tone and improve posture.

Location: The Community House

Days: TU & TH

Time: 11:00am – 12:00pm

Dates: 11/2 - 4/26

Code/Fee: AF-SNR-1009-1 - 5 classes:

Members \$75/Guests \$90

Code/Fee: AF-SNR-1009-2 - 10 classes;

Members \$119/Guests \$143

No physical pass, attendance monitored by instructor. Price includes the purchase of resistance band to be used in class.

Bring: Any stroller with adequate support for baby's head. Umbrella Strollers are discouraged. We recommend using a car seat attachment for babies until at least 6 months of age. Bring water and a yoga mat, as well as any nut/peanut free snacks and toys to keep kiddos entertained.



Fitness

Prime Time A+

Age: Older Adults

This is an easy to follow on-going class that welcomes new members. Enjoy a low-impact workout designed to improve your cardiovascular fitness, strength and flexibility. We are dedicated to enhancing your fitness by promoting health and well-being through exercise.

Instructor: Cathy McAndrews **Location:** The Community House

10-class punch card for \$60 (members) \$80 (guests)

Code: AF-SNR-1008 Dates: On-going Days: TU,W, TH Time: 8:45-9:45am

Pilates Mat Mash-Up

Toning, flexibility, better posture, increased core strength and the body/mind connection are achieved through out Mat Mash-Up work. A variety of equipment adds interest and "mash-up" the workout so class is always exciting. An exceptionally good workout to provide the foundation for a lifetime of healthy habits.

Barre Above

As part of our Pilates program we now offer Barre Above classes on Thursday nights. These classes blend the best of ballet, strength, yoga and pilates, providing an exciting and effective class for all fitness levels. It is the new hottest program in fitness. Hit the barre and see results! One punch card good for all classes.

Instructor: Cathy McAndrews **Location:** The Community House

Min/Max: 6/15

15-punch card for \$128 (members) \$148 (guests)

Code Day Time

AF-SNR-1003 M & W* 10:00-11:00am AF-SNR-1003 TU & TH* 7:00-8:00pm

Dates: On-going *No Class 1/1, 5/28

Mindfulness Meditation & Stress Management

Age: 16 & up

Train your mind the way you train your body for the perfect antidote to stress. The instructor teaches you centuries-old meditation techniques and breathing exercises to relax and increase your overall sense of well-being. Explore the benefits of developing a regular meditation practice to improve health, strengthen the immune system and release stress and anxiety. **Instructor:** Chopra Center Certified Instructor Stephanie Frantz

Location: Katherine Legge Memorial Lodge

Min/Max: 3/15

Code: ENR-SNR-1008 Dates: 2/20-3/13

Days: TU

Time: 12:10-1:00 pm Member/Non Fee: \$63/\$70

Gentle Yoga

A slower paced class for adults using yoga poses to maintain health and slow down the effects of aging. The gentle yoga poses and breathing promote wellness, flexibility and strength. The benefits of yoga include an increase in energy level and stamina, improved joint health and flexibility. Please bring a mat and a towel to class.

Instructor: Jill Kuehn

Location: KLM Lodge, 2nd floor

 Code
 Dates
 Time

 AF-SNR-1006-1
 1/4 -2/15
 10:30-11:30am

 AF-SNR-1006-2
 2/22-4/5
 10:30-11:30am

 AF-SNR-1006-3
 4/12-5/31
 10:30-11:30am

Day: TH

Member/Non Fee: \$65/\$80



Schedule-at-a-Glance

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	8:45-9:45am Prime Time Aerobics (Cathy)	8:45-9:45am Prime Time Aerobics (Cathy)	8:45-9:45am Prime Time Aerobics (Cathy)	
10:00-11:00am Pilates Plus (Cathy)		10:00-11:00am Pilates Plus (Cathy)	10:30-11:30am Gentle Yoga (Jill) KLM Lodge	10:30-11:30am Ageless Yoga (Sue)
1:30am-12:30pm it, and Get Fit (Gail)		11:30am-12:30pm Sit, and Get Fit (Gail)		
	7:00-8:00pm Pilates Plus (Cathy)	· ·	7:00-8:00pm Pilates Plus (Shanna)	

Attention Older Adults – Seated Exercise!

For older adults and individuals with physical limitations or injuries, it can be difficult to participate in an intense, standing exercise class. Our seated classes are for people who want to stay active and mobile but want something gentle on the body and easy to do. You'll be amazed what you can do while seated in a chair! Our goal is to leave you feeling energized, empowered and smiling, so you look forward to coming back.

Ageless Yoga

Age: Older Adults

This class is designed primarily for those with limited mobility. By modifying classic yoga exercises to easy standing poses and low impact work in a chair, students will have the chance to improve strength and flexibility in a way that is approachable and fun! No materials or prior experience necessary.

4/13-5/25

Instructor: Sue Chilton

Location: The Community House **Code Dates**AF-SNR-1005-1 1/5-2/16
AF-SNR-1005-2 2/23-4/6

Day: F

AF-SNR-1005-3

Time: 10:30-11:30am Member/Non Fee: \$56/\$66



Become a Fan of

The Community House
on Facebook



Sit and Get Fit

Age: Older Adults

Work on increasing range of motion, circulation, flexibility, balance and strength with easy to follow moves. We sometimes use light weights or toning bands to improve strength.

Instructor: Gail Avgeris

Location: The Community House

10-class punch card for \$70 (members) \$85 (guests)

Code: AF-SNR-1004 Dates: On-going Day: M & W*

Time: 11:30am – 12:30pm **No Class 1/1, 5/28*



#village tutors

PROVIDING EVIDENCE-BASED ACADEMIC SUPPORT SINCE 2004

www.thevillagetutors.com

The Village Tutors was formed to address the need for one-on-one, evidence-based academic support for students in our community. The tutors are trained in highly regarded programs such as the Wilson Reading System[©], Wilson Fundations[©], Lindamood-Bell[©] and the Rush Medical/Neurobehavioral Center's Executive Function Skills Building Program[©].

The Village Tutors support traditional/non-traditional learners from ELEMENTARY SCHOOL THROUGH COLLEGE AND BEYOND in the following areas:

- STANDARDIZED TEST PREP for the SAT/ACT, PSAT, Catholic HS Entrance Exam, ISEE, SSAT and GRE; writing support by a certified SAT/AP exam essay grader
- FULL ACADEMIC SUPPORT for English, Social Studies, Science, Math-ALL levels including AP and college
- CRITICAL READING SKILLS that support comprehension
- WRITING SKILLS for analytical, academic, creative, DBQ and AP essays
- EXECUTIVE FUNCTION SKILLS BUILDING-study strategies, homework help, test-taking/quiz strategies, time management, organization
- DYSLEXIA/LEARNING DIFFERENCES-reading and math
- SKYPE/ONLINE coursework support, including college level
- COLLEGE CONSULTING, SEARCH, APPLICATIONS, ESSAY WRITING: services are billedhourly and can be scheduled 'as needed'-no package to purchase
- CAREER GUIDANCE for new grads, including resumes, online profiles, interview coachingand job search strategies



The Village Tutors, along with our outstanding network of professionals, help families navigate the best possible educational path for their students. We believe that when evidence-based support is combined with compassion, students can realize their academic potential.

We welcome your questions!

Email thevillagetutorshinsdale@gmail.com or call Suzanne Petree, founder, at (708) 927-0187. Celebrating our 14th year at The Community House!



415 W. 8th Street, Hinsdale, IL 60521

NAEYC accredited



Preschool Classes	Monday	Tuesday	Wednesday	Thursday	Friday
Just For Me Two (2 year olds)	9:00-11:00am*				9:00-11:00am
Juniors (3 year olds)		8:45-11:10am	8:45-11:10am	8:45-11:10am	
Seniors (4 year olds)	8:45-11:15am	8:45-11:15am	8:45-11:15am	8:45-11:15am	
Preschool Enrichment Classes					
Discovery STEAM (4 by 1/1) ~		11:15am-1:40pm	1		
BookWorms Literacy Preschool	(4 by 1/1) ~		11:15am-1:40pr	n	
Discovery America (Preschool 4 by	/ 1/1)				8:45-11:15am
Kindergarten Enrichment Classe	es				
BookWorms Literacy (Kindergarte	n)	12:30-2:45pm**	12:30-2:45pm*		
Discovery World Explorers (Kind	ergarten)			12:30-2:45pm	

[~] lunch included

^{**}BookWorms Kindergarten Enrichment can be Tuesday and Wednesday as different Authors will be explored. For more information and class descriptions visit us at HinsdaleCommunityPreschool.org or call 630-325-7484.



^{*}Just For Me Two is Monday and/OR Friday OR Both Mornings;



WHETHER IT'S FOR A BUSINESS MEETING, PRESENTATION, WEDDING, GALA OR SPECIAL OCCASION, THE COMMUNITY HOUSE PROVIDES THE PERFECT SETTING.

For more information, please contact Patty Stachorek at 630.323.7500, ext. 235



WHAT MAKES THE COMMUNITY HOUSE UNIQUE?

We champion a vibrant and caring community. We stand for the power of neighbors joining with neighbors. We help people find their place to engage. We inspire the art of being human.

- The Community House is the hub of the community — the first place people seek for family activities — and our programs and services are provided in a warm and welcoming environment for all.
- Since 1941, we have provided community programs with no tax support.
- We serve eight primary communities Burr Ridge, Clarendon Hills, Darien, Downers Grove, Hinsdale, Oak Brook, Westmont, and Willowbrook. Our combined programs reach people from across 100 surrounding communities.
- Över 600 students, adults, and corporate and civic groups volunteer with us every year!
- A host of 75 community groups use our facility for gatherings, meetings, celebrations and workshops



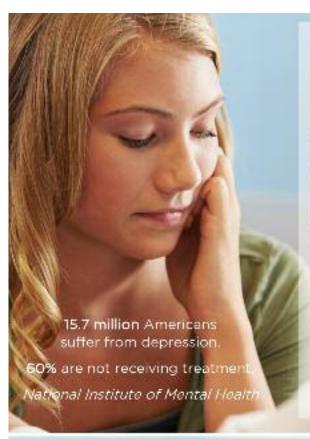
WILLOWBROOK CORNER YOUTH LEARNING PROGRAM

At Willowbrook Corner, The Community House provides a place where at-risk children can learn and grow in a safe and nurraring environment. A place where parents and families can get the support they need to help their children grow into healthy and productive adults.

- Many families residing in Willowbrook Corner live below the poverty line, contributing to challenges including gaps in academic achievement
- Over 150 children are served each year in After-School and Summer Learning Programs, tutoring, field trips, and enrichment focused on childhood literacy
- The new Partners Program provided counseling and social work services to over 85 families in its first year







MENTAL HEALT SERVICES

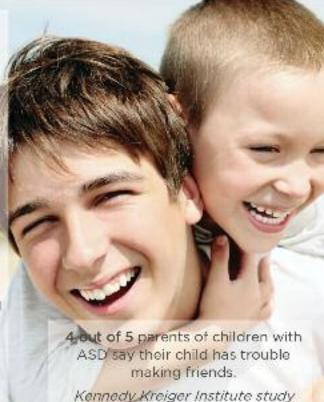
The Counseling Center at The Community
House has served Hinsdale and the summunding
communities by guiding and empowering people
to change, heal and grow. As they sort rotrough
life's challenges, people of all ages and walks of
life teach out to us every day. We are here to
listen and help find solutions to develop your
strengths and improve your life.

- More than 10,000 people have received professional counseling through The Community House helping deal with shortterm worries and major life changes,
- 68% of our clients come from outside of Hinsdale
- Balanced fee structure allows for insured clients as well as those on a needs based sliding-fee ensuring that services are available to the entire community.

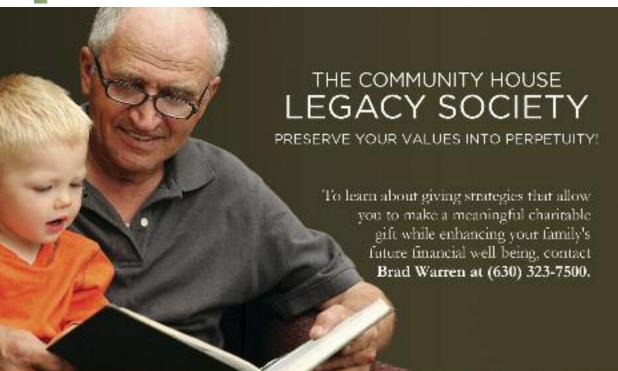
CHARLIE'S GIFT CENTER FOR AUTISM AND RELATED DISORDERS

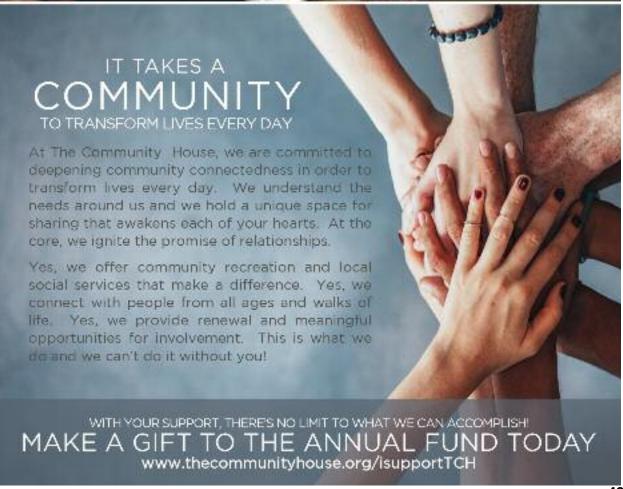
Through a family-centered, team approach. Charlie's Gift addresses the needs of children and facing autism and related disorders. As a communitywide resource serving the Chicago metro area, Charlie's Gift strives to support the family as a whole, educate the community and cause awareness about the importance of beginning therapy early so children have the best possible start to reach their full potential.

- Charlie's Gift has served hundreds of children and families providing \$334,687 in programs and services to those affected by ASD each year
- Support and services consists of Mental Health & Social Skills, Parent & Sibling Support and Community Education with a growing program for teens









Registration Form

Family Last Nar	ne:	Parent Name:			
Address:		City:	Zip:		
Home Phone: _	e Phone: Cell Phone:				
E-Mail Address:					
Emergency Con	tact:	Phone:			
		medical conditions, medica (if yes, please explain):			
NEW ONLIN	E REGISTRATION	!! Join our online club and	l register a	nytime!	
Login:		Security Question:			
Password:		Security Answer:			
* Save this inforn	(case sensitive) nation to reaister online. A	A valid email address is requi	ired for onlin	e reaistration	
	· ·			- · · · g · · · · · · · ·	
Program Info	ormation	_		_	
Code	Class Name	Participant Name	DOB	Gender	Fee
(The Community I	louse receives <u>no</u> tax doll	ars)	•	•	_•
Please accept	my tax deductible gift	of : O \$5 O \$10 O \$20	Other:		
	Total Payment Du	Ie: \$			
	Total Laymont De	re: \$			
	ayment (please che	•			
O Cash O Cre	edit Card O Check #:	O Other:		Staff Initials:	
This section m	ust be completed if yo	ou are using a credit card	d for paymo	ent	
Cardholder's Na	ame:				
Credit Card Nun	Credit Card Number: Exp Date:				
Signature					
•	nt Signature:				
from any and all claims for The Community Ho	for injury from any cause whatsoe	Community House, its directors, office ver arising out of or in any way connect to of those involved in the above progra grams.	cted with the abou	ve programs. I give	permissi

Today's Date: _

REGISTRATION FORM

Please print and fill out this form completely

School	Grade
T-Shirt	Height
Traveling Exp.	Yrs. Exp.

Drop-off or Mail-in Registration The Community House 415 W. Eighth Street

Hinsdale, IL 60521

Fax Registration 630-323-7510

Online Registration thecommunityhouse.org



Please consider making a tax deductible gift to the Annual Appeal.

2017 TCH Numbers

- 10,000 Individuals reached by programs and services
- 9,894 Hours of volunteer service provided by 600 volunteers
- 5,000 Children from hundreds of families have been served at Willowbrook Corner
- 1,800 Hours of therapy provided to children, parents and siblings facing autism and related disorders at Charlie's Gift
- 600 Students, adults, and corporate and civic groups volunteer with us every year
- · 336 Recreation classes offered for all ages

- 85 Families received counseling and social work services as a part of our new Partners Program at Willowbrook Corner
- 76 Years of responding to the needs of Hinsdale and the surrounding communities
- 75 Community groups use our facility for gatherings, meetings, celebrations and workshops
- 65 Junior Board volunteers engaged in philanthropy for the first time

How YOU can help TCH:

Become a Donor, a Volunteer a Member, a Community Partner. To learn more or to make a gift online please visit thecommunityhouse.org/how-you-can-help.

Registration Information

The Community House provides a wide variety of programming for a wide variety of ages. We welcome your input on our current programs and invite you to share your ideas for future programming, email or call Dan at djanowick@thecommunityhouse.org or 630-323-7500 ext. 254. Most programs offer online registration at www.thecommunityhouse.org, click the "Register" button on the top right. Registration can also be accepted at the registration desk (see page 5 for hours).

Refund Policy

Refunds must be requested more than 3 business days prior to the activity start date. We are unable to offer refunds for classes within 3 days of the start or for classes that have already started. All refunds will be charged a \$10 processing fee per activity. Customers may have their refund be processed as an in-house credit and use the credit for any program offered by The Community House. In house credits are charged a \$5 processing fee, are non refundable and are available for use for up to one year after issue date. If The Community House cancels an individual class during a session, a make up class will be scheduled. We are unable to offer refunds for Memberships purchased. Once approved, refunds are processed in the format of the original payment within 21 days. Events or programs that require a ticket purchase are not eligible for refunds.

Summer Day Camp, Kiddie Camp and the After School Achievement Program participants must request a refund 24 hours in advance of the start of the program taking place. These programs will not offer refunds for days that have already occurred. Transfers will not be granted for these programs but customers may request an in-house credit to use for the program of their choice. It may take up to 3 business days from the request for in-house credit for the credit to be available for use.

Transfer Policy

Participants in some classes may request to transfer from one class to another. Not all classes allow transfers. A \$5 transfer fee must be paid before the transfer is processed.

Photo/Video Policy

The Community House staff regularly photographs or videotapes participants in programs and at events. These photos are the property of The Community House and may be used in publications, brochures, flyers, websites, video productions or other marketing outlets. The Community House will protect the identity of those used in our promotional materials.



415 West Eighth Street Hinsdale, Illinois 60521

MEMBER REGISTRATION 12/12/17 | NON-MEMBER 12/19/17



The Community House presents . . .

The 11th Annual Charlie's Gift Autism Walk!
Sunday, April 22, 2018 • 8:30am Rain or Shine!

What is Charlie's Gift?

Charlie's Gift Center for Autism and Related Disorders is one of the social service programs offered at The Community House that is dedicated to supporting the immediate and long term needs of children and families facing Autism; offering resources, programs, education and advocacy for the unique and complex needs of this ever growing population.

Why Walk the Walk?

When you "walk the walk", it demonstrates support through your actions. When you "walk the walk" for Charlie's Gift, your actions are supporting children and families with Autism in our communities!

To Register and Donate: www.thecommunityhouse.org/charliesgift