

# *A+ Active Adults 2018 Winter Newsletter* (January, February and March)

## Programs



### Book Discussion Group

The A+ Active Adults Book Discussion Group meets the **first Monday of each month at 10:00 a.m.** in the A+ room at The Community House. This is a small and friendly group that welcomes newcomers and reads some great selections! Please come by and join us for some interesting discussion.

**No Meeting in January.**

**February 5, 2018 – *First Women, the Grace and Power of America’s First Ladies* by Kate Anderson Brower.** White House correspondent Kate Andersen Brower draws on a wide array of untapped, candid sources—from residence staff and social secretaries to friends and political advisers—to tell the stories of the ten remarkable women who have defined that role since 1960. Brower offers new insights into this privileged group of remarkable women, including Jacqueline Kennedy, Lady Bird Johnson, Patricia Nixon, Betty Ford, Rosalynn Carter, Nancy Reagan, Barbara Bush, Hillary Clinton, Laura Bush, and Michelle Obama.

**March 5, 2018 – *Churchill and Orwell* by Thomas Ricks.** Considered two of the most important people in British history for having the vision and courage to campaign tirelessly, in words and in deeds, against the totalitarian threat from both the left and the right. In a crucial moment, they responded first by seeking the facts of the matter, seeing through the lies and obfuscations, and then they acted on their beliefs. Together, to an extent not sufficiently appreciated, they kept the West’s compass set toward freedom as its due north.

### Exercise Classes



**Ageless Yoga** Join this popular class, designed for those with limited mobility. Modified classic yoga exercises with easy standing poses and low impact work in a chair allow students the chance to improve strength and flexibility in an approachable and fun way. **Fridays, 10:30 – 11:30am, January 5 – February 16, February 23 – April 6, April 13 – May 25, Members \$56; Guests \$66 per session.**

## *A+ Active Adults 2018 Winter Newsletter* (January, February and March)

**Sit and Get Fit** Our instructor Gail will lead the class as we work on increasing range of motion, circulation, flexibility, balance and strength with easy-to-follow moves. We sometimes use light weights or toning bands to improve strength. **Mondays and Wednesdays 11:30am - 12:30pm. Ongoing; purchase a 10-class punch card for \$70 (Members) \$85 (Guests).**



**Prime Time** This is an easy-to-follow class where you will enjoy a low-impact workout designed to improve your cardiovascular fitness, strength, balance and flexibility. Sessions are on-going so you may register at any time. **Tuesdays, Wednesdays and Thursdays 8:45-9:45 am. Ongoing; purchase a 10-class punch card for \$60 (Members) \$80 (Guests).**



### **Walking Track**

Don't forget as members of the Active Adult program you have **FREE** use of The Community House walking track on the upper level of the Field House (whenever the building is open, usually 8 am. to 7 pm.). Rubber soled shoes are required. Non-members can use the walking track for a small fee. All track users must check in at the front desk. **Be sure to check out our other exercise classes too!! For more information call Kate Vogts (630) 323-7500 ext. 225**



Gentlemen, if you love to sing and have a good ear for music, come join The Jolly Boys. We sing a wide variety of fun music, including numbers by Robert Shaw, John Rutter, Jerry Herman, Irving Berlin, Elvis Presley and Richard Carpenter. We practice Tuesday evenings at The Community House every two weeks each season. Our practices include extra time for socializing and general merriment. We provide a CD of the songs in your voice range so you can practice on your own between group practices. Public performances are in May, June and December. Annual dues are \$175. For more information call Frank Kobes at (708) 246-3163.

*A+ Active Adults 2018 Winter Newsletter  
(January, February and March)*



**Hinsdale Encore Chorale**

Retired? What are you doing for an Encore? Join the Hinsdale Encore Chorale, a fun, non-auditioned choir of (generally) older adults, mostly age 55 and up. We don't card!! Ability to read music a plus but not required. The program for spring is American folk songs, from "This Train" and "Poor Wayfaring Stranger" to "Goodnight Irene" and "This Little Light of Mine." 15-week session, starting Thursday February 1, 2018, 10:00 - 11:30am, with a performance on May 3, \$175 tuition. For registration and information call (630) 441-5157 or visit: [www.Encoreillinois.org](http://www.Encoreillinois.org) or email to [encoreillinois@gmail.com](mailto:encoreillinois@gmail.com) As we like to say it's the best 90 minutes you'll have all week! We look forward to singing with you.

**AARP Driver Safety Program**



Tuesday and Wednesday, January 16 & 17, and Wednesday and Thursday, March 21 & 22, from 11:30 am - 3:30 pm at The Community House. Fee: \$15.00 for AARP members (you will need your AARP number) and \$20 for nonmembers. Payment is due the first day of class (Please make check payable to AARP.) These classes are for drivers over the age of 50 who wish to update their driving skills. It is a classroom-only session. Many insurance companies offer a discount to drivers who have taken this program. Pre-registration is required, and you must attend both days. Call the Front Desk to Register. 630-323-7500 ext. 0.

**Bridge Lessons**



Come and learn the exciting game of Bridge! This course is for both new players who wish to learn to play bridge and players with some experience who want to improve their bidding and play skills. Each lesson includes exercises and a full hour of playing textbook hands with other students. Mondays, from February 12 - April 30, 9 - 11am at The Community House. Fee: \$79 (plus \$20 for textbook, payable to instructor) Instructor: Bob Meixner

# *A+ Active Adults 2018 Winter Newsletter*

## *(January, February and March)*



### Card Groups

Fee: \$1.00 per person for each group. We are always looking for new players! Please come and join us. You don't need a partner and these are fun groups!!

<i>Game</i>	<i>Day</i>	<i>Time</i>	<i>Description</i>
Relaxed Bridge	Fridays	12:00 pm	Soliciting advice is permitted
Men's Bridge	Tuesdays	12:00 pm	Call Wes Whittington 708- 246-9279 for more info.
Women's Canasta	Wednesdays	1:00 pm	Fun and lively group
Mah Jongg	1 <sup>st</sup> and 3 <sup>rd</sup> (and 5 <sup>th</sup> ) Tuesdays	12:30 pm	Enjoy American Mah Jongg with friends - call Shirley Gambill 630-323-3392 for more information.



### Indian Prairie Computer Club

Meets the 2<sup>nd</sup> Wednesday of each month at 9:30 am. This group offers periodic informational presentations by guest speakers or club members, as well as general question and answer sessions.

### Special Interest Roundtable

The roundtable group invites you to hear a stimulating speaker on a subject of current or local interest. They meet **monthly on the 4<sup>th</sup> Wednesday, starting at 9:30 a.m.** for coffee and donuts. Fee: \$3.00 at the door.

<i>Date</i>	<i>Speaker</i>	<i>Topic</i>
January 24, 2018	Officer Mike Coughlin, Hinsdale Police Department	Senior scams, on the phone or in-person what you need to be aware of. You'll be amazed at the lengths people will go to get your money!
February 28, 2018	Ms. Sakina Bharani, gemologist and Lizzadro Museum docent	Learn about the history and modern techniques of colored stone inlay in marble - the Taj Majal is one of India's most exquisite examples.
March 28, 2018	Federal Reserve Bank speaker	The Federal Reserve and its relationship with the economy.

The Investment group meets the 1<sup>st</sup> Wednesday of every month at 9:30 am. Finance Interest group meets the 3<sup>rd</sup> Wednesday of every month at 9:30 am. For more information, please call Kate Vogts at 630- 323-7500 ext. 225.

# *A+ Active Adults 2018 Winter Newsletter*

*(January, February and March)*

Please see The Community House Winter/Spring brochure or visit [www.thecommunityhouse.org](http://www.thecommunityhouse.org) for many new adult art programs!

## Movies



**NOW SHOWING MOVIES TWICE A MONTH!!** We show videos of current films on the 2<sup>nd</sup> and 4<sup>th</sup> Thursday of each month at 12:30 pm. in the “movie friendly” Active Adults Program Room. Coffee and popcorn too. All movies are \$1.00 per person.

<i>Date</i>	<i>Movie</i>	<i>Actors</i>	<i>Description</i>
<i>January 11, 2018</i>	<i>The Glass Castle</i>	Brie Larson, Woody Harrelson, Naomi Watts (PG-13)	A young girl comes of age in a dysfunctional family of nonconformist nomads with a mother who’s an eccentric artist and an alcoholic father who would stir the children’s imagination with hope as a distraction to their poverty.
<i>January 25, 2018</i>	<i>Tulip Fever</i>	Alicia Vikander, Dane DeHaan, Jack O’Connell, Christoph Waltz (R)	In 17th Century Amsterdam, an orphaned girl Sophia is forcibly married to a rich and powerful merchant in an unhappy “arrangement” that saves her from poverty. After her husband commissions a portrait, she begins a passionate affair with the painter, a struggling young artist. Seeking to escape the merchant’s ever-reaching grasp, the lovers risk everything and enter the frenzied tulip bulb market, with the hope that the right bulb will make a fortune and buy their freedom.
<i>February 8, 2018</i>	<i>Victoria and Abdul</i>	Judy Dench, Ali Fazal, Tim Pigott-Smith (PG-13)	Queen Victoria strikes up an unlikely friendship with a young Indian clerk named Abdul Karim.

***A+ Active Adults 2018 Winter Newsletter***  
***(January, February and March)***

<b><i>February 22, 2018</i></b>	<b><i>The Immortal Life of Henrietta Lacks</i></b>	Oprah Winfrey, Renée Elise Goldsberry, Sylvia Grace Crim, Reed Birney	An African-American woman becomes an unwitting pioneer for medical breakthroughs when her cells are used to create the first immortal human cell line in the early 1950s.
<b><i>March 8, 2018</i></b>	<b><i>Churchill</i></b>	Brian Cox, Miranda Richardson, John Slattery (PG)	June 1944. Allied Forces stand on the brink: a massive army is secretly assembled on the south coast of Britain, poised to re-take Nazi-occupied Europe. One man stands in their way: Winston Churchill. Behind the iconic figure and rousing speeches: a man who has faced political ridicule, military failure and a speech impediment. Fearful of repeating, on his command, the mass slaughter of 1915, when hundreds of thousands of young men were cut down on the beaches of Gallipoli. Obsessed with fulfilling historical greatness: his destiny. Exhausted by years of war and plagued by depression, Churchill is a shadow of the hero who has resisted Hitler's Blitzkrieg.
<b><i>March 22, 2018</i></b>	<b><i>Paris Can Wait</i></b>	Diane Lane, Arnaud Viard, Alec Baldwin (PG)	Anne is at a crossroads in her life. Long married to a successful, driven but inattentive movie producer, she unexpectedly finds herself taking a car trip from Cannes to Paris with a business associate of her husband. What should be a seven-hour drive turns into a carefree two-day adventure replete with diversions involving picturesque sights, fine food and wine, humor, wisdom and romance, reawakening Anne's senses and giving her a new lust for life.

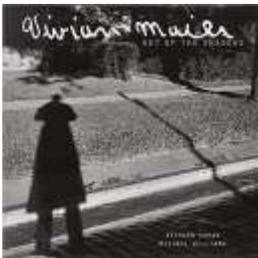
*A+ Active Adults 2018 Winter Newsletter*  
*(January, February and March)*

**Upcoming Trips and Events**

Don't forget about these great events in December:

*Turandot* at Chicago's Lyric Opera, Thursday, December 14, 2017, 12:30  
 - 6:30pm

Active Adult Holiday Party at The Community House - Wednesday,  
 December 20, 2017, 12:00 - 2:00pm



**Jenny Riddle - Vivian Maier: Out of the Shadows and brunch**

In this dramatic book review, Jenny Riddle portrays Chicago street photographer, Vivian Maier, the North Shore nanny whose remarkable gift for photography has, posthumously, taken the world by storm. Based on the extraordinary book, *Vivian Maier: Out of the Shadows* by Richard Cahan and Michael

*Williams*, Jenny, in character, reveals the fascinating details of this story of "buried treasure" and one woman's private passion and genius for photography. We'll enjoy brunch before the presentation.

Day	Tuesday
Date	January 30, 2018
Time	10:00am - noon
Where	The Community House
Fee	Members \$23; Guests \$25
Code	ENR-SNR-1011-1
Includes	Dramatic book review and brunch

## *A+ Active Adults 2018 Winter Newsletter* (January, February and March)



### **Joseph and the Amazing Technicolor Dreamcoat – Drury Lane Theatre**

The meteoric first collaboration of Tim Rice & Andrew Lloyd Webber, Joseph and the Amazing Technicolor® Dreamcoat, finishes our season with a bang. Join Israel's favorite son, Joseph, through his tumultuous ascent to the top in this timeless reminder of the unquenchable thirst of a man with a dream who had the courage to forge the destiny of a people and its powerful message of hope. The classic story of Joseph is paired with exuberant music, featuring favorites such as "Close Every Door," "Go, Go, Go Joseph" and "Any Dream Will Do." We'll have lunch at the theatre before the show. Transportation is on your own.

Day	Thursday
Date	February 15, 2018
Time	11:30am - 3:30pm
Where	Drury Lane Theatre
Fee	Members \$69; Guests \$79
Code	ENR-SNR-1009-1
Includes	Show ticket and lunch at Drury Lane



The ultimate love story continues in **LOVE NEVER DIES**, Andrew Lloyd Webber's spellbinding sequel to *The Phantom of the Opera*, at the Cadillac Palace Theatre. Ten years after disappearing from the Paris Opera House, The Phantom has a new life in New York where he lives amongst the joy rides and freak shows of Coney Island. Christine Daaé, now one of the world's finest sopranos, is coming to perform in New York. In a final bid to win back Christine's love, The Phantom lures her, Raoul, and their young son to the glittering and glorious world of Coney Island... not knowing what is in store for them....LOVE NEVER DIES is a dazzling new production, which takes audiences on a thrilling rollercoaster ride of intrigue, obsession, and romance.

Day	Wednesday
Date	February 21, 2018
Time	12:30 - 6:00pm
Depart/Return	The Community House
Fee	Members \$150; Guests \$160
Code	ENR-SNR-1009-2
Includes	Main floor show ticket and coach transportation

***A+ Active Adults 2018 Winter Newsletter***  
*(January, February and March)*



**Così fan Tutte**

Subtitled “The School for Lovers,” this beloved Mozart comedy is a probing look into romantic relationships. It starts out with a cynical philosopher’s bet that two beautiful young women can’t remain faithful to their fiancés for 24 hours. As the intrigue deepens, the young women’s affections—and those of the young men—move into a new place that’s risky and scary. The couples’ feelings reveal themselves through the sheer genius of Mozart and his brilliant librettist, Da Ponte. Così fan Tutte is the epitome of sophisticated, thought-provoking entertainment.

<b>Day</b>	<b>Thursday</b>
<b>Date</b>	<b>March 8, 2018</b>
<b>Time</b>	<b>12:30 - 6:30pm</b>
<b>Depart/Return</b>	<b>The Community House</b>
<b>Fee</b>	Members \$155; Guests \$165
<b>Code</b>	ENR-SNR-1009-3
<b>Includes</b>	Main floor seats, coach transportation



**Agatha Christie by Betsey Means at The Community House and lunch**

Join us for Women’s History Month to hear Betsey Means as she brings to life Agatha Christie, the prolific English “Queen of Crime” author of world renown. She created such famous detectives as Hercule Poirot, the eccentric Belgian and English spinster, Miss Jane Marple. Christie enjoyed a career that spanned over 50 years and her works have now sold into the billions. They have been translated into dozens of languages, inspired numerous other authors’ works and have been adapted to radio, the stage and film. In 1971, Christie received England’s highest honor, the Order of the British Empire, Dame Commander. We’ll enjoy a buffet lunch before the program.

<b>Day</b>	<b>Wednesday</b>
<b>Date</b>	<b>March 21, 2018</b>
<b>Time</b>	<b>12:00 - 2:00pm</b>
<b>Where</b>	<b>The Community House</b>
<b>Fee</b>	Members \$23; Guests \$25
<b>Code</b>	ENR-SNR-1011-2
<b>Includes</b>	Dramatic portrayal and lunch

# *A+ Active Adults 2018 Winter Newsletter*

*(January, February and March)*

## EXTENDED TRAVEL

Here is a wonderful opportunity to experience a first-class, all-inclusive travel in a relaxing, enjoyable, worry-free environment. Transportation, lodging, meals and entertainment will be provided. Trips also include at home pick-up and return. All you need to do is sit back and enjoy this fully-planned travel opportunity.

### **Holland Tulip Festival – May 10 -12, 2018 – Holland, Michigan**

Tip toe through the tulips with us next Spring! The Tulip Time Festival is an annual event in Holland, Michigan – the center of Dutch culture in America. From reserved seats see the Muziekparade featuring street scrubbers in Dutch costumes and wooden shoes, floats and bands. Enjoy a guided tour of Holland with its tulip-lined streets and authentic windmill. Marvel at the sight of acres and acres of blooming tulips at Veldheer Tulip Gardens – tulip bulbs are available for purchase here.

Witness artisans carving wooden shoes and creating Delftware. Enjoy two shows!

Other highlights: Gerald Ford Presidential Museum, Frederik Meijer Gardens & Sculpture Park. Join us to see the colors of spring in Holland.

**COST: Double occupancy \$998.00 PP/ Single occupancy \$1198.**

For more information call Kate Vogts at 630-323-7500 ext. 225.



# *A+ Active Adults 2018 Winter Newsletter*

## *(January, February and March)*

### ACTIVE ADULTS MEMBERSHIP

We do ask regular participants in our programs to become members, and we also welcome the support of anyone who values the existence of programs such as ours in the community.

Members receive newsletters and update flyers by mail. Prices for trips and events are discounted for members. In addition, you have **FREE** use of The Community House walking track.

Membership is \$45 for individuals, or \$65 for couples. To join, please fill out a registration form or mail a slip of paper with your name, full address and phone number and send it with your check, indicating that it is for the A+ Active Adults membership.

### Refund Policy

- All refund requests will be charged a \$10 processing fee. In House credits and program transfers will be charged a \$5 administration fee.
- Refunds will not be given once a ticket to a performance or event has been purchased.
- Refunds will not be granted for withdrawals made three business days prior to the event/trip.
- Individuals who withdraw from a class, program, and event/trip less than five business days prior to the scheduled start date will be charged 75% of the total program fee.
- Refund requests must be approved by the Program Director.